

31 MAY  
2026

# PRO-CATHEDRAL OF THE ASSUMPTION

THE MOST HOLY  
TRINITY

Email: [office@procathedral.ca](mailto:office@procathedral.ca)  
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480 McIntyre Street West - North Bay, ON - P1B 2Z4  
Web: [www.procathedral.ca](http://www.procathedral.ca)

## Welcome to Your Father's House!

**Most Rev. Thomas Dowd, D.D.**  
Bishop of the Diocese of Sault Ste. Marie

**Rev. Larry Rymes**  
Pastor of the Pro-Cathedral Parish



### PERMANENT MINISTERS

#### Deacons

Rev. Mr. Rick Hamelin  
Rev. Mr. Donald Shago  
Rev. Mr. Gary Westenenk

#### Diocesan Order of Women

Mrs. Shirley Falconi  
Miss Ruth Godon

### IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound Catholic Schools

Trinity Sunday Year A is a special day in the Church when we honor the mystery of God as Father, Son, and Holy Spirit. This feast comes right after the Easter season and Pentecost. It reminds us that God is not distant but is always with us, sharing His love in three persons.



The readings for Trinity Sunday show God's love, mercy, and unity.

We hear how God spoke to Moses, how creation praises Him, how Paul calls for peace, and how Jesus explains God's saving love. Each reading points us toward the mystery of the Trinity.

This feast is not about trying to explain every detail. It is about trusting that God's love is greater than we can fully understand. We see His care in the world around us and in the gift of salvation through Jesus Christ.

The unity of the Trinity challenges us to overcome division in our own lives. Whether in our families, workplaces, or communities, God's love calls us to build unity and peace. It asks us to recognize that we are all connected, and that unity in love is the foundation of a healthy relationship with God and each other.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A

**Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



## Parish Sacraments

**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick:** Please call the parish office for more information.

**Reconciliation:** 3:00 to 3:45 PM each Saturday.

**Eucharist:** Tuesday to Friday at 12:05 PM, Saturday at 4:00 PM and Sunday at 9:00 AM and 11:00 AM

Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** Each Friday from 11:00 am until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



There are e-mail scams using the identity of Fr. Larry and the parish requesting gift cards, money, personal information, etc. Please do not reply or engage with these types of emails, texts, or phone calls — always call the parish office if you receive these messages.

No such solicitation would ever come from us. Our e-mail address is only [office@procathedral.ca](mailto:office@procathedral.ca) or [music.finance@procathedral.ca](mailto:music.finance@procathedral.ca)

## OFFICE HOURS THIS WEEK

Monday to Thursday	8:30 AM to 4:30 PM
Friday	OFFICE CLOSED

## READINGS: 01—07 JUNE

Monday	2 Peter 1. 107; Mark 12. 1-12
Tuesday	2 Peter 3. 12-15a, 17-18; Mark 12. 13-17
Wednesday	2 Timothy 1. 1-3, 6-12; Mark 12. 18-27
Thursday	2 Timothy 2. 8-15; Mark 12. 28-34
Friday	2 Timothy 3. 10-17; Mark 12. 35-37
Saturday	2 Timothy 4. 1-8; Mark 12. 38-44
Sunday	Deuteronomy 8. 2-3, 14-16; 1 Corinthians 10. 16-17; John 6. 51-59



## WE APPRECIATE YOUR FINANCIAL SUPPORT WAYS TO GIVE:

- E-transfer: [music.finance@procathedral.ca](mailto:music.finance@procathedral.ca)
- Pre-Authorized Donations from Bank Account
- Pre-Authorized Donations using Credit Card
- Parish Envelopes: Pickup at Entrance
- Use "DONATE" button on our Website
- Visit CanadaHelps and Search Pro-Cathedral

**What's Happening at the Cathedral This Week**  
**Monday to Sunday, 01—07 June**

Date	Time	Location	Event
Tuesday	All Day	Church	Leather Work on Organ
Wednesday	5:30 PM	Hall	CWL Service Awards Dinner
Thursday	6:30 PM	Church	Choir Practice
Saturday	9:00 AM	Atrium/Hall	CGS End of Year Gathering
	9:30 AM	Church	Funeral: Lucette Selin
	11:00 AM	Church	Ukraine Mass
Sunday	After Masses	Hall	First Communion Reception

**MARRIAGE BANNS**

There is a promise of marriage between the following:



Chima Offor, son of Bazuo Offor and Nkechi (Nzekwe) and Nora Okoro, daughter of Ogbonnaya Okoro and Ngozi (Onyema) to be married on December 29, 2026 at Divine Mercy Parish in Arochukwu, Nigeria. ❤️



“Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity:

Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. Amen”

**Collection - 24 May 2026**

Sunday Offering	Building Fund
<b>\$2,843.70</b>	<b>\$2,878.50</b>

**ROOF CAMPAIGN REPORT to 24 May**

Roof Campaign Balance	\$72,907.06
Sunday, 24 May Collection	
Roof Loose	\$477.20
35 Receipted Donations	\$603.20
April Chinese Food Dinner Profit	\$1,460.42
<b>CAMPAIGN BALANCE</b>	<b>\$75,447.88</b>

**Mass Schedule**

- Tuesday, 02 June - Weekday in Ordinary Time 12:05 PM**  
 Judy Kelly-Manary - Robert Manary  
 Giovanni Miscio - Tony Campanaro
- Wed., 03 June - St. Charles Lwanga & Companions 12:05 PM**  
 Living and Deceased Members - The Catholic Women's League  
 Geraldine "Gerrie" Regular - Judith and Armand Bellemare
- Thursday, 04 June - Weekday in Ordinary Time 12:05 PM**  
 Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu  
 Sam and Lillian Veraldi - Myrtle Veraldi
- Friday, 05 June - Memorial of St. Boniface 12:05 PM**  
 Intention of the Carey Family - The Montgomery Family  
 Sheila Levesque - Richard Levesque
- Saturday, 06 June - Body & Blood of Christ Solemnity 4:00 PM**  
 Lloyd Voisin - The Voisin Family  
 Glenna McAuley - Jean and June McAuley  
 Beth Ann Archer - The Ethier Family
- Sunday, 07 June - Solemnity of the Most Holy Body & Blood of Christ**  
**9:00 AM** Trudy Lang - Dino Dottori  
 Theresa Duffy - Suzanne Lukasik
- 11:00 AM** Rita Dubeau - Tony Campanaro  
 Michael Roach - Vivian Molnar, Philip Paquette & Family  
 Intention of the Parishioners - Father Larry Rymes



The Knights of Columbus, Council 1007, serves The Pro-Cathedral, St. Peter's Church, and St. Alphonsus's Church. We meet on the first Wednesday of each month at 6:30pm at St. Peter's Church.

As Knights, we perform acts of charity through our physical works and financial contributions to the Church and community.

If you would like to find out more about the Knights of Columbus and make a difference in your parish and community by becoming a Knight, please email David Dunkley at: [ddunkley@gmail.com](mailto:ddunkley@gmail.com)

**WISH LIST**

Dear Parishioners,  
 We know it's not Christmas, however, some of you may be sitting on a few items that you no longer use and may help us by donating them to the Pro-Cathedral. Our kitchen has a couple of items that have recently crashed on us and due to age they are not worth servicing or we can't get parts for them anymore.



We are looking for a large (12 cup + ) food processor with the various types of blades, and a KitchenAid-style Mix Master. The type that has a bowl on a stand style. Due to the large quantities of food we handle for special events and our funeral lunches, we require the larger capacity items. We also wouldn't say no to a couple of hand held mixers as well.

If you could help us out with these items, preferably in newer condition, we would appreciate your assistance. Call the parish office if you can help. Thank you so much!





**Knights of Columbus**

*The Knights of Columbus Council 1007 is happy to announce the launch of*

*their two annual \$1,000 bursaries* to support graduating high school students who exemplify Catholic faith, service, character, and consistent effort in their studies. The bursaries will be awarded to students who are entering post-secondary education in the upcoming academic year. Post-secondary pathways may include university, college, trades programs, apprenticeships, or other recognized diploma or certificate programs in Canada.

- ✦ Applicants must be practicing Catholics who participate in the sacramental and community life of the Church with demonstrated involvement in parish life and Christian service.
- ✦ For full eligibility requirements, selection emphasis, and application requirements, visit the Pro-Cathedral website under GROUPS/KNIGHTS OF COLUMBUS or pick up Scholarship document at the parish office.

**The deadline for submission is June 1, 2026.**

Applications may be submitted as a PDF, Word, or Google Doc file to: [council1007@gmail.com](mailto:council1007@gmail.com)



**Adoration of the Blessed Sacrament Each Friday 11 AM - NOON**

### **A Ministry is calling YOU**



The children in our parish gather each Sunday for Liturgy of the Word. The children leave the assembly at the beginning of Mass and return for the Liturgy of the Eucharist (approximately 1/2 hour). There is a space in the Lower Sacristy where the children gather.

There are two adults present each Sunday. The leader leads the children in a reflection on the readings of the Sunday and all materials for the reflections are provided from The Sunday Leader Guide.

We have an amazing pianist who accompanies the children in sung prayer for the psalm and alleluia.

*If you can help, please consider this ministry. Join us on June 11 at 5:00 PM in the Lower Sacristy for pizza and refreshments, meet other volunteers, and find out more. You can also email me at: [darlene.truchon@gmail.com](mailto:darlene.truchon@gmail.com)*

Any young/older new members are welcome to join our amazing team! Thank you for responding and we look forward to meeting you.

Darlene, Coordinator for Liturgy of the Word



## **CATHOLIC WOMEN'S LEAGUE**

### ***Congratulations to Tracy Clement,***

a member of the Pro-Cathedral of the Assumption The Catholic Women's League of Canada, as the recipient of the Unsung Hero Award, part of Baytoday.ca's Community Builders Award 2026.



Tracy, creator and operator of Tracy's Heart and Hands, and armed with a group of volunteers, continues to demonstrate compassion and dedication to help the marginalized in North Bay. Her volunteer-based mobile outreach, which reaches every area of our city, brings hope and dignity to unhoused and displaced individuals who are so often overlooked. Through her wellness checks, care packs, clothing, hygiene items, drinks, and thoughtful support, she offers far more than essentials—she offers friendship, genuine care, and human connection. Tracy's commitment to supporting individuals and linking them to vital services and reconnecting with their families makes a meaningful and lasting difference in countless lives.

The fact that Tracy's Heart and Hands was created from her own family's personal experience speaks volumes about her empathy and strength. Tracy has turned hardship into compassion in action, and our community is better because of it.

From the program: The Unsung Hero award celebrates an individual or group whose tireless work and/or volunteer efforts in our community seek to improve the lives of others. The recipients of this award exemplify the spirit of generosity, compassion and civic responsibility, consistently going above and beyond to create a positive impact in our community, both now and for the future.

### **BURSARIES**

***Application Deadline is 4:00pm on June 5, 2026***

Two (2) Bursary Awards in the amount of \$400 will be available to two students entering post-secondary education in September 2026. Applications are available at the Parish Office, at the local high schools, and on the parish website under GROUPS/CWL

- Applicants must be daughters or sons of members for the Pro-Cathedral Catholic Women's League who are in good standing. Where the mother is deceased, consideration will be given to grand-daughters/sons of a member in good standing.
- Pick up applications at school, the parish office, or on our website under CWL.
- **Drop off to CWL Bursary Committee, c/o the Parish Office**

For more information please contact **Lorna Rick, Service Chairperson 705-930-0876 or [lornarick@gmail.com](mailto:lornarick@gmail.com)**



**The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf.**

**If you have a prayer request or would like to help pray for others, call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613**



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# STRAWBERRY

*Social & Fashion Show*

FASHION, DESSERTS, TEA/COFFEE, REFRESHING COOL DRINKS

**Saturday, June 27 ~ Parish Hall**

**1:00 TO 3:30 PM**

**\$25/PERSON**

Ask a  
CWL  
Member  
for Tickets  
too!

TICKETS AVAILABLE AT  
PARISH OFFICE  
480 MCINTYRE STREET W.

LOLA'S  
581 LAKESHORE DRIVE

*Roof Campaign Fundraiser*



**Mass in Honour of St. Anthony:** Sat June 13 at 4pm - St. Peter the Apostle Church. Join us in celebrating the Feast of St. Anthony. Procession in the Church will follow Mass, with refreshments afterwards in the Parish Hall. Blessed buns will be available to take home after Mass. There will be a special collection with all proceeds going to the St. Peter's Food Cupboard and Building Fund. Hope to see you there!

**Corpus Christi Procession & Celebration—Sunday, June 7:** Join in on a day celebrating the Catholic faith and the real presence of Jesus in the Eucharist on the Solemnity of Corpus Christi! Procession begins at 12:30pm from Holy Name Church down the Kate Paceway to the Kiwanis Bandshell, where Adoration of the Blessed Sacrament will take place in the park at 1:20pm, followed by Live Music and free BBQ until 4:00pm. Join the procession beginning at Holy Name or process from the Pro-Cathedral on your own. **A Bus Shuttle will be available all day between Holy Name and the Pro-Cathedral parking lot, dropping off and returning from the Kiwanis Bandshell for those who cannot walk the whole way, or to return to your vehicle afterwards.** All are welcome!

**Catholic Young Adult Weekend Retreat June 12-14.** Catholic Young Adults 18-35 are invited for personal reflection, building connections and fostering communion with God and with each other. June 12-14 at the Sisters of St. Joseph Campground on Trout Lake in Corbeil, ON, this retreat includes daily Mass, Adoration, guest speakers, time for reflection and time for socializing. More information and registration is available now at: [www.holynametalphonsus.com/corunum](http://www.holynametalphonsus.com/corunum)

PRO-CATHEDRAL OF THE ASSUMPTION

# 50/50 RAFFLE!



**PURCHASE MAY TICKETS BEFORE MIDNIGHT THIS SUNDAY!**



50% to the winner  
50% supports the Roof Campaign

**TICKET PRICES:**  
100 FOR \$50  
20 FOR \$20  
4 FOR \$10  
1 FOR \$5

GET YOUR TICKETS NOW AT  
[WWW.RAFFLEBOX.CA/RAFFLE/PROCATHEDRAL](http://WWW.RAFFLEBOX.CA/RAFFLE/PROCATHEDRAL)

License #RAF1524883



### The Good Samaritan Corner

The Compassionate Committee for the Homeless in North Bay recognize that the unhoused have urgent needs.

**Thank you to the parishioners and congregants who supported the recent Backpacks of Love drop off day.** Your generosity will go a long way to show the unhoused, marginalized and forgotten how much we care.



Showing compassion is easy. By being God's hands and feet and donating to the Backpacks of Love campaign your thoughtfulness is empathy for others.

Didn't get a chance to donate to the Backpacks of Love campaign? It's not too late to help the unhoused. Volunteers will be packing backpacks on June 6th starting at 9 a.m. at the Pro-Cathedral garages, and so please consider donating financially through e-transfer at our email address [CompassionNorthBay@gmail.com](mailto:CompassionNorthBay@gmail.com)

For more information about the Compassionate Committee for the Homeless in North Bay visit us at <https://www.facebook.com/compassionatecommitteeofnorthbay/>