

TRINITY
SUNDAY

15 JUNE 2025

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Moses speaks to the people and has them consider all the ways God has cared for them and revealed himself to them. That is why they must keep his statutes and commandments. Paul tells the Romans that all *who are led by the Spirit of God* are children of God and heirs with Christ. In the Gospel, Jesus tells the eleven disciples to go *and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit*. Today's readings talk about our relationship with God: that he has revealed himself to us, provided for us, taught us, disciplined us, and given us the way to eternal life. We are led by the Spirit, and commissioned

to carry the Good News to all the world.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie

Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish



PERMANENT MINISTERS

Deacons

Rev. Mr. Rick Hamelin
Rev. Mr. Donald Shago
Rev. Mr. Gary Westenek

Diocesan Order of Women

Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Praise Those Fathers - A Father's Day Prayer

Let us praise those fathers who have striven to balance the demands of work, marriage, and children with an honest awareness of both joy and sacrifice.

Let us praise those fathers who, lacking a good model for a father, have worked to become a worthy and virtuous father.

Let us praise those fathers who, by their own account, were not always there for their children, but who continue to offer those children, now grown, their love and support. As well, let us pray for those fathers who have been wounded by words and actions of their children.

Let us praise those fathers who, despite marital discord, have remained in their children's lives.

Let us praise those fathers whose children are adopted, and whose love and support has nurtured a thriving life.

Let us praise those fathers who, as stepfathers, freely choose the obligation of fatherhood and earned their step children's love and respect.

Let us praise those fathers who have lost a child to death, and continue to hold the child in their heart.

Let us praise those men who have no children, but cherish the next generation as if they were their own.

Let us praise those men who have "fathered" us in their role as mentors and guides.

Let us praise those men who are about to become fathers; may they openly delight in their children.

And let us praise those fathers who have died, but live on in our memory and whose love continues to nurture us.

- Prayer of Kirk Loadman adapted by Debra Mooney, PhD

Parish Sacraments

Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.



Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A

Hearing Aid System is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday—Thursday	8:30 AM to 4:30 PM
Friday	OFFICE CLOSED

Scripture Readings: 16 — 22 June

Monday	2 Corinthians 6. 1-10; Matthew 5. 38-42
Tuesday	2 Corinthians 8. 1-9; Matthew 6. 43-48
Wednesday	2 Corinthians 9. 6-11; Matthew 6. 1-6, 16-18
Thursday	2 Corinthians 11. 1-11; Matthew 6. 7-15
Friday	2 Corinthians 11. 18, 21b-30; Matthew 6. 19-23
Saturday	2 Corinthians 12. 1-10; Matthew 6. 24-34
Sunday	Genesis 14. 18-20; 1 Corinthians 11. 23-26; Luke 9. 11b-17

What's Happening at the Cathedral This Week Monday to Sunday, 16 ~ 22 June

Date	Time	Location	Event
Monday	7:00 PM	Sacristy	Reserved
Wednesday	5:30 PM	Sacristy	RCIA Gathering
	7:30 PM	Hall	Catholic Girls League
Thursday	6:00 PM	Church	Choir Practice
Saturday	5:15 PM	Church	Baptism
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word Last Sunday until September 14

Holy Qurbana
Mass in Malayalam

THIS SUNDAY
June 15
4:30 PM



Confession after Mass - Everyone Welcome!

Thank you to everyone who came out and enjoyed our Social Sunday last weekend! A huge thank you to Cecile Robert for her amazing assistance. It is great to gather together in this way to build community and get to know one another.

★ **Thank you and enjoy a lovely summer!** ★
Michelle Chew, Social Sunday Coordinator

Credit Card Donations June

Sunday	Building	Roof
\$3,655.00	\$1,326.00	\$513.89

Pre-Authorized Bank Donations May

Sunday	Building	Roof
\$6,846.00	\$2,120.00	\$737.00

Sixth Sunday of Easter - 08 June

Sunday Offering	Building Fund
\$4,098.45	\$670.00

ROOF CAMPAIGN REPORT to 08 June 2025

Roof Campaign Balance	\$126,778.59
Sunday, 08 June Collection	
Roof Loose	\$553.80
36 Receipted Donations	\$2,072.00
Twiggs Gift Card Sales	\$20.00
4 Cards X \$5.00 Profit	Profit to Date: \$220.00
Catholic Women's League Donation	\$600.00
CAMPAIGN BALANCE	\$131,275.28

Mass Schedule

Tuesday, 17 June: Weekday in Ordinary Time **12:05 PM**

Judy Kelly-Manary - Robert Manary
Intention of Caroline Groulx - Mary Lou Smith

Wednesday, 18 June: Weekday in Ordinary Time **12:05 PM**

Wayne Dugas - Richard and Donna Folz
Al Falconi - Mary Lou Smith
Allan Yzereef Sr. - Helena and Cory Potter and Family

Thursday, 19 June: Weekday in Ordinary Time **12:05 PM**

9:30 am Mother St. Bride & St. Alexander School Mass

Marc and Dick Smith - Marthe Smith and Family
Sheila Levesque - Richard Levesque

Friday, 20 June: Weekday in Ordinary Time **12:05 PM**

Roger Mathieu - Michelle Mathieu
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Saturday, 21 June: The Most Holy Body & Blood of Christ **4 PM**

Al Falconi - Dawn and Mike Duffy
Intention of Lorraine Peavers - Golden Age Friends

Sunday, 22 June: The Most Holy Body & Blood of Christ

9:00 AM Mary Norton - Ella Lamothe
Holy Souls in Purgatory - E. Roy

11:00 AM Howard Savery - Marthe Smith
Intention of Bryan Thomas - Mary Lou Smith
Intention of the Parishioners - Father Larry Rymes



Adoration of the Blessed Sacrament

Each Friday 11 AM - NOON

Dessert & Tea Social for Everyone!

Fashion Show for all Ages & Entertainment

Saturday, 23 August

Mark your calendars. More information to follow.

CAN YOU HELP?

We are looking for Matching Tea Sets (Pot/Creamer/Sugar) if you have any to donate (or can we borrow?) as well as 3-tier serving platters.



Drop off to the parish office any time or call Annette for more information at 495-3584.



To the Knights of Columbus for their donation of \$1,000 to our Catholic Charities Food Bank.

Thank you to the Pro-Cathedral Council of the Catholic Women's League for their \$600 donation to our Roof Campaign and \$600 to our Catholic Charities Food Bank.





At the June 4th General Gathering of our CWL Council, thirty-one members were awarded their Years of Service Pins, ranging from 5 to 65 years!

Service Pin recipients for 2025 were:

5 Years	Helen Adams, Rose Boaro, Jorja Harper, Austin-Lea Morin-Sauls, Dawn Waltenbury Margaret Sroga, Colleen Williams, Myrtle Veraldi
10 Years	Karen Beaulieu, Sister Cecily Hewitt
15 Years	Elizabeth Delarosbel, Mary Lee Moynan, Sister Mary Clare Seitz
20 Years	Antoinette McParland
25 Years	Sister Deenie Farenzena
30 Years	Karen Ann McArthur, Henriette Potvin, Ann Sullivan, Helen Zappala
35 Years	Marianne Gomm, Brigida Plutino, Pearl Whyte Anne Marie Westenenk
40 Years	Margaret Lafontaine
45 Years	Lois Keenan, Barbara Laplante, May Rogers
55 Years	Stella Peplinskie, Carmel MacLeod
60 Years	Rita Morrissette
65 Years	Mary Kelly



A reception followed to honour the recipients. Blessings and congratulations to these devoted CWL members.



Blessings to all our children who celebrated First Eucharist. We hope you will be forever connected to His love, peace and blessings. May the happiness of this special occasion be with you always.

**Emma Albin
Zven Alix
Chloe Arcenio
Miriam Dupuis
Miles Kuzyk
Emily Link
Owen Overholt
Logan Quigley
Cassidy Woolford**

**Eva Albin
Sofia Amurao
Axel Brash
Jeremy Edwards
Lyla Lewis
Anna Mackie
Olivia Piszczek
Marissa Wall**

**May you feel the light of the Lord
shining down upon you. Happy First Communion!**

A HUGE THANK YOU to our parents for their support and to our Sacramental Preparation Team for preparing the children for this sacrament: Fr. Larry, Lori Jean, Anne Marie Westenenk, Kathy Storie, Suzanne Plourde-Doran, and Megan Montgomery

Thank you to the music ministry for the lovely music making the celebration special.



**An Unforgettable Musical Event
Right Here at the Pro-Cathedral**

On **Monday, October 14**, world-renowned organist **Roger Sayer**, the performer behind the *Interstellar* film soundtrack — will perform his acclaimed **Interstellar 10th Anniversary Concert** right here on the Pro-Cathedral's majestic pipe organ. Roger will also host a pre-concert Q&A, sharing his journey working with Hans Zimmer and Christopher Nolan.

Tickets are available now. All proceeds support the continued care and restoration of our historic pipe organ — one of the finest north of Toronto.



Please return your baby bottles this weekend or this week to the parish office. All donations go directly to the North Bay Pregnancy Help and Resource Center. Thank you to everyone who supported this fundraiser.

Children's Liturgy of the Word

The Liturgy of the Word for the children in our Parish will end on June 15.

I want to thank the parents and grandparents, who continue to support this Ministry.

It is so wonderful to listen to the children as they reflect on responses to God's Word, and their understanding.

Thanks to the Team who prepare and reflect with the children. They are special people who continue to respond to this Ministry: Louise Cappadocia, Cheryl Clayton, Annette Dutrisac, Georgie MacIntyre, Carmelina Delfino, Maria McParland, Anna Morrow, Jennifer Palangio, Jennifer Rachmann, Dan Seguin, Mary Lou Smith, Adetola Grillo, Kim Morrissette and Patricia Goyette.

A special good-bye and thank you to Carmelina Delfino. Carmelina has been with this Ministry for many years as Leader and Assistant Leader. She will be missed. Thanks so much Carmelina!

Korri Burnside will join our Team in the Fall. Welcome!

Our Ministry is so blessed to have Antoinette McParland who accompanies the children each week in sung prayer. What a special GIFT to our children. Thank You.

Thanks to all and God Bless!

Darlene Truchon, Coordinator



**GET YOUR
TICKETS
BY
JUNE 30**

**PURCHASE TICKETS
BY VISITING**

**[www.rafflebox.ca/
raffle/procathedral](http://www.rafflebox.ca/raffle/procathedral)**



**50/50
RAFFLE**

This raffle is conducted by the Pro-Cathedral of the Assumption,
a charity in North Bay under License #RAF1438966

What Is Trinity Sunday All About?

God the Father: The church uses the image of the Father — the Creator from which everything flows and has its being — to express the first person of the Trinity. While the Son and the Holy Spirit are not “lesser gods” they do proceed from the Father as God’s own self-gift to humanity.

God the Son: The second person of the Trinity is the Son — Jesus himself, God become man. Catholics believe that God freely chooses to come into human history in the person of Jesus. God becomes like us and dies our human death for us. But because Jesus is God, He cannot be held by death and rises to a new life, supremely better than human experience.

God the Holy Spirit: The third person of the Trinity is the Holy Spirit, who proceeds from both the Father and the Son. Jesus announces that his Father will send the Holy Spirit to be with and in the disciples, to teach and guide them. The Spirit is God’s real presence living within all of us, which brings us inspiration (which literally means “to draw in the Spirit”). God is three “persons” but one “essence.” The Father is just as much “God” as the Son and neither is “more God” than the Spirit.

Still confused? Instead of “persons” let’s substitute the word “expressions” of God. The Trinity can be thought of in these three expressions:

✠ **God is “beyond us.”** We can never really fathom what God is, but we know that He is far beyond our limited human nature or anything we can come to know in that human experience. God is the ultimate mystery, the question that we never fully answer. This is God the Father — the creator, the one who is beyond all understanding.

✠ **God is also “among us.”** We come to know God in the person of Jesus. God takes on our human nature and becomes “one of us.” Catholics also believe that this human experience of God continues in the sacrament of the Eucharist. God the Son is among us.

✠ **God is also “within us.”** God is the “divine spark” that awakens us to the fact that we are alive. God imbues us with our creativity, our gifts and talents, and our limitations as well. As we come to know ourselves as people, we also come to know God — who knows us better than we know ourselves. This is the experience of God the Holy Spirit.

God is all these things and more. We don’t know all that God is but this is how God has been revealed to us throughout the course of our history — how we have come to best express God.

Mike Hayes, Busted Halo



**Catholic Women's League
Annual Christmas
Bazaar & Tea
Initial Planning Meeting
of Conveners**

**Monday, June 23 - 6:30 p.m.
Pro-Cathedral Parish Hall**



**We are looking for volunteers
for the following convenerships:**

**Penny Sale
Silent Auction
Odds & Sods (logistics)**

**For more information, please contact
Leah Pierce, Bazaar Convener, at 705-472-5687**

GOOD SAMARITAN CORNER

North Bay's Compassion Shines with Record-Breaking Kindness

The community of North Bay has, once again, stepped up to support those of its members in need. Continuing the Backpacks of Love with the sixth campaign, the Compassionate Committee for the Homeless in North Bay put a call out to the community to give generously.

The volunteers packed a record number of **130** backpacks on Saturday, June 7, filled with donated toothbrushes, toothpaste, soaps, antiperspirant, lip balm, socks, emergency blankets, ball caps, and more. Backpacks were donated to several frontline organizations who provide much-needed assistance to the homeless in North Bay.



“Once again, we had a great outpouring of generosity and compassion from the community!” stated Leah Pierce, chairperson for the Compassionate Committee for the Homeless in North Bay. “A heartfelt thank-you to the North Bay churches who donated record numbers of socks and other essential items, to the District of Nipissing Social Services Administration Board who donated essential items and backpacks, to the North Bay Food Bank who donated soaps and shampoos, to Trinity United Church whose Sunday School children who created cards with messages of hope and love for each backpack, and to The Catholic Women’s League of Canada who donated essential items and monies.”

The Compassionate Committee for the Homeless in North Bay was created in February 2021, and based on research conducted, the Backpacks of Love campaign was born. “With nine churches involved, and volunteers through faith, service and social justice we are addressing the urgent needs of the homeless and are engaging with all levels of government to ensure that homelessness is front and centre in the political arena,” states Leah Pierce.

The committee is made up of the faithful from churches primarily in North Bay’s downtown, who have joined together to address the immediate needs of the homeless. Its goal is to work with all levels of government, existing support services and organizations to find homes for the homeless who want them. Each committee member has received a calling by the Holy Spirit to help the homeless.

For more information about the Compassionate Committee for the Homeless in North Bay visit <https://www.facebook.com/compassionatecommitteeofnorthbay> or contact Leah Pierce at CompassionNorthBay@gmail.com