

30 AUG 2026
❖
22nd SUNDAY
IN
ORDINARY TIME

PRO-CATHEDRAL OF THE ASSUMPTION

Email: office@procathedral.ca
Phone: 705-472-3970

480 McIntyre Street West - North Bay, ON - P1B 2Z4
Web: www.procathedral.ca

Welcome to Your Father's House!

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish
Email: frlarry@procathedral.ca



PERMANENT MINISTERS

Deacons

Rev. Mr. Rick Hamelin
Rev. Mr. Donald Shago
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound Catholic Schools

The 22nd Sunday in Ordinary Time Year A invites us to look closely at what it means to follow Jesus. The readings show that God's call is not always easy. Jeremiah speaks of a fire in his heart that he cannot hold back, even when others laugh at him. God's word is alive and cannot be silenced. Paul, in his letter to the Romans, calls us to offer our lives to God. He tells us not to copy the ways of the world but to be renewed in mind and spirit. This is how we learn what pleases God. It is a call to live each day with faith and courage.

In the Gospel, Jesus tells His followers to deny themselves and take up their crosses. He warns that gaining the world is nothing if we lose our souls. On this Sunday, we are asked to choose the way of Christ, even when it is hard. Doubts, struggles, and suffering are part of the journey, but they do not mean failure.

Taking up the cross is not a solitary journey; rather, it's done with Jesus' presence and strength. By staying faithful and renewing the mind, people can grow closer to God. Jesus leads the way, showing that sacrifice and trust bring true life.

Prayer: Lord, following You is not always easy. Sometimes doubts, struggles, and suffering make it hard to trust. Give me the strength to keep going. Help me renew my mind and live for You each day. Teach me to carry my cross with faith and courage. Amen.



Parish Sacraments

Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Tuesday to Friday at 12:05 PM, Saturday at 4:00 PM and Sunday at 9:00 AM and 11:00 AM

Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



WE APPRECIATE YOUR FINANCIAL SUPPORT WAYS TO GIVE:

- **E-transfer:** music.finance@procathedral.ca
- **Pre-Authorized Donations from Bank Account**
- **Pre-Authorized Donations using Credit Card**
- **Parish Envelopes:** Pickup at Entrance
- **Use "DONATE" button on our Website**
- **Visit CanadaHelps and Search Pro-Cathedral**

Please don't forget about us when you are on holidays. Thank you!

READINGS: 31 AUG - 06 SEPT

Monday	1 Corinthians 2. 1-5; Luke 4. 16-30
Tuesday	1 Corinthians 2. 10b-16; Luke 4. 31-37
Wednesday	1 Corinthians 3. 1-9; Luke 4. 38-44
Thursday	1 Corinthians 3. 18-23; Luke 5. 1-11
Friday	1 Corinthians 4. 1-5; Luke 5. 33-39
Saturday	1 Corinthians 4. 6-15; Luke 6. 1-5
Sunday	Ezekiel 33. 7-9; Romans 13. 8-10; Matthew 18. 15-20

MESSAGE REGARDING SPAM EMAILS/CALLS/TEXTS

There are e-mail scams using the identity of Fr. Larry and the parish requesting gift cards, money, personal information, etc. Please do not reply or engage with these types of emails, texts, or phone calls — always call the parish office if you receive these messages. No such solicitation would ever come from us.

Legitimate Cathedral Email Addresses

frlarry@procathedral.ca, office@procathedral.ca,
music.finance@procathedral.ca

'We Need Your Help!'

We are looking for co-conveners, especially to assist the Bake Table and Kitchen Convener.

Bazaar Convener/Publicity, Leah Pierce: 705-472-5687
Bazaar Co-Convener/Silent Auction/Greeter/Decorations, Annette Dutrisac: 705-495-3584
Tea Room, Lisa Henry: 705-493-4164
Kitchen, Shirlene Condie: 705-493-0718
Baking, Colleen Williams: 705-499-6837
Knitting/Sewing/Crafts, Mary-Lynn Truchon: 705-474-3082
Heritage & Hidden Treasures, Patricia Fassl at 705-494-0614
Jewelry, Jennifer Palangio: 705-498-5002
Penny Sale, Darlene Truchon: 705-498-4108
Phone Committee, Lorraine Atchison: 705-474-0613
Treasurer, Barbara Hebert: 705-495-3356



Please contact a convener from the list above if you can donate to the bazaar & tea. We are looking for baking, brand-new items for the penny table & silent auction, knitting, and gently loved items for the Heritage & Hidden Treasures and jewelry table.

OFFICE HOURS THIS WEEK

Monday to Thursday	8:30 AM to 4:30 PM
Friday	OFFICE CLOSED



THIS IS A ROOF LOOSE COLLECTION
MATCHING WEEKEND!

Thank you to Margaret Lafontaine
and Family, the August Roof Loose
Collection will be matched up to \$1,000

The Catechesis of the Good Shepherd welcomes your children to the Atrium this Fall on Saturday mornings. Nurturing the spiritual lives of children aged 3-6, the Atrium provides the environment for discovery as they grow and learn about their world and God.



Please plan on attending our Orientation & Registration



Saturday, September 26 or October 3
9:30 to 10:15 am
Pro-Cathedral—McIntyre Street

Call / Text Erin 705.840.8509
or click on the QR Code for
more information.





"Receive the Holy Spirit"
John 20:22

Sacrament OF CONFIRMATION

Registration now available for
Students in Grades 7, 8, 9 & 10

Preparation Program for the
Catholic Parishes of North Bay

REGISTER TODAY

Scan the QR Code
or visit:
holynomestolphesus.com/confirmation

Deadline to Register:
September 23

For more information and link to registration,
visit our website under SACRAMENTS

In keeping with its commitment to the community, every year, the Knights of Columbus hosts Cemetery Sunday. This gathering provides the Catholic Community with a special opportunity to visit and pray for their family and friends they have lost over time.

This year's observance will be held on September 13 at 2:00 PM at the Mausoleum at St. Mary's Cemetery and at 3:00 PM at Holy Cross Cemetery. Praying for the dead is an act of mercy and we invite you to join us.



Pre-Authorized Bank Donations July		
Sunday	Building	Roof
\$6,336.00	\$2,930.00	\$707.00

Collection - 23 August 2026	
Sunday Offering	Building Fund
\$2,880.60	\$699.00

ROOF CAMPAIGN REPORT to 23 AUGUST	
Roof Campaign Balance	\$115,532.74
<u>Sunday, 23 August Collection</u>	
Roof Loose	\$527.00
32 Receipted Donations	\$525.00
Orchard Gift Card Sales	\$50.00
10 X \$5.00 Profit	Profit to Date: \$2,040.00
CAMPAIGN BALANCE	\$117,341.74

Mass Schedule

Weekday Masses
12:05 PM

Tuesday, 01 September - Weekday in Ordinary Time
Intention of Barbara Foubert - Joyce Lafontaine
Judy Kelly-Manary - Robert Manary

Wednesday, 02 September - Weekday in Ordinary Time
Int. of Living and Deceased Members of the Catholic Women's League
Maria Gerbasi - The Family

Thursday, 03 September - Memorial of St. Gregory the Great
Intention of Maya Bradley - Helen and John Ermel
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

First Friday, 04 September - Weekday in Ordinary Time
Intention of Jon and LouAnne - Vicki Doucette
Lloyd Voisin - The Voisin Family

Saturday, 05 September - 23rd Sunday in Ordinary Time 4:00 PM
John Deviveiros - The Family
Katie and Lorne Brownson - John and Carol Rowe

Sunday, 06 September - 23rd Sunday in Ordinary Time
9:00 AM Keith Campbell - Joe and Louise Defonzo
11:00 AM Bill Beckett - Helen and John Ermel
Angela Cappadocia - Mary Lou Cappadocia
Intention of the Parishioners - Father Larry Rymes

Bishop Thomas Dowd announces that Father Charles Ngozi Abiamiri has been appointed as Pastor of Saint Peter the Apostle Church in North Bay as well as the parishes of Saint Elizabeth and Saint Ursula Churches in Temagami. He succeeds Father Francis Ezenezi, who will be taking over as Vicar General for the Diocese.

Sunday Liturgy With Children



GATHERINGS BEGIN SUNDAY SEPTEMBER 20

Sunday Liturgy With Children is held every Sunday at the 9:00 AM Mass from September 20 to June 2027 for all children ages 4-12 years old. The focus of each group is to incorporate a variety of experiences that appeal to a young child's natural sense of wonder about God.

For more information, contact Darlene at 705-474-3577

The Catholic Women's League

The **September General Gathering of the Catholic Women's League will be held on Wednesday, September 2** at 6:30 PM in the parish hall. The highlights of this meeting will be hosting guest speaker Fatima Aviles, Community Connections Coordinator with the Northeastern Ontario Multicultural Centre, a sprinkle of multiculturalism during our social and a vote on the CWL Christmas Dinner. We look forward to seeing you there!

Reminder: On the first Wednesday of the month, one of the intentions of the 12:05 PM Mass is for the living and deceased members of our CWL council. Plan to attend if you can and remember our *Sisters in the League*.

Annual Christmas Bazaar & Tea
Saturday, November 21 ~ 10 am to 2 pm
Pro-Cathedral Parish Hall



It's that time of year again and planning is underway for our November Bazaar!

Are you doing some decluttering this summer? Please remember the bazaar - we need your precious treasures, heirlooms, jewellery, accessories, scarves, purses, home decor, household items, games, puzzles, toys and Christmas decorations.

Drop off weekend at the church garage NEXT Saturday, September 5 before and after the 4 pm Mass, and on Sunday, September 6 after the 9 am Mass and before the 11 am Mass.

Please direct all inquiries to convener, Patricia Fassl at (705) 494-0614.