

# Pro-Cathedral of the Assumption

Fourth Sunday of Lent  
15 March 2026

480 McIntyre Street West  
North Bay, ON P1B 2Z4

## Welcome to Your Father's House!

Email: [office@procathedral.ca](mailto:office@procathedral.ca) Phone: 705-472-3970 Web: [www.procathedral.ca](http://www.procathedral.ca)

**Most Rev. Thomas Dowd, D.D.**  
Bishop of the Diocese of Sault Ste. Marie

**Rev. Larry Rymes**  
Pastor of the Pro-Cathedral Parish



### PERMANENT MINISTERS

#### Deacons

Rev. Mr. Rick Hamelin  
Rev. Mr. Donald Shago  
Rev. Mr. Gary Westenenk

#### Diocesan Order of Women

Mrs. Shirley Falconi  
Miss Ruth Godon

### IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound Catholic Schools

## Parish Sacraments

**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick:** Please call the parish office for more information.

**Reconciliation:** 3:00 to 3:45 PM each Saturday.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** Each Friday from 11:00 am until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The 4th Sunday of Lent Year A brings us stories about seeing in a new way. God helps us look beyond what is on the outside. These readings remind us that God sees people differently than we do. He looks deeper and knows what really matters.

In the first reading, David is chosen to be king, even though he is the youngest and smallest. Everyone thought his older brothers would be picked. But God shows that he sees things others miss. The Gospel also tells about seeing—Jesus heals a man born blind. This healing helps him believe in Jesus. These readings fit well with Lent. Lent is a time to grow closer to God and let go of things that keep us in the dark. On this Sunday, we are invited to open our eyes and trust God to lead us as His ways are full of mercy and light.



The Knights of Columbus, Council 1007, serves The Pro-Cathedral, St. Peter's Church, and St. Alphonsus's Church. We meet on the first Wednesday of each month at 6:30pm at St. Peter's Church.

As Knights, we perform acts of charity through our physical works and financial contributions to the Church and community.

If you would like to find out more about the Knights of Columbus and make a difference in your parish and community by becoming a Knight, please email David Dunkley at: [ddunkley@gmail.com](mailto:ddunkley@gmail.com)



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



## OFFICE HOURS THIS WEEK

Monday—Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

## WEEKLY READINGS: 16 - 22 MARCH

Monday	Isaiah 65. 17-21; John 4. 43-54
Tuesday	Ezekiel 47. 1-9, 12; John 5. 1-16
Wednesday	Isaiah 49. 8-15; John 5. 16-30
Thursday	2 Samuel 7. 4-5a, 12-14a, 16; Romans 4. 13, 16-18, 22; Matthew 1. 16, 18-21, 24a
Friday	Wisdom 2. 1a, 12-22; John 7. 1-2, 10, 25-30
Saturday	Jeremiah 11. 18-20; John 7. 40-53
Sunday	Ezekiel 37. 12-14; Romans 8. 8-11; John 11. 1-45

## WE APPRECIATE YOUR FINANCIAL SUPPORT

### WAYS TO GIVE:

- **E-transfer:** [music.finance@procathedral.ca](mailto:music.finance@procathedral.ca)
- **Pre-Authorized Donations from Bank Account**
- **Pre-Authorized Donations using Credit Card**
- **Parish Envelopes: Pickup at Entrance**
- **Use "DONATE" button on our Website**
- **Visit CanadaHelps and Search Pro-Cathedral**

**What's Happening at the Cathedral This Week**  
**Monday to Sunday, 16—22 March**

Date	Time	Location	Event
Wednesday	6:00 PM	Hall	Catholic Girls League Gathering
Thursday	6:30 PM	Church	Choir Practice
Friday	12:30 PM	Hall	Development & Peace Hunger Meal after Mass
Saturday	9:20 AM	Atrium	Catechesis of the Good Shepherd
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word
	12:15 PM	Church	Baptism



**The Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary**, is a principal feast day that honours St. Joseph, who is recognized as the earthly father of Jesus Christ and the husband of Mary, is invoked as patron for many causes. Celebrated on March 19, he is the patron of the Universal Church and the Principal Patron of Canada. He is the patron of the dying because Jesus and Mary were at his death-bed. He is also the patron of fathers, of carpenters, and of

social justice. Many religious orders and communities are placed under his patronage.

St. Joseph was an ordinary manual laborer although descended from the royal house of David. In the designs of Providence he was destined to become the spouse of the Mother of God. His high privilege is expressed in a single phrase, "Foster-father of Jesus."

The darkest hours of his life may well have been those when he first learned of Mary's pregnancy; but precisely in this time of trial Joseph showed himself great.

At its heart, this feast is a touching celebration of family, love, and devotion. It provides a unique opportunity for families to gather, share a meal, exchange thoughtful gifts, and honor the quiet, unassuming hero of the Nativity story.

What truly makes the Feast of Saint Joseph stand out? It's the celebration of Saint Joseph's exemplary virtues, which serve as a beacon of inspiration for families worldwide. It's a poignant reminder that family is the cornerstone of our lives, and that love, kindness, and devotion are crucial for nurturing strong, loving bonds.

**Second Sunday of Lent - 08 March**

<u>Sunday Offering</u>	<u>Building Fund</u>
<b>\$2,681.30</b>	<b>\$1,819.00</b>

**ROOF CAMPAIGN REPORT to 08 March**

Roof Campaign Balance	\$35,881.17
<u>Sunday, 08 March Collection</u>	
Roof Loose	\$425.15
28 Receipted Donations	\$742.80
<b>CAMPAIGN BALANCE</b>	<b>\$37,049.12</b>

**Mass Schedule**

<b>Tuesday, 17 March - Weekday in Lent</b>	<b>12:05 PM</b>
Dan and Geoff Laplante - The Family Palmina Verrillo - Barbara Castrilli Norma Milligan - Catherine and Kelly Boudreau	
<b>Wednesday, 18 March - Weekday in Lent</b>	<b>12:05 PM</b>
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu Aurora Mota Miguel - Floripes and Antonio Costa	
<b>Thursday, 19 March - Solemnity of Saint Joseph</b>	<b>12:05 PM</b>
Intention of the Costa Family - Robert Manary Sheila Levesque - Richard Levesque	
<b>Friday, 20 March - Weekday in Lent</b>	<b>12:05 PM</b>
Judy Kelly-Manary - Robert Manary Dr. Emilia Hlusek - Suzanne Lukasik Laurida Martin - Richard Levesque	
<b>Saturday, 21 March - Fifth Sunday of Lent</b>	<b>4:00 PM</b>
Diane Shippam - Jim and Audrey Murphy	
<b>Sunday, 22 March - Fifth Sunday of Lent</b>	
<b>9:00 AM</b>	Lloyd Voisin - The Voisin Family Rex Rehel - Margaret Lafontaine
<b>11:00 AM</b>	Nancy Alexander - Mary Kelly Intention of the Parishioners - Father Larry Rymes

**Stations of the Cross**



**Fridays - 5:30 PM in Cathedral**

ATTENTION CWL MEMBERS

A CWL Membership fee was received late December or early January with no name on the envelope.

If you think this may be your membership fee — please call Margaret Sroga at 705-499-8336 so she can follow up with you. Thank you!

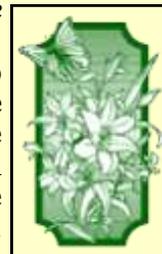
**Easter Memorial Flowers & Decorations**

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ... *the Resurrection!*

Please use an envelope and drop into the weekly collection or to the parish office. Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!

A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over \$15 are tax deductible.

**Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!**





## CATHOLIC WOMEN'S LEAGUE

You are invited to attend our first North Bay **Regional Gathering** of 2026 on Saturday, March 21 at 9:30 a.m. at St. Peter the Apostle.

The Diocesan Council has an informative agenda planned for you, a delicious lunch, followed by a social meet and greet. Tickets are \$20, and Chinese food will be served for lunch. If you are interested in purchasing a ticket, please contact council president, Leah Pierce, at 705-472-5687 or at [president.procathedralcwl@gmail.com](mailto:president.procathedralcwl@gmail.com).

### The Catholic Women's League Diocese of Sault Ste. Marie Council is Celebrating 106 Years!



This year's diocesan convention will take place from Friday, May 1 to Sunday, May 3, in Sudbury. For more information please visit <https://ssmcwl.ca/events/#106th-annual>.

For those members of our CWL Council who wish to attend and are not currently serving on the executive, you are more than welcome to submit a registration package along with your cheque to cover the cost of your attendance at the convention directly to Annette Vas, Registration Chairperson. **Registration deadline is Monday, April 6.**

The Sault Ste. Marie Diocesan Council of the CWL represents more than 1,800 members in 30 councils from as far west as Sault Ste. Marie and as far east as Callander and places in between. Contact council president, Leah Pierce, at 705-472-5687 or at [president.procathedralcwl@gmail.com](mailto:president.procathedralcwl@gmail.com), if you are planning on attending or have any questions.

**We need you to renew or purchase your membership soon!**



**Contact Vice-President, Margaret Sroga, if you have any questions about membership or if you have new contact information: [msroga4946@gmail.com](mailto:msroga4946@gmail.com) or 705-499-8336**

**OUR CHURCH NEEDS YOUR HELP!**

**50/50 RAFFLE**

**Purchase Before Midnight March 31st**

[www.rafflebox.ca/raffle/procathedral](http://www.rafflebox.ca/raffle/procathedral)

### TICKETS

100 for \$50, 20 for \$20, 4 for \$10, 1 for \$5

**PURCHASE YOUR TICKETS EACH MONTH**

License #RAF1524883

### On Track for Justice—from father to daughter

Lives in the village of Piquiá de Baixo in Brazil began being disrupted in the 1980s, with the arrival of several polluting industries in their backyard. The villagers formed an association to defend their rights. Flavia's father started the fight, and she picked up the torch.



Last year, after a 20year struggle, 312 families affected by industrial pollution moved to the new, cleaner, safer village of Piquiá da Conquista. The support of Development and Peace – Caritas Canada's partner, Justiça nos Trilhos (JnT), made this relocation possible for 1,300 people. Find out more about Flavia and her daughter Aylla by watching their testimonies at [devp.org/lent](http://devp.org/lent).

### NEXT WEEKEND WE TAKE THE SHARE LENT COLLECTION

All donations are added to your regular income tax receipt. Please be generous so we can help create hope and fulfil the dreams of the communities we support in the Global South.

Envelopes will be available in the pews or you can use any envelope and put "SHARE LENT" and your full name and address on them to receive credit.

Through the generosity of Canadians this past year, Development and Peace assisted in 59 projects serving 7 million people in 34 countries in the Global South.

*Pope Leo has recently observed that, "... in a world where the poor are increasingly numerous, we paradoxically see the growth of a wealthy elite, living in a bubble of comfort and luxury, almost in another world compared to ordinary people." (Dilexi Te 11)*

Let's be generous and break this 'bubble' and promote assistance for the poor and disadvantaged—support the Share Lent Campaign.



### Thank you to everyone who joined us on Saturday, February 28 for our 3<sup>rd</sup> Annual Parish Chili Cook-Off.

Five wonderful teams—the Knights of Columbus, Music Ministry, the Dutrisac family, last year's winners Fr. Larry and Fr. Joseph, and the Fund Raising Committee — shared their delicious chili creations for parishioners to enjoy and vote on. While every entry was a winner in our hearts, the final honour went to **The Knights of Columbus**. Congratulations! We extend our sincere gratitude to all who submitted chilis, to our many youth volunteers, and to Jackie Noonan and Shirlene Condie-McVeigh for their generous donations of buns and cornbread.

Most of all, thank you to our parish community for your enthusiastic support. Through your generosity, we raised a little over \$1,000 toward our roof campaign. Your presence brought warmth, joy, and a beautiful spirit of fellowship to the day.



## Hello Envelope Users ~ 114 174

If you are using these 2026 envelope numbers, could you please contact the parish office and let us know this is you? Rest assured, your donations are being posted to your number, we just need to know who you are. Thank you!

### CAN YOU HELP?

**Do you attend Mass on a regular basis and don't mind staying periodically for an extra 15 minutes afterwards?**

**We are looking for a team of people who would be willing to sell Orchard Cards once per month and at times, tickets to social events.**

**If we get several volunteers, you may only be scheduled to sell once every two-three months. That would be awesome!**

**We really need your help. Our current volunteers have been faithfully committed to doing this for years. If you can help us out, details will be provided to you.**



**The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613**

**The Knights of Columbus #8163 St-Vincent-de-Paul invites everyone to their monthly breakfast.** Because Easter falls on the first Sunday of the month, we are moving this next breakfast to the 29<sup>th</sup> of March 2026, serving from 9 am till 1 pm

**Soup for the Soul Spring Luncheon and Bake Sale at Redeemer Lutheran Church** Ferguson Street. Saturday, March 28 from 11 AM to 1:30 PM—Cost \$10/Person. Choice of homemade soups, bun, tea/coffee, and sweets. Take out is available. You don't have to purchase a ticket to visit the Bake Sale, lots of homemade goodies. Everyone welcome!

**Lenten Retreat:** St. Joseph's Catholic Church in Powassan invites everyone to their 3 day Lenten Retreat, Sunday, March 22 to Tuesday, March 24, at 7 pm each evening. The Retreat Master is Deacon Brad Lewis, who ministers at St. Patrick's Parish in Kearney and at Holy Spirit Parish in Burks Falls. Deacon Lewis teaches public speaking and Homiletics in the Diaconate Formation Program for the Peterborough Diocese. The theme of the retreat is "Come and See and Encounter". A free-will offering will be most appreciated.

**Free Easter Sunday Dinner:** Open Arms Café at St. John's Anglican Church Main Street. Sunday April 5 from 4:00 to 6:00 PM. All are welcome—come and enjoy a warm meal. In partnership with the Compassionate Committee for the Homeless in North Bay

**YES Canada looking for hosts** for international high school students—a fantastic way to experience another country and culture in your own home! Email Karrie at karrie@youthedservices.ca or call 249-591-1629



## Triduum & Easter Schedule

**Holy Thursday - 02 April**

**Mass of the Lords Supper**

**Mass at 7:00 PM (No 12:05 PM Mass)**

**Adoration of the Blessed Sacrament until 9:00 PM**



**Good Friday Passion of the Lord - 03 April**

**Celebration of the Passion at 3:00 PM**

**(No 12:05 PM Mass)**

**Good Friday Solemn Stations of the Cross**

**7:00 PM ~ Note Time Change**



**Holy Saturday Easter Vigil - 04 April**

**8:00 PM (No 4:00 PM Mass)**



**Easter Sunday Resurrection of the Lord - 05 April**

**9:00 AM & 11:00 AM**

**Check it out!** Bishop Thomas Dowd presents "Ten Minute Teaching" on Youtube at <http://www.youtube.com/@TenMinuteTeaching>

Our Bishop shares short 10 minute (or less) videos on many different topics - Catholic Marriage for Non-Catholics, Who Created God, Can God do Anything?, & More! No prior knowledge of Catholicism required. Join him on the journey!



### The Good Samaritan Corner

Addressing the needs of people experiencing homelessness doesn't just mean providing food, essential items, and warm footwear. It also includes advocacy and education.

Here are some more results from the 24-hour Point-in-Time Enumeration conducted in the District of Nipissing on October 8, 2025.

Of the 452 people who were identified as homeless:

- 62% identified as male
- 37% identified as female
- 1 % identified as gender diverse
- 60% are adults 35-64 years of age

Did you know that 66% of males are unsheltered homeless, and 77% of those in transitional housing?

For more information about the Compassionate Committee for the Homeless in North Bay visit us at <https://www.facebook.com/compassionatecommitteeofnorthbay/>

