



**Message to the Catholic Faithful
from the President of the Canadian Conference of Catholic Bishops
on National Family and Life Week
10 to 17 May 2026**

Each year, the Catholic Church in Canada dedicates a week to celebrating the gift of the family and to renewing our commitment to promoting life. This year, National Family and Life Week (NFLW) will take place from **10 May to 17 May 2026**. The theme “**I am with you always**” (Matthew 28:20) is drawn from the Gospel Reading of Sunday, 17 May 2026, the Solemnity of the Ascension of the Lord, which concludes the National Family and Life Week. Christ’s words in this passage offer **comfort**, inspire **hope**, and give meaning to our common mission to share the **Gospel of Life**.

To help mark this Week with prayer, celebration, and concrete action, the CCCB Standing Committee for Family and Life and its corresponding Office have developed a [pastoral toolkit](#) for families, dioceses/eparchies, parishes, and Catholic movements and associations. These resources can be easily adapted to different pastoral contexts and include suggestions for the Universal Prayer and homilies, a daily social media campaign, and activities for families, youth, and parishes.

As we celebrate National Family and Life Week, may we model ourselves on the Holy Family, finding consolation and hope through prayer and the Sacraments, remembering that we are never truly alone, for God is with us always “to the end of the age.”

Sincerely yours in Christ,

The Most Rev. Pierre Goudreault
Bishop of Sainte-Anne-de-la-Pocatière
President of the Canadian Conference of Catholic Bishops

31 March 2026