

Welcome to Your Father's House!

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish
Email: frlarry@procathedral.ca



PERMANENT MINISTERS

Deacons
Rev. Mr. Rick Hamelin
Rev. Mr. Donald Shago
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE
Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound Catholic Schools

Parish Sacraments

Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Tuesday to Friday at 12:05 PM, Saturday at 4:00 PM and Sunday at 9:00 AM and 11:00 AM
Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.





The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



WE APPRECIATE YOUR FINANCIAL SUPPORT WAYS TO GIVE:

- **E-transfer:** music.finance@procathedral.ca
- **Pre-Authorized Donations from Bank Account**
- **Pre-Authorized Donations using Credit Card**
- **Parish Envelopes:** Pickup at Entrance
- **Use “DONATE” button on our Website**
- **Visit CanadaHelps and Search Pro-Cathedral**

Please don't forget about us
when you are on holidays. Thank you!

READINGS: 20 — 26 JULY	
Monday	Micah 6. 1-4, 6-8; Matthew 12. 38-42
Tuesday	Micah 7. 14-15, 18-20; Matthew 12. 46, 48-50
Wednesday	Song of Songs 3. 1-4a; 2 Corinthians 5. 14-17; John 20. 1, 11-18
Thursday	Jeremiah 2. 1-3, 7-8, 12-13; Matthew 13. 10-17
Friday	Jeremiah 3. 14-17; Matthew 13. 18-23
Saturday	2 Corinthians 4. 7-15; Matthew 20. 20-28
Sunday	1 Kings 3. 5-12; Romans 8. 28-30; Matthew 13. 44-48

The 16th Sunday in Ordinary Time Year A invites us to think about God’s patience and care. The readings show us that God is powerful, but He is also gentle. He rules with justice, yet He gives time for change and forgiveness. This balance of strength and mercy is a theme throughout the readings.

In the first reading, we see how God’s might is joined with kindness. In the psalm, we hear about His mercy and faithfulness. The second reading reminds us that the Spirit helps us when we cannot find the right words to pray. Each passage points to a God who listens, forgives, and guides.

The Gospel brings these ideas together with parables about seeds, weeds, and yeast. God gives us time to grow and change. He does not rush to judge but allows us the chance to choose Him again and again. We should not become discouraged by our struggles but trust that He is helping us to become more like Him.

Through prayer, repentance, and small daily choices, we can nurture the wheat in our lives and become the people He calls us to be.



Food Bank Sunday ~ Next Weekend



NEXT WEEEEKEND we take our collection of **non-perishable food items** for our **Catholic Charities Food Bank**. This wonderful service runs from the rectory basement each Tuesday morning helping our brothers and sisters in need.

Please be generous in helping to stock our shelves — with non-perishable food items. **Whatever you can spare ... we can share!!**

MARRIAGE BANNS

There is a promise of marriage between the following who will be married on August 1, 2026:

Collin Edward Brisson, son of Laurier Donald and Stephanie [(Bassett) Brisson)] and Kayla Diane Huzij, daughter of Michael Huzij and Lonnie (Laurin). ♥

AND

William James Allen, son of Frederick Allen and Sadie (Black) and Karen Claudette Marlene Lafontaine (Luesby), daughter of Albin Luesby and Anna (Bazinet). ♥



OFFICE HOURS THIS WEEK	
Monday to Thursday	8:30 AM to 4:30 PM
Friday	OFFICE CLOSED



The July Roof Loose Collection will be taken next weekend and matched up to \$1,000 by an anonymous parishioner. Thank you to our generous donor!

Gift Cards on Sale at all Masses

Next Weekend July 25 & 26



FRESH FOOD MARKET

Your \$25 Gift Card Purchase = \$5 to the Roof Campaign

Dear Parishioners,

We are looking for all occasion cards that you may have and are not using. The Catholic Women's League could use these cards as they send out cards each year to +100 people! Any cards are welcome: sympathy, birthday, blank inside, anniversary, thinking of you, thank you, Christmas, etc. Please drop your cards off to the office during office hours. Thank you!



"Receive the Holy Spirit"
John 20:22

Sacrament OF CONFIRMATION

Registration now available for Students in Grades 7, 8, 9 & 10

Preparation Program for the Catholic Parishes of North Bay

REGISTER TODAY

Scan the QR Code or visit: holynomestolphonsus.com/confirmation

Deadline to Register: September 23



If you would like to match the Roof Loose Collection in August or September please call the office.

You can match the full collection taken or up to a certain amount—whatever you decide is great! The challenge is to match the loose collection only - not donations for which people receive credit.

Collection - 12 July 2026	
Sunday Offering	Building Fund
\$3,065.05	\$943.05

ROOF CAMPAIGN REPORT to 12 JULY	
Roof Campaign Balance	\$103,013.56
Sunday, 12 July Collection	
Roof Loose	\$509.80
25 Receipted Donations	\$532.00
June 50/50 Profit	\$359.43
Orchard Gift Card Sales	\$70.00
14 X \$5.00 Profit	Profit to Date: \$1,540.00
CAMPAIGN BALANCE	\$104,484.79

Mass Schedule

Tuesday, 21 July - Weekday in Ordinary Time 12:05 PM

Antony and Josephine Bernard - The Albin Family

Intention of Jessica and Pedro Costa - Gary and Suzanne Wishak

Wednesday, 22 July - Feast of St. Mary Magdalene 12:05 PM

Trudy Lang-Flumerfelt - Joe and Louise Defonzo

Maria Christiano - Salvatore and Rosetta Tignanelli

Thursday, 23 July - Weekday in Ordinary Time 12:05 PM

Judy Kelly-Manary - Robert Manary

Donald Mathieu - Sandra Mathieu

Friday, 24 July - Weekday in Ordinary Time 12:05 PM

Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Intention of Joe Modeen - A Parishioner

Saturday, 25 July - Seventeenth Sunday in Ordinary Time 4:00 PM

Giovanni Ianiro - Domenica Ianiro and Family

Sunday, 26 July - Seventeenth Sunday in Ordinary Time

9:00 AM For those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Ab Demarco Jr. - Vince and Helen Zappala

Carmen Fruci - Cathy Fruci and Family

Intention of the Parishioners - Father Larry Rymes

SYRO-MALABAR HOLY QURBANA

NEXT SUNDAY, JULY 26 at 4:30 PM

TIME FOR CONFESSION IS AVAILABLE BEFORE AND AFTER MASS

Offerings are accepted in support of the parish.

EVERYONE WELCOME TO THIS MASS!

Catholic Women's League News

During the 79th Annual Provincial Council & Annual Meeting held in Thunder Bay July 5-8, the new executive was elected and installed. *Our very own Lisa Henry was elected as Vice President!*

The new Ontario Provincial Council Elected Officers and Appointees are (see picture below):

Spiritual Advisor, Most Reverend Bishop Alan Campeau

Karen McDonald, President

Secretary, Teresa DiFalco

Past President, Colleen Martin

Service Chairperson, Claudette Langdon

Social Justice Chairperson, Patricia Clizia

Administration Assistant, Sue Lubowitz

Keeper of the Book of Life, Joyce Cotter

Life Member Liaison, Anna Tremblay

Lisa Henry, Vice President

Treasurer, Lisa Fillingham

Faith Chairperson, Kate O'Quinn

Screening Officer, Jeannie Coleman



Right—Lisa Henry being installed as the new Vice President of the Ontario Provincial Council



Lisa's unwavering faith, dedicated service, and compassionate leadership have long been a blessing to our parish and League. We are grateful for her willingness to answer God's call to continue to serve at the provincial level, where her gifts and commitment will strengthen and inspire Catholic women across Ontario.

May the Holy Spirit guide you, Lisa, with wisdom, courage, and grace as you begin this new chapter of leadership. Be assured of our prayers and support as you continue to witness Christ's love through your service.