

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish
Email: frlarry@procathedral.ca



PERMANENT MINISTERS

Deacons
Rev. Mr. Rick Hamelin
Rev. Mr. Donald Shago
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE
Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound Catholic Schools

Parish Sacraments

Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Tuesday to Friday at 12:05 PM, Saturday at 4:00 PM and Sunday at 9:00 AM and 11:00 AM
Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.





The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



WE APPRECIATE YOUR FINANCIAL SUPPORT
WAYS TO GIVE:

- **E-transfer:** music.finance@procathedral.ca
- **Pre-Authorized Donations from Bank Account**
- **Pre-Authorized Donations using Credit Card**
- **Parish Envelopes:** Pickup at Entrance
- **Use “DONATE” button on our Website**
- **Visit CanadaHelps and Search Pro-Cathedral**

Please don't forget about us

when you are on holidays. Thank you!

READINGS: 03 ~ 09 AUGUST	
Monday	Jeremiah 28. 1-17; Matthew 14. 22-36
Tuesday	Jer. 30. 1-2, 12-15, 18-22; Mt. 15. 1-2, 10-14
Wednesday	Jeremiah 31. 1-7; Matthew 15. 21-28
Thursday	Daniel 7. 9-10, 13-14; Matthew 17. 1-9
Friday	Nahum 1. 15c; 2.2, 3. 1-3, 6-7; Mt. 16. 24-28
Saturday	Habakkuk 1. 12—2.4; Matthew 17. 14-20
Sunday	1 Kings 19. 9, 11-13; Romans 9. 1-5; Matthew 14.. 22-33

On the 18th Sunday in Ordinary Time Year A, the readings remind us that God gives freely and cares for his people. In Isaiah, God invites everyone to come and receive food and drink without cost. His covenant is one of love and mercy, offered to all who seek him with open hearts.

The psalm continues this theme by praising God's kindness and care. He satisfies the needs of every creature and is close to those who call on him. His goodness shows that his kingdom is built on compassion and justice, not on power or wealth.

Paul's letter to the Romans assures us that nothing can separate us from the love of Christ. Not hardship, fear, or even death can break this bond. The Gospel then shows Jesus feeding thousands with a small offering, a sign of God's generous care for the hungry.

This Sunday brings together a message of trust and hope. God's love is constant, generous, and always near. We are invited to receive his gifts and to share them with others. In every reading, the focus is on God's abundance and his promise to give life.

God's love comes first, but we are called to respond. Once we accept His grace, we must live according to His ways. Like a house with rules, God's kingdom has guidelines for how we should act. While we can sin and turn away, God always invites us back. His love is constant, and He always calls us to return.





Adoration of the Blessed Sacrament

Each Friday 11 AM - NOON



The Catholic Girls League extends their sincere thanks to the very generous parishioners of **St. Peter the Apostle and the Pro-Cathedral of the Assumption** for supporting their Ice Cream Fundraiser this past weekend in aid of the girls' August pilgrimage to the **Martyrs' Shrine in Midland**.

This trip was the girls' own idea — as was the fundraiser — and they are deeply grateful for every parishioner who is helping make their pilgrimage possible. Your kindness is forming them in faith, leadership, and joyful service. The Catholic Girls League begins its **third year** this September, and **all girls ages 12–17 are warmly welcome to join**. Please watch the bulletin for details on the date, time, and location of our first gathering. With gratitude,

Catholic Girls League Leadership Team



OFFICE HOURS THIS WEEK	
Monday	OFFICE CLOSED
Tuesday	9:00 AM to 3:00 PM
Wednesday	OFFICE CLOSED
Thursday & Friday	9:00 AM to 11:30 AM

Pro-Cathedral

PARISH BBQ

Saturday, August 15 after the 4 PM Mass



BURGERS, HOT DOGS, SALADS & DESSERT

Let's Celebrate our Faith Community!

Free Will Donation Only

Organized by the Knights of Columbus & Parish Fundraising Team



“Receive the Holy Spirit”
John 20:22

Sacrament
OF CONFIRMATION

Registration now available for
Students in Grades 7, 8, 9 & 10

Preparation Program for the
Catholic Parishes of North Bay

REGISTER TODAY

Scan the QR Code
or visit:
holynametalphonsus.com/confirmation

Deadline to Register:
September 23

Collection - 26 July 2026	
Sunday Offering	Building Fund
\$3,141.35	\$2,721.65

ROOF CAMPAIGN REPORT to 26 JULY	
Roof Campaign Balance	\$107,766.18
Sunday, 26 July Collection	
Roof Loose	\$662.85
24 Receipted Donations	\$600.00
Orchard Gift Card Sales	\$265.00
53 X \$5.00 Profit	Profit to Date: \$1,805.00
CAMPAIGN BALANCE	\$109,294.03

Challenge Accepted

Thank you to Margaret Lafontaine,
the August Roof Loose Collection will
be matched up to \$1,000 on the
weekend of August 29 & 30.
Thank you Margaret for your generosity!

Mass Schedule

Tuesday, 04 August - St. Jean-Marie Vianney12:05 PM

Judy Kelly-Manary - Robert Manary
Denis Beaulieu - Karen Beaulieu

Wednesday, 05 August - Weekday in Ordinary Time12:05 PM

Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu
Int. of Living & Deceased Members of the Catholic Women’s League

Thursday, 06 August - The Transfiguration of the Lord12:05 PM

Ab Demarco Junior - The Demarco Family

Friday, 07 August - Weekday in Ordinary Time12:05 PM

Intention of Heidi and Dave - Vicki Doucette
Dan and Geoff Laplante - The Family

Saturday, 08 August - 19th Sunday in Ordinary Time4:00 PM

In Thanksgiving - John and Carol Rowe
Holy Souls in Purgatory - E. Roy

Sunday, 09 August - Nineteenth Sunday in Ordinary Time

9:00 AMRollande Marcil - Cecile Robert

11:00 AMCharles Brocklehurst - Margaret Lafontaine
Intention of the Parishioners - Father Larry Rymes

Mass Requests Welcome

Offering Mass intentions is a tradition of prayer, support, and community. You may request a mass for someone who is deceased; for the intentions of someone who is living; for those who are sick and suffering who need prayers; or in celebration of a special occasion. Contact the parish office to book a mass. A Mass Stipend is \$15.00 and an income tax receipt is provided.



Helen Zappala, member of the Pro-Cathedral Catholic Women's League of Canada, was presented with the 2026 Ontario Volunteer Service Award for her volunteer service with the Davedi Ladies for the past 15 years. This award is given out annually to both adult and youth volunteers for their notable contributions and service to organizations, including non-profits, hospitals, community centres, libraries, schools and community associations. The Cathedral CWL congratulates Helen who has demonstrated dedication and passion in support to her community. God bless Helen!



Shown with Member of Provincial Parliament, Victor Fedeli, is Helen Zappala (left).
Photo credit: The photo was submitted to Baytoday.ca

Development & Peace Stamp Collection

Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. If you have stamps without damage to the perforations, put them in envelopes & drop them into the collection or into the office mail slot.



Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you!

Ministers of the Eucharist for Home Visitation

The Pro-Cathedral parish is committed to making sure that an encounter with the parish is an encounter with Christ. There are those who find themselves unable to attend Mass who can no longer gather to celebrate for the Eucharist. Ministers are called to be instruments of Christ's presence to them by bringing the Eucharist to their home



If you are interested in serving in this ministry to bring communion to those at home, we would love to hear from you. Please call the parish office for more information.