



Second Sunday of

LENT

Pro-Cathedral of the Assumption

Welcome to Your Father's House!

16 March 2025

In the first reading, God makes a covenant with Abram, promising descendants as numerous as the stars and land for them to inhabit. Paul tells the Philippians to imitate him, conducting themselves not as enemies of the cross, but standing firm in the Lord. In the Gospel, Jesus is transfigured on the mountain; Moses and Elijah appear with him in glory. This season of Lent prepares us for Easter, when we will celebrate the Lord's resurrection. In today's Gospel Peter, John, and James get a glimpse of Jesus' glorified body. This is the type of body that Paul tells the Philippians we will one day have, as long as we stand firm in our faith – not only in Christ's resurrection, but also in his cross.



Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother.

We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie



Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



(705) 472-3970

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday to Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

READINGS: 17 ~ 23 March

Monday	Daniel 9.3, 4b-10; Luke 6. 36-38
Tuesday	Isaiah 1. 10, 16-20, 27-28, 31; Matthew 23. 1-12
Wednesday	2 Samuel 7. 4-5a, 12-14a, 16; Romans 4. 13, 16-18, 22; Matthew 1. 16, 18-21, 24a
Thursday	Jeremiah 17. 5-10; Luke 16. 19-31
Friday	Gen. 37. 3-4, 12-13a, 17b-28; Mt 21. 33-43, 45-46
Saturday	Micah 7. 14-15, 18-20; Luke 15. 1-3, 11-32
Sunday	Exodus 3. 1-8a, 13-15; 1 Corinthians 10. 1-6, 10-12; Luke 13. 1-9

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of the Lake**. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

What's Happening at the Cathedral This Week Monday to Sunday, 17– 23 March

Date	Time	Location	Event
Monday	7:00 PM	Sacristy	Reserved
Tuesday	6:30 PM	Hall	Lenten Book Study
Wednesday	6:30 PM	Hall	Catholic Girls League
Thursday	6:00 PM	Church	Choir Practice
	7:00 PM	Sacristy	Parish Pastoral Council
Saturday	10:00 AM	Church	Funeral: Clifford Riopelle
	11:30 AM	Church	Funeral: Norma Milligan
	1:30 PM	Church	Ukraine Divine Liturgy
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word
	1:30 PM	Church	Chrism Mass Choir Practice
	4:30 PM	Church	Syro-Malabar Mass



OUR NEXT "MATCH THE COLLECTION WEEKEND" will be held March 29 & 30 for up to \$1,000

* The challenge is to match the LOOSE collection only - not donations for which people receive credit. Can you accept the challenge for May, June, or July? If this something you or your company would like to do? You can match the collection exactly (usually around \$500) or up to any amount you would like. Call the parish office for more information.

Sixth Sunday in Ordinary Time 09 March

<u>Sunday Offering</u>	<u>Building Fund</u>
\$4,067.80	\$1,315.00

Pre-Authorized Bank Donations February

<u>Sunday</u>	<u>Building</u>	<u>Roof</u>
\$7,041.00	\$2,100.00	\$807.00

ROOF CAMPAIGN REPORT to 09 March 2025	
Roof Campaign Balance	\$57,912.73
<u>Sunday, 09 March Collection</u>	
Roof Loose	\$602.85
30 Received Donations	\$736.00
<u>Pledge Donation (1 Donation)</u>	\$10,000.00
Orchard Gift Card Sales	\$60.00
12 Cards X \$5.00 Profit	Profit to Date: \$550.00
CAMPAIGN BALANCE	\$70,118.58

Mass Schedule

Tuesday, 18 March: Weekday in Lent

May Smith - Judith and Armand Bellemare
Judy Kelly-Manary - Suzanne Lukasik

12:05 PM

Wednesday, 19 March: Solemnity of St. Joseph

Stephen Zimbalatte - The Family
Mike Boudreau - Liza and Ernest Boudreau

12:05 PM

Thursday, 20 March: Weekday in Lent

Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu
Intention of Sheila Levesque - Richard Levesque

12:05 PM

Friday, 21 March: Weekday in Lent

Alison McCarthy-Milne - Stan and Mariann Zima
Judy Kelly-Manary - Robert Manary

12:05 PM

Saturday, 22 March: Third Sunday of Lent

Luisa Cardoni - Dan and Judy Alexander
9:00 AM Geraldine Lefebvre - Carol Lefebvre and Family
Lloyd Voisin - The Voisin Family

4:00 PM

Sunday, 23 March: Third Sunday of Lent

11:00 AM Priscilla Truchon - Mary Lou Smith
Intention of the Parishioners - Father Larry Rymes

Stations of the Cross

Fridays - 5:30 PM in Cathedral



Adoration of the
Blessed Sacrament
Each Friday 11 AM - NOON

Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Donations will help decorate the altar and sanctuary during the greatest season of the year ... **the Resurrection!**

Please use an envelope and drop into the weekly collection or to the parish office.

Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!

A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over \$15 are tax deductible.



Remember your loved ones this Easter
and give glory to the Lord by helping to decorate for
this beautiful season!

Upcoming Masses at the Pro-Cathedral



Ukrainian Divine Liturgy

Saturday, 22 March

Fr. Peter Bodnar, will celebrate the Lenten Divine Liturgy (Mass) in Ukrainian/English at 1:30 PM. Come and pray for Ukraine. Everyone is welcome. For more information, please contact us at stmaryssudbury@yahoo.ca or 705-665-2869.

Syro Malabar Holy Qurbana in Malayalam

Sunday, 23 March

Join us at 4:30 PM for the Mass. Time for Confession following. Everyone Welcome!



Catholic Charities Food Bank
Open Tuesday Mornings
at the Pro-Cathedral

Did you know that you can donate your PC Optimum points and our coordinator, Elaine Summers can use them to purchase much needed items? If you earn these points and would like to donate them, please let us know by calling the parish office.

FYI: Next Food Bank Sunday—30 March



Lent & Fasting & Abstinence

We may give up meat or other desirable foods on Fridays during Lent, and especially on Good Friday, the day of Christ's saving death on the cross.

Our abstinence for Catholics 14 years and older (as long as there are no health issues) is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence. These could include special acts of charity (visiting the sick or aged,


PRAY FAST GIVE helping those in any need, contributing to a work of charity) or other acts of piety (taking part in a service of worship with others, praying with our family, spending some extra time in personal prayer, especially with the scriptures.

Catholic Women's League (CWL)

The League: 411

Regional Development Day

March 22 ~ 8:30 AM to 3:30 PM

Holy Name of Jesus Church

The North Bay Regional Council invites all Women of the region to join us in a day of Inspiration and Connection, as we gather beginning with Mass, attending Workshops with guest speakers, visiting information booths as well as a fun station.

Bring a bag lunch.

Soup, tea, coffee, desserts will be served & more!



Wednesday, March 19 — Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary

**Principal Patron of Canada,
Patron of the Universal
Church**



Joseph placed himself at the service of God's plan of salvation. He cared for the Holy Family that God had entrusted to him. He became an attentive servant from the moment of the Annunciation, a provident servant in caring for Mary and the Child she carried in her womb. He defended the Family in the moment of danger. These are just a few of Saint Joseph's traits that explain why the People of God are especially devoted to him.

Joseph is presented as someone who is respectful and sensitive, capable of placing Mary's dignity and life above everything else, even above his own reputation. Joseph accepts, certain that everything is guided by God's providence. He understood that life reveals itself according to the degree to which God's plan is accepted, to the degree to which we reconcile ourselves to God's plan. This is Christian realism: to accept, to welcome God into our own personal history, to learn how to welcome and accept everyone we meet.

Joseph is the patron saint of the dying because, assuming he died before Jesus' public life, he died with Jesus and Mary close to him, the way we all would like to leave this earth. Joseph is also patron saint of the Universal Church, families, fathers, expectant mothers (pregnant women), travelers, immigrants, house sellers and buyers, craftsmen, engineers, and working people in general.

It's Lent! There are many things you can do as little expressions of kindness, such as the following:

- † Visit or call someone who is sick or elderly and bring them a simple meal, soup, or loaf of homemade bread;
- † Give someone a smile who needs it — spend some time with them to help cheer them up;
- † Yield the right-of-way to another driver or give up a parking space — give them a wave and a smile rather than a frown;
- † Contribute to or help at a soup kitchen or similar facility;
- † Help someone get their groceries or offer them a ride;
- † Babysit for a young couple or single mother so that they can enjoy an evening out;
- † Open a door for someone
- † Bring someone a coffee who would appreciate it;
- † Help out at home where needed;
- † Spend some time listening to someone because many times people are too busy to do so;
- † Run an errand for someone who needs it;

Enrich your Lenten Commitment and Experience!

Opportunities for kindness present themselves during every hour of every day — take advantage of them as often and wherever you can! Use your imagination.

And don't forget to enjoy the journey!

North Bay Pregnancy Help & Resource Centre

Support available for women experiencing unexpected pregnancy - providing a safe place to make an informed decision. For support or to make a donation please call 705-475-9270 or email nbphrc@hotmail.com

The prayer community is holding its annual **Lenten Mission** at Our Lady of Hope Church during the four Saturdays in March. Next week, March 22, 2025, Fr. Francis McKee will be speaking on the theme, "Love isn't love until you give it away." All are welcome! Confessions are available at 8:00 a.m; song, praise and morning prayer at 8:30; the main presentation will follow. Mass will begin at 10:15 ending with prayer for those interested. Reception follows.

Deceased in 2006 at the young age of 15, the **Blessed Carlo Acutis** will be canonized on April 27, 2025. His 136 eucharistic miracles authenticated by the Vatican is returning to the Diocese of Sault Ste. Marie March 22 and 23 at 2:00 PM at Ste-Marguerite d'Youville Parish in Val Therese, Ontario with a guided display in French. For more information, contact Yolande at y.clement@ssmd.ca

Soup for the Soul Spring Luncheon & Bake Sale: Redeemer Lutheran (Ferguson Street) on Saturday, April 5 from 11 AM to 1:30 PM. Cost \$10/Person, choice of homemade soups, bun, tea/coffee/hot chocolate, and sweets. **Bake Sale:** Homemade pies, cakes, squares, cookies & more! Everyone welcome—bring a friend!

Student exchange organization, YES Canada, in partnership with Near North DSB, is welcoming high school students from France to the area this April, to experience the communities, to study at local high schools, and to live with welcoming host families. **YES Canada is looking for families in the area that are interested to host a student for their 2 or 3 month stay in Canada.** This is a great opportunity for your family to share your life and Canadian culture with the student and also to learn more about France! Host families receive a monthly stipend to support hosting the student. For information, contact 1-226-758-6471 or email at: homestay@youthedservices.ca

Ministers of the Eucharist for Home Visitation

The Pro-Cathedral parish is committed to making sure that an encounter with the parish is an encounter with Christ. There are those who find themselves unable to attend Mass who can no longer gather to celebrate for the Eucharist. Ministers are called to be instruments of Christ's presence to them by bringing the Eucharist to their home



If you are interested in serving in this ministry to bring communion to those at home, we would love to speak with you. Please call the parish office for more information.



Jubilee Plenary Indulgence

Among the conditions required to receive the plenary indulgence is prayer for the intentions of the Holy Father, a gesture of deep communion with the Successor of Peter and with the universal mission of the Church. This act of prayer is not merely a formal requirement but a privileged opportunity for the faithful to spiritually partake in the great challenges and hopes that the Pope carries in his heart for the good of humanity.

To foster and encourage this dimension of prayer click on the QR Code or visit:

<https://clicktopray.org>



Click To Pray is not just a digital platform but a true spiritual tool that accompanies the faithful with moments of prayer and reflection throughout the day, helping them live in constant dialogue with the Lord. Furthermore, the app includes the official profile of the Holy Father, where all his prayer intentions are published, allowing the faithful to concretely unite with the intentions the Pope entrusts to the universal Church.

GOOD SAMARITAN CORNER

Addressing the needs of people experiencing homelessness doesn't just mean providing food, essential items, and warm footwear. It also includes advocacy and education.



Here are some of the results from the Point-in-Time Count conducted in the District of Nipissing from Wednesday, October 9 to October 16, 2024.

- 531 people were identified as homeless
- 6% of respondents identified as being former military or RCMP members
- 44% first experienced homelessness before the age of 25!
- 32% of respondents identified as having been in foster care or a group home

For more information about the Compassionate Committee for the Homeless in North Bay visit <https://www.facebook.com/compassionatecommitteefornorthbay> or contact Leah Pierce at CompassionNorthBay@gmail.com.