

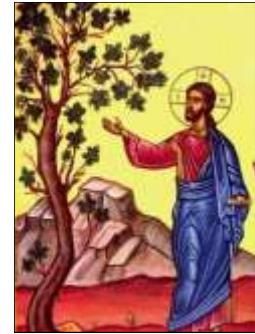


Third Sunday of

LENT

Pro-Cathedral of the Assumption

Welcome to Your Father's House!



Through the readings we are invited to reflect on God's mercy and patience. These scriptures remind us of His *love* and the importance of repentance. The story of the burning bush in Exodus highlights God's call to holiness. Psalm 103 speaks of His forgiveness, while 1 Corinthians emphasizes the need for faithfulness. Together, they create a reflective atmosphere for spiritual growth. Lent invites us to turn away from distractions and focus on our relationship with God. This season is marked by prayer, fasting, and acts of kindness, helping us grow in faith and love in order for us to grow spiritually. The tree represents our lives, and the fruit signifies the good works and faith we are called to produce. The Lenten season challenges us to embrace change and growth. It's a time to examine our hearts and respond to God's call with action. Through repentance and acts of faith, we can live a life that bears spiritual fruit in our daily lives. This fruitfulness is a testament to our faith and a way to honour God's presence in our lives.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother.

We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie



Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



(705) 472-3970

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday to Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

READINGS: 24 ~ 30 March

Monday	2 Kings 5. 1-15a; Luke 4. 24-30
Tuesday	Isaiah 7. 10-14; 8. 10d; Hebrews 10. 4-10; Lk. 1. 26-38
Wednesday	Deuteronomy 4. 1, 5-9; Matthew 5. 17-19
Thursday	Jeremiah 7. 23-28; Luke 11. 14-23
Friday	Hosea 14. 1-9; Mark 12. 28b-34
Saturday	Hosea 5. 15b—6.6; Luke 18. 9-14
Sunday	Joshua 5. 9a, 10-12; 2 Corinthians 5. 17-21; Luke 15. 1-3, 11-32

Our faith community dates back to 1886 when we were **originally located on Main Street West and called St. Mary's of the Lake**. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

What's Happening at the Cathedral This Week Monday to Sunday, 24 – 30 March

Date	Time	Location	Event
Monday	6:30 PM	Hall	CWL Executive Meeting
Tuesday	7:00 PM	Sacristy	Reserved
	6:30 PM	Hall	Lenten Book Study
Wednesday	6:15 PM	Church and Hall	1 st Reconciliation Celebration and Reception Following
Thursday	6:00 PM	Church	Choir Practice
Saturday	9:20 AM	Atrium	Catechesis of the Good Shepherd
	1:00 PM	Sacristy	Catholic Girls League
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word
	1:30 PM	Church	Chrism Mass Choir Practice

OUR NEXT "MATCH THE COLLECTION WEEKEND"
will be held

NEXT WEEKEND March 29 & 30 for up to \$1,000



The challenge is to match the LOOSE collection only - not donations for which people receive credit.

We are looking for generous volunteers to accept the challenge for May, June or July.

If this something you, or maybe your company would like to do? You can match the collection exactly (usually around \$500) or up to any amount you would like. Donations can be anonymous or published.

Call the parish office for more information.

Sixth Sunday in Ordinary Time 16 March

Sunday Offering	Building Fund
\$4,035.00	\$1,222.00

ROOF CAMPAIGN REPORT to 16 March 2025

Roof Campaign Balance	\$70,118.58
Sunday, 16 March Collection	
Roof Loose	\$517.35
33 Received Donations	\$899.90
Maple Syrup Fundraiser	\$330.00
33 Bottles Ordered	Profit to Date: \$330.00
Orchard Gift Card Sales	\$10.00
2 Cards X \$5.00 Profit	Profit to Date: \$560.00
CAMPAIGN BALANCE	\$71,875.83

Mass Schedule

Tuesday, 25 March: The Annunciation of the Lord

12:05 PM

Judy Kelly-Manary - Robert Manary
Dianne and Janice Wilson - Tom Wilson

Wednesday, 26 March: Weekday in Lent

12:05 PM

Mike Boudreau - Susan Boudreau and Family
Diane Chirgwin - Mary Lou Smith
Intention of Herb Edmunds - Ben and Theresa Boudreau

Thursday, 27 March: Weekday in Lent

12:05 PM

Susan Levesque - Richard Levesque
Clifford Riopelle - Stan and Mariann Zima
Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Friday, 28 March: Weekday in Lent

12:05 PM

Gertrude and Eugene Souliere - Vivian Molnar
Prescille Truchon - Richard Levesque
Roger Mathieu - Karin O'Reilly

Saturday, 29 March: Fourth Sunday of Lent

4:00 PM

Braedan Wilson - Armand and Judith Bellemare
Special Intention of a Parishioner

Sunday, 30 March: Fourth Sunday of Lent

9:00 AM Michael Keenan - Jennifer and Stephen Tanner & Family
For those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Norma Milligan - Art and Lisa Henry
Bill MacLellan - Margaret Lafontaine
Intention of the Parishioners - Father Larry Rymes

Stations of the Cross



Fridays - 5:30 PM in Cathedral

Adoration of the Blessed Sacrament Each Friday 11 AM to 12 Noon

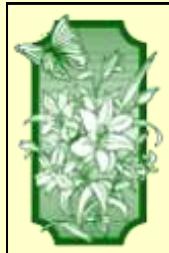
Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Donations will help decorate the altar and sanctuary during the greatest season of the year ... **the Resurrection!**

Please use an envelope and drop into the weekly collection or to the parish office.

Remember to include the names of the people you wish remembered as well as your full name and address for income tax purposes. Printing would be best!

A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over \$15 are tax deductible.



Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!

Syro Malabar Holy Qurbana in Malayalam Sunday, 23 March

Join us at 4:30 PM for the Mass. Time for Confession following. Everyone Welcome!



Food Bank Sunday

Catholic Charities Food Collection NEXT WEEKEND

Donations of non-perishable food to our Catholic Charities Food Bank would be appreciated. Items that go with bread are in demand: peanut butter, tuna, salmon, mayonnaise, cheeze whiz, etc.

★ Your response to our appeals for food has been ★
outstanding - thank you!



Catholic Charities Food Bank
Open Tuesday Mornings
at the Pro-Cathedral

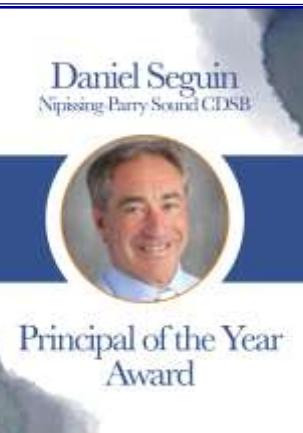
Did you know that you can donate your PC Optimum points and our coordinator, Elaine Summers can use them to purchase much needed items? If you earn these points and would like to donate them, please let us know by calling the parish office.

FYI: Next Food Bank Sunday—30 March

A huge thank you to our Merry Band of Brothers (and one sister) for helping our custodian, Robert Beauchamp last week in the Cathedral. Changing lightbulbs requires a lot of work to move pews, clean while they have been moved, etc.



Thank you to Andrea and Daley Boutilier, Peter McParland, Michael Shea, Gary Westenenk, and of course Robert for all they did to keep our Cathedral shining bright! Thank you for never saying "no" lol!



Congratulations to parishioner, Dan Seguin for his outstanding achievement in being recognized as a Principal of the Year! Mr. Seguin, who is Principal at Holy Cross Catholic Elementary School will receive his award in a celebration that will be held on April 25, 2025.

Blessings to the following young ladies who will be celebrating special birthdays this week:

Josie Verrillo who celebrates her 107th Birthday on March 24, 2025

&

Elda Liberty who celebrates her 102nd Birthday on March 26, 2025

May God bless you with an abundance of peace, joy, and love this coming year.

A Prayer for our Time

I pray today, God, for the leaders of the world. I pray for heads of nations and for all those who have the power to bring about change in government, business, and society.

Open their hearts to the pain and suffering caused by injustice. Give them the courage and the strength to make decisions based on the needs of the poor and downtrodden, even at the expense of those who have more than they need. Empower them to work toward building a new and just social order where each person will be treated with respect and dignity as a child of God. Enable them to bring about changes that will open to all the doors to education, health care, food, housing, and freedom of thought and religion. Help these world leaders, God, to make the world a better place for all. Amen



Our presence *in the world*

Development and Peace—Caritas Canada places **human dignity** at the heart of its mission. We support communities in the Global South in taking charge of their own development through projects that address the **root causes of poverty**.

Development & Peace

Our work around the world from September 1, 2023, to August 31, 2024

\$9.9 million
Invested

79
community development and humanitarian aid projects

34 countries
In Africa, Asia, Eastern Europe, Latin America and the Middle East

11.2 million people
reached by our overseas projects and programs

Our work focuses on:

- Ecological Justice
- Citizen participation
- Justice for women
- Peace and reconciliation



SUDAN

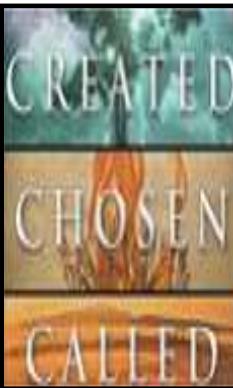


Sudan's \$22.43-billion debt represents 44% of its gross national income (GNI). Political instability and armed conflict have left 25.6 million people facing acute hunger. Our partners provide cash aid, therapeutic food and care for malnourished women and children, fostering hope amid the crises.

ETHIOPIA



With an external debt of \$28.6 billion that represents 23% of its GNI, Ethiopia faces a worsening humanitarian crisis. Over 15.8 million people require food assistance, and child malnutrition rates are alarming. To address this, we work with our partners to distribute food, agricultural tools and seeds.



IS GOD CALLING YOU TO BE A PRIEST?

VISIT
WWW.BEAPRIEST.CA
Or Call
Fr. Daniele at 705-495-1501
for More Information

Alzheimer Society Dementia Learning Series 4-week education series tailored for care partners, people living with dementia, and those eager to learn about the essentials of dementia care. April 1, 8, 15, 22 (Tuesdays) 9:30am-11:30 am Barclay House 600 Chippewa St. W. To register or for more information, contact us at education@alzheimersudbury.ca or 705-560-0603

2025-2026 Discipleship Formation Program (DFP)-St. Malo, MB Take a year off to dive deeper into your relationship with God and Catholic faith. The DFP is an 8-month live-in program for post high school students 18 years or older, at the Catholic School of Evangelization in St. Malo Manitoba. An opportunity to live in community, develop your personal relationship with Jesus Christ, study the Catholic faith with the head and heart, and to grow in missionary zeal through evangelization and ministry. Come and build friendships with other young adults from various places in Canada. Is God calling you? Tuition is \$7,500...\$300 price reduction when applying by April 30. Apply today at <https://www.catholicway.net/dfp>. For more information please contact Louis or Mary at richards@catholicway.net. Join us on April 22 or June 24 for a virtual information session. link found at <https://www.catholicway.net/dfp>.

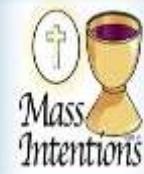
Soup for the Soul Spring Luncheon & Bake Sale: Redeemer Lutheran (Ferguson Street) on Saturday, April 5 from 11 AM to 1:30 PM. Cost \$10/Person, choice of homemade soups, bun, tea/coffee/hot chocolate, and sweets. Bake Sale: Homemade pies, cakes, squares, cookies & more! Everyone welcome—bring a friend!

Anishinabe Spiritual Centre (Espanola) Day of Reflection & Reconciliation A Quiet Day to Walk with the Lord: Saturday, April 5, from 11:45 to 6 PM. Lunch, reflections, meditations, speakers, reconciliation, elder and sacred fire available to talk with in the Teepee throughout the day, confessions, Mass. Coffee/tea served all day. Please RSVP by April 1 to Aaron at 705-869-4994 or email: Anishinabe.centre@gmail.com



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613

Offering Mass intentions is a tradition of prayer, support, and community. You may request a mass for someone who is deceased; for the intentions of someone who is living; for those who are sick and suffering who need prayers; or in celebration of a special occasion. Contact the parish office to book a mass. A Mass Stipend is \$15.00 and an income tax receipt is provided.



GOOD SAMARITAN CORNER

Addressing the needs of people experiencing homelessness doesn't just mean providing food, essential items, and warm footwear. It also includes advocacy and education.



Here are some of the results from the Point-in-Time Count conducted in the District of Nipissing from Wednesday, October 9 to October 16, 2024.

Top reasons for most recent housing loss:

- 1) Conflict with landlord - 22%
- 2) Not enough income - 21%
- 3) Conflict with spouse/partner - 18%
- 4) Mental health - 7%
- 5) Substance use - 7%

Did you know that 67% of respondents were homeless for six months or more in the last year?

For more information about the Compassionate Committee for the Homeless in North Bay visit <https://www.facebook.com/compassionatecommitteefornorthbay> or contact Leah Pierce at CompassionNorthBay@gmail.com.