480 McIntyre Street West
North Bay, ON P1B 5R7

Email: office@procathedral.ca
Phone: 705-472-3970
Web: www.procathedral.ca

Pro-Cathedral of the Assumption

Welcome to Your Father's House!

29 November 2026 - First Suday of Advent

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish
Email: frlarry@procathedral.ca

PERMANENT MINISTERS

Deacons
Rev. Mr. Rick Hamelin
Rev. Mr. Donald Shago
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE
Rev. Joseph de Viveiros, CR — Chaplain, Nipissing-Parry Sound Catholic School Board

PARISH SACRAMENTS



Marriage: Please pick up a Marriage Information Booklet in the church vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 pm each Saturday.

Eucharist: Tuesday to Friday at 12:05 pm, Saturday at 4:00 pm and Sunday at 9:00 am and 11:00 am. Call the parish office to arrange for a Extraordinary Minister of Communtion to visit those who are sick or shut-in and unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Pick up a Baptism Information Booklet in the church vestibule to review prior to contacting the parish office.

Accessibility: Our facilities are wheel chair accessible. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. A Hearing Aid System is available for use - please ask an usher for assistance upon entering the church.

WE APPRECIATE YOUR FINANCIAL SUPPORT

WAYS TO GIVE:

- **Etransfer: music.finance@procathedral.ca**
- **Pre-Authorized Donations from Bank Account**
- **Pre-Authorized Donations using Credit Card**
- **Parish Envelopes: Pickup at Entrance**
- **Use "DONATE" button on our Website**
- **Visit CanadaHelps and Search Pro-Cathedral**



The First Sunday of Advent Year B begins the season of waiting and hope. It is a time to prepare our hearts for the coming of Jesus, both as a baby at Christmas and in his return at the end of time. The readings urge us to stay alert, trust in God's timing, and live faithfully. Advent helps us prepare our hearts for His presence in our lives today and when He comes again.

The readings for this Sunday of Advent tell us to stay alert and trust in God. Isaiah calls out to the Lord for mercy and guidance. Paul reminds us that God gives us strength and grace while we wait. Jesus teaches us to keep watch and stay ready for His return. To be watchful means being aware of God's presence in our daily lives. It means paying attention to how we live, how we treat others, and how we spend our time. This alertness helps us stay focused on our faith, avoiding distractions that pull us away from God.

This Sunday reminds us that faith is active. We are not called to wait quietly but to live each day with purpose. Advent is a time to pray, to be kind, and to notice the needs of others. This season is an opportunity to reflect on our lives. Are we ready to meet Christ? Are we living in a way that reflects our faith? By staying watchful, we can prepare our hearts to receive him with joy.

"BE WATCHFUL! BE ALERT!"

READINGS: 30 November - 06 December	
Monday	Romans 10. 9-18; Matthew 4. 18-22
Tuesday	Isaiah 11. 1-10; Luke 10. 21-24
Wednesday	Isaiah 24. 6-10; Matthew 15. 29-37
Thursday	Isaiah 26. 1-6; Matthew 7. 21, 24-27
Friday	Isaiah 29. 17-24; Matthew 9. 27-31
Saturday	Isaiah 30. 19-21, 23-26; Matthew 9. 35 - 10.1, 5a, 6-8
Sunday	Isaiah 40. 1-5, 9-11; 2 Peter 3. 8-14; Mark 1. 1-8

OFFICE HOURS THIS WEEK	
Monday to Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

What's Happening at the Cathedral This Week

Wednesday	5:30 PM	Hall	CWL Christmas Dinner
Thursday	6:30 PM	Church	Choir Practice
	6:30 PM	Hall	Gospel of Mark
Saturday	6:00 PM	Hall	Parish Christmas Dinner
Sunday	9:00 am	Sacristy	Children's Liturgy
	2:00 PM	Hall	Regional CWL Gathering



Adoration of the Blessed Sacrament
Each Friday 11 AM - NOON



Credit Card Donations - November

Sunday	Building	Roof
$3,295.00	$1,296.00	$613.89

Sunday Collection: 22 November 2026

Sunday	Building
$3,668.35	$916.00

ROOF CAMPAIGN REPORT
This Year's Goal - $275,000

Campaign Balance Forward	**$192,180.77**
Sunday, 22 November Collection	
Roof Loose	$480.65
26 Receipted Donations	$880.75
Orchards Cards Sales Profit	$40.00
Investment Donation - Thank you Paul A. Smith	$25,000.00
Campaign Balance to Date	**$219,196.06**

Mass Schedule

Weekday Masses 12:05 PM

Tuesday, 01 December - Feast of St. Andrew the Apostle
Jim Boisvert - Don and Marilyn Halsall
Deceased Parents and Family Members - Ben & Theresa Boudreau

Wednesday, 02 December - Weekday in Advent
Int. of Living and Deceased Members of the Catholic Women's League
Jean and Harvey Carmichael - Diane Carmichael and Family

Thursday, 03 December - Memorial of St. Francis Xavier
Judy Kelly-Manary - Robert Manary
Paddy Purcell - Patricia and Robert Fassl

First Friday, 04 December - Weekday in Advent
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Saturday, 05 December - Second Sunday of Advent **4:00 pm**
Intention of John and Carol Rowe
Victorine and James Attilia - Vicki Doucette
Elinore McKenzie-Charles - Noreen and Frank Muto

Sunday, 06 December - Second Sunday of Advent
9:00 am Theresa Bitonti - Dennis and Assunta Caulfield
Gilberto Barrios - Sergio and Amanda Barrios

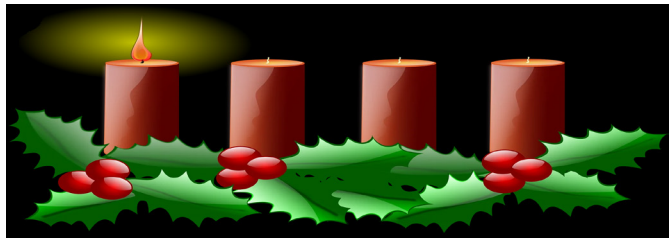
11:00 am Jean-Paul Ferlisi - Cara and Emile Ferlisi and Family
Intention of our Parishioners - Fr. Larry Rymes



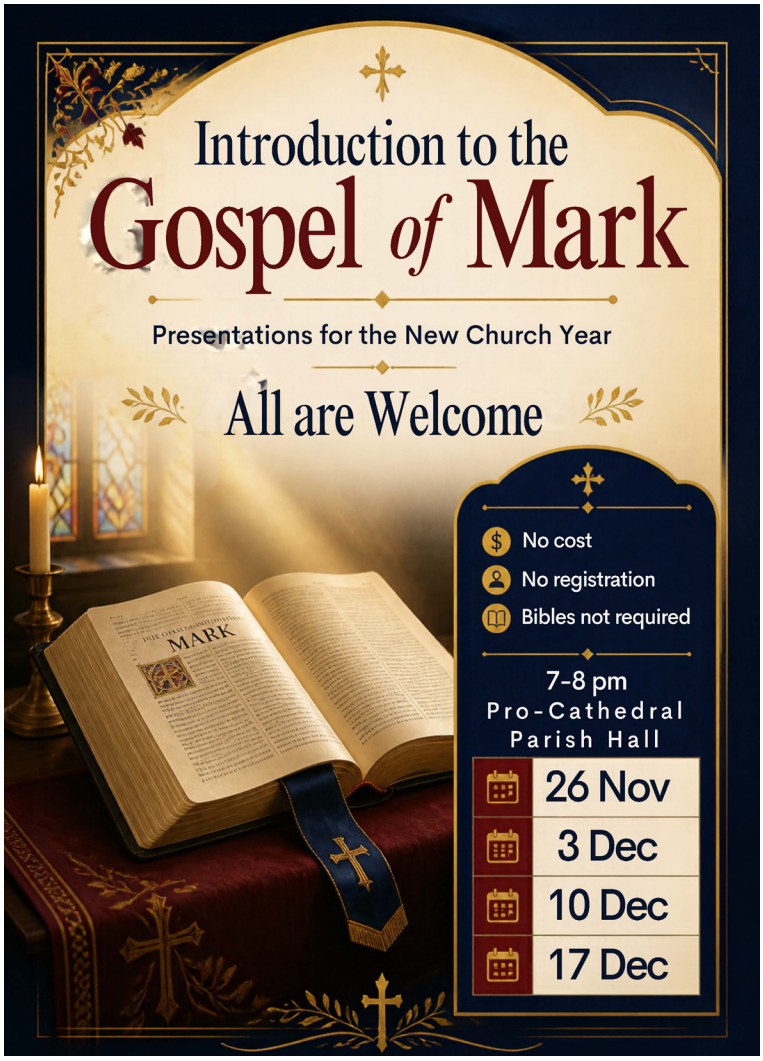
Development and Peace Caritas Canada's mission is rooted in hope and the promise of a better world for all. Imagine the joy of helping create a future where our less fortunate sisters and brothers across the world have a chance to thrive. Every year, over 1.2 million Canadians support a charity with a bequest in their will. By including Development and Peace Caritas Canada in your will, you can continue bringing hope and justice to communities in the Global South even beyond your lifetime!
For more information, visit devp.org/bequest or contact our philanthropic development team at 1-855-835-9999 or plannedgiving@devp.org.

Check out the new look of our parish website:

https://procathedral.ca/



A huge thank you to Paul A. Smith for his generous donation to our Roof Campaign!



The Catholic Women's League

Thank you! Thank you! Thank you!



Whether you convened, volunteered, baked, kitted, donated items, bought items or bought a ticket for our world-famous Tea Room, your support ensured another successful CWL Christmas Bazaar & Tea.

Membership with the CWL

RENEW OR PURCHASE NOW

Membership dues are $40.00, and envelopes can be found at the back of the church.
We accept cash, cheque, and e-transfer treasurer.procathedralcwl@gmail.com.
For more information, please contact Leah Pierce, President, at 705-472-5687 or at president.procathedralcwl@gmail.com

Thank you to members who have already renewed their memberships!

In 2026, at our membership peak, we had a total of 167 paid members.
Let's see if we can beat that number in 2027!

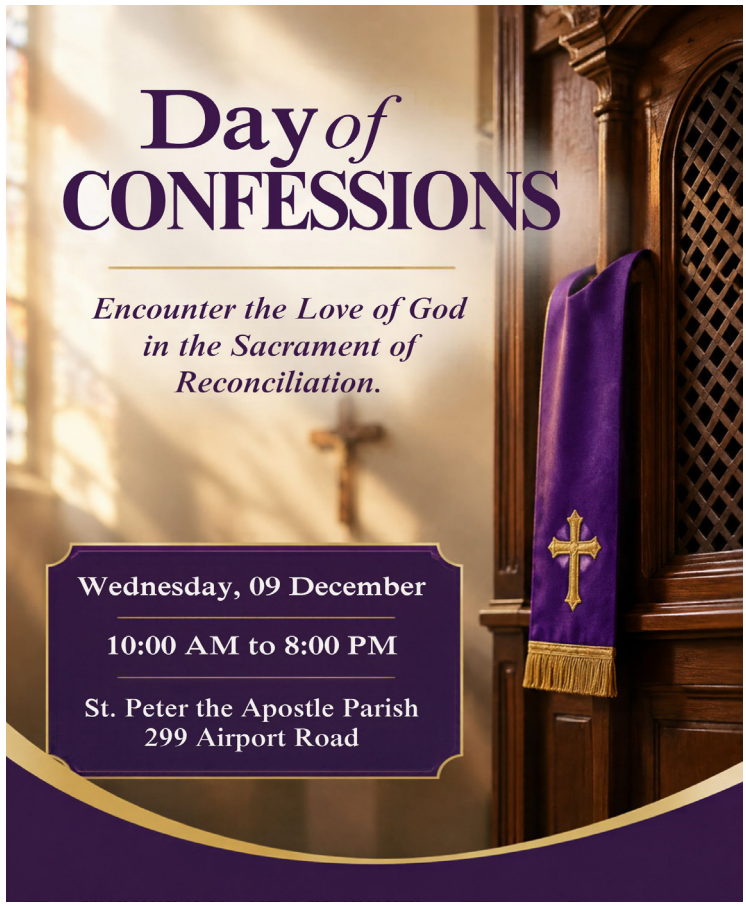




Catholic Charities Food Collection
NEXT WEEKEND

Donations of non-perishable food to our Catholic Charities Food Bank would be appreciated. Items that go with bread are in demand: peanut butter, tuna, salmon, mayonnaise, cheeze whiz, etc. As well, canned vegetables, fruits, beans, pasta, rice, cereal, soups, pasta sauce, etc. are always welcome.

Whatever you can spare - we can share. Thank you!



Orchard Cards on sale at all Masses Next Weekend



$25 Gift Cards
ORCHARDS
Available at Parish Office



EDGE: For Students in Grades 6, 7 & 8: Thursdays from 6:30pm - 8pm at Holy Name of Jesus Church (895 Memorial Drive) All are welcome! www.holynamestalphonsus.com/edge

OVERtheEDGE: For Students in Grades 9-12: Thursdays from 8pm - 9:30pm at Holy Name of Jesus Church (895 Memorial Drive) All are welcome! www.holynamestalphonsus.com/overtheedge

North Bay Pregnancy Help & Resource Centre Christmas Basket Fundraiser: Please help our families have a wonderful Christmas by providing grocery gift cards or financial donations. Drop off or mail to 357 Ferguson Street North Bay, P1B 1X1 or e-transfer to nbphrc@hotmail.com and add Christmas Basket for reference. Receipts provided.

North Bay Regional Marriage Preparation Course will take place Feb 5th 6th at St. Alphonsus church in Callander. The Friday session runs from 6:30-9:30pm, while the Saturday session runs 9:30am-5:15pm. Interested engaged couples should contact Samantha Briggs for more information or to register. She can be reached at 705-471-3284 or by email at samyehsilver@gmail.com.

Catholic Mom's Group: We meet Friday mornings around Powassan, bringing babies, toddlers and homeschooled children, and strive for edifying conversation and prayer amidst the chaos. Contact MaryKate Long at 705-358-9964 for details.

Baytones Concert: December 12 at 2:00 PM at 250 Clarke Street in Powassan.

Trinity United Church - "A Most Wonderful Christmas" with the J.O.Y. Band: Sunday, December 6. Carol Sing-a-Long at 1pm, Concert at 1:30pm. Refreshments Served - Free will offering only.

Victoria's Quilts Canada (VQC) provides handmade quilts to people living with cancer in Canada bringing physical and spiritual comfort so they know they are not alone. If you know someone or you yourself is living with cancer please request a free quilt at our website at Victoria's Quilts Canada. Local delivery is included for free.



Northern Ontario Catholic Youth Conference hosted by the Diocese of Sault Ste. Marie is taking place on Saturday, February 20, 2027 at Canadore College in North Bay.

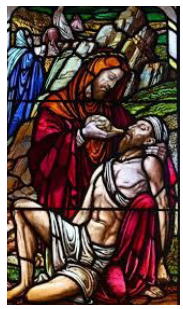
This event is open to all young people aged 13-19 who will gather for a day of prayer led by our Keynote Speaker Fr. Isaac Longworth, CC, and our Music Ministry Lead Nick Zambon. The day will also include time for socializing, recreation, personal reflection, prayer and reconciliation. This year's theme is "Revival" giving young people the chance to reflect on renewing their commitment to Jesus while facing the challenges of today's world.

Registration is now open - and there is an early registration discount until January 24, 2027.

See all the details at our website: www.northerncatholic.ca

God of justice and peace, raise our heads in expectation as we yearn for the coming day of the Lord. Give us ears to hear and eyes to watch, that we may know Your presence in our midst during this holy season of joy. Help us stand without blame before Your Son, Jesus Christ, who lives and reigns forever and ever. Amen.

THE GOOD SAMARITAN CORNER



The Compassionate Committee for the Homeless in North Bay is a strong believer in education.

Did you know that the staff at Nipissing Community Legal Clinic, located at 107 Shirreff Avenue, Suite 214, provides no-fee legal services to low-income residents of North Bay, Sturgeon Falls, and to people in small communities within Nipissing District?

They provide legal advice or representation on:
- Canada Pension Plan and Old Age Security
- Employment and Work
- Housing Law
- Ontario Disability Support Program
- Ontario Works

They provide referrals and resources on:
- Abuse and Family Violence
- Criminal Law
- Debt and Consumer Rights
- Family Law
- French Language Rights
- Immigration Law
- Help from Lawyers and Paralegals
- Human Rights
- Refugee Law
- Tribunals and Courts
- Wills and Powers of Attorney

They are open 8 a.m. to 4 p.m., Monday to Friday. For more information visit https://www.nipissingcommunitylegalclinic.ca/ or call them at 705-476-6603 to book an appointment

For more information about the Compassionate Committee for the Homeless in North Bay contact us at CompassionNorthBay@gmail.com or visit us at https://www.facebook.com/compassionatecommitteeofnorthbay