

16 February
2025

Sixth Sunday in
Ordinary Time

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!

THE LORD UPHOLDS ALL
WHO FALL AND LIFTS UP
ALL WHO ARE BOWED
DOWN.
- PSALM 145:14

In the first reading, the Lord says that those who trust in him are truly blessed. In the second reading, Saint Paul teaches the truth of the Resurrection. In the Gospel, Jesus preaches the Sermon on the Plain to a crowd, lifting up those who yearn for more in this world and decrying those who have found false fullness in the world. Our readings today emphasize that our eyes should not be fixed on things of this world. We will not find true fulfillment on earth, where things pass away. Rather, our focus is to be on the Lord and following his ways. He lifts us up, no matter what hardship we are facing.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother.

We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie



Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



(705) 472-3970

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday	Family Day—Office Closed
Tuesday to Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

READINGS: 17 - 23 FEBRUARY

Monday	Genesis 4. 1-15, 25; Mark 8. 11-13
Tuesday	Genesis 6. 5-8; 7. 1-5, 10; Mark 8. 14-21
Wednesday	Genesis 8. 6-13, 20-22; Mark 8. 22-26
Thursday	Genesis 9. 1-13; Mark 8. 27-33
Friday	Genesis 11. 1-9; Mark 8. 34-38—9. 1
Saturday	1 Peter 5. 1-4; Matthew 16. 13-19
Sunday	1 Samuel 26. 2, 7-9, 12-13, 22-25; 1 Corinthians 16. 45-49; Luke 6. 27-38

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

What's Happening at the Cathedral This Week Monday to Sunday, 17—23 February

Date	Time	Location	Event
Monday	7:00 PM	Sacristy	Reserved
Tuesday	All Day	Church	Organ Tuning
Wednesday	6:00 PM	Hall	Catholic Girls League
Thursday	6:00 PM	Church	Choir Practice
Saturday	9:30 AM	Atrium	Catechesis of the Good Shepherd
	5:00 PM	Hall	Chili Cook-Off All are Welcome
Sunday	9:00 AM	Sacristy	Children's Liturgy of the Word



Wondering what to do with your old, dry palms? Please donate them to us! We accept old palms and burn them to make ashes for Ash Wednesday. If you have palms, please bring them to Mass and give them to our ushers. Thank you!



NEXT WEEKEND
FEBRUARY 22 & 23
a parishioner will anonymously
match the Roof Loose
Collection up to \$1,000

The challenge is to match the loose collection only - not donations for which people receive credit.

Please be generous with your loose donations.

Fifth Sunday in Ordinary Time 09 February

Sunday Offering	Building Fund
\$3,979.80	\$995.50

ROOF CAMPAIGN REPORT to 09 February 2025

Roof Campaign Balance	\$32,091.40
Sunday, 09 February Collection	
Roof Loose	\$510.25
31 Received Donations	\$5,405.00
January 50/50 Profit	\$254.95
Orchard Gift Card Sales	\$135.00
27 Cards X \$5.00 Profit	Profit to Date: \$315.00
CAMPAIGN BALANCE	\$38,396.60

Thank you for your continued generosity!
The Campaign requires an average of \$3,847
weekly to reach our goal of \$200,000 this year.

Mass Schedule

Tuesday, 18 February: Weekday in Ordinary Time 12:05 PM

Judy Kelly-Manary - Robert Manary
Baby Dubroy - Grandmother

Wednesday, 19 February: Weekday in Ordinary Time 12:05 PM

Carmela Campanaro - Paul and Olga Mulc
Rocco and Maria Schiavo - Arthur and Lucille Schiavo

Thursday, 20 February : Weekday in Ordinary Time 12:05 PM

Euclide Jean - Bryan and Lori Jean

Friday, 21 February: Weekday in Ordinary Time 12:05 PM

Judy Kelly-Manary - Don and Lorraine Shago

Saturday, 22 February: 7th Sunday in Ordinary Time 4:00 PM

Virginia Tedesco - Maria Gosselin
In Thanksgiving - A Parishioner

Sunday, 23 February: Seventh Sunday in Ordinary Time

9:00 AM Richard Hanko - Vince and Helen Zappala
For those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Marie Smith-Darnell - Lori Jean
Intention of the Parishioners - Father Larry Rymes



**Adoration of the
Blessed Sacrament**
Each Friday 11 AM - NOON

Food Bank Sunday



**Catholic Charities
Food Collection
NEXT WEEKEND**

Donations of non-perishable food to our Catholic Charities Food Bank would be appreciated. Items that go with bread are in demand: peanut butter, tuna, salmon, mayonnaise, cheeze whiz, etc.

★ Your response to our appeals for food has been ★
outstanding - thank you!



The Knights of Columbus, Council 1007, serves The Pro-Cathedral, St. Peter's Church, and St. Alphonsus's Church. We meet on the first Wednesday of each month at 6:30pm at St. Peter's Church.

As Knights, we perform acts of charity through our physical works and financial contributions to the Church and community.

If you would like to make a difference in your parish, by becoming a Knight, please email David Dunkley at: ddunkley@gmail.com



**ON SALE NEXT WEEKEND!
Available at All Masses
Last Weekend of the Month
or at Parish Office During the Week**



Jubilee Plenary Indulgence

Among the conditions required to receive the plenary indulgence is prayer for the intentions of the Holy Father, a gesture of deep communion with the Successor of Peter and with the universal mission of the Church. This act of prayer is not merely a formal requirement but a privileged opportunity for the faithful to spiritually partake in the great challenges and hopes that the Pope carries in his heart for the good of humanity.

To foster and encourage this dimension of prayer click on the QR Code or visit:

<https://clicktopray.org>



Click To Pray is not just a digital platform but a true spiritual tool that accompanies the faithful with moments of prayer and reflection throughout the day, helping them live in constant dialogue with the Lord. Furthermore, the app includes the official profile of the Holy Father, where all his prayer intentions are published, allowing the faithful to concretely unite with the intentions the Pope entrusts to the universal Church.

**FEBRUARY
TICKETS
ON SALE
NOW!**

**PURCHASE TICKETS
BY VISITING
[www.rafflebox.ca/
raffle/procathedral](http://www.rafflebox.ca/raffle/procathedral)**

50/50 RAFFLE



This raffle is conducted by the Pro-Cathedral of the Assumption, a charity in North Bay under license #RAF1438966

Pope Francis January Prayer Intention

"Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel called to live Jesus's mission in life: either through the priestly life, or religious life."



**TAKE THE CAMPAIGN
LOOSE CHANGE CHALLENGE!**

To reach our goal this year of raising \$200,000 for our campaign, we take a **LOOSE CHANGE SECOND COLLECTION** for the Roof at our Masses.

We currently average about \$550 in **LOOSE donations** in this collection. If someone donates in an envelope that has their name on it to receive a tax donation — *it is NOT included in this total*. The challenge is to match the loose collection only.

If you would like to take the Loose Change Challenge—contact the parish office. Your donation can be acknowledged or remain anonymous.

We currently have donators lined up for February, March & April—can you help us in May, June or July?



Catholic Women's League

**Next General Gathering
Wednesday, March 5 at 6:30
Yes, that is Ash Wednesday!**

Plan on attending Ash Wednesday Mass at 5:30 pm and the CWL General Gathering immediately following in the Parish Hall.

2025 Memberships Due Now

League: I am one of many
Canadian: I am aware of my culture and my country.
Catholic: I am reminded of my religious teachings and responsibilities.
Women: I belong to a sisterhood from which I can draw spiritual and temporal support, comfort and strength in times of need.

Reminder: Paid membership cards can be picked up at the back of the church in the CWL file box.

Do you have your membership yet? For the annual fee of \$40 you can become part of this national organization - the largest Catholic women's group in our country.

Contact Vice-President, Leah Pierce if you have new contact info at: pn.thebay@gmail.com or 705-472-5687

**Sunday Liturgy
With Children**



**GATHERINGS
AT OUR
9:00 AM MASS**

Sunday Liturgy With Children is held every Sunday at the 9:00 AM Mass from September to June 2025 for all children ages 4-12 years old. The focus of each group is to incorporate a variety of experiences that appeal to a young child's natural sense of wonder about God.

The Catholic Community of Volunteers ~ Hospital Ministry



The availability of the Eucharist to patients is on Wednesday, Friday and Sundays. In order to receive Eucharist, a patient must be identified as Catholic. **Privacy rules do not allow us to look at patient lists. The patient or family member must authorize the visitation of a volunteer.**

For more information, contact Carol Williams-Boegel at 705-495-7110 or Hospital Chaplain Services at 705-491-0318 to arrange to receive the Eucharist.



**Ministers of the Eucharist
are needed for this Ministry.
If you can help out, please call Carol.**

KINDERGARTEN INFORMATION NIGHT

NORTH BAY AREA FAMILIES:

**HOSTED AT
ST. LUKE SCHOOL (FEB 18)
ST. HUBERT SCHOOL (FEB 27)
AT 5:30 P.M.**

Visit www.npsc.ca
for more information
and to register.



GOOD SAMARITAN CORNER

Why does making eye contact with someone who is experiencing homelessness so important?

Imagine being ignored at work, or while volunteering. How does that make you feel? If this happened to you everyday, how would you feel? By looking at someone experiencing homelessness in the eye you are humanizing them, making them feel visible.

Next time you see someone who is experiencing homelessness on the sidewalk or in front of a building, try looking them in the eye. If you feel comfortable doing that, say hi. Allowing the other person to be seen and allowing yourself to truly see them is where compassion all starts. **Saying hi is the least any of us can do!**

Take a few minutes to watch the video <https://www.youtube.com/watch?v=NqLigPHEdvA> by Invisible People entitled *Think they don't notice? Why Eye Contact with Homeless People Matters.*

This video is posted on the Pro-Cathedral Website at procathedral.ca under Outreach as well as on our Facebook page.

God has uniquely shaped you with spiritual gifts, heart, abilities, personality and experiences to serve Him by serving others.

Visit: <https://www.facebook.com/compassionatecommitteefornorthbay> or contact Leah Pierce at CompassionNorthBay@gmail.com for more information about the Compassionate Committee of North Bay.

Jubilee Year 2025

**From Pope's General Audience
May 2024**



On Forgiveness: "We sin against hope when we become despondent over our sins, forgetting that God is merciful and greater than our heart. And let us not forget this, brothers and sisters: God forgives everything, God forgives always. We are the ones who tire of asking for forgiveness. But let us not forget this truth: God forgives everything, God always forgives. We sin against hope when we become despondent over our sins; we sin against hope when the autumn in us cancels out the spring; when God's love ceases to be an eternal fire and we do not have the courage to make decisions that commit us for a lifetime." **Hope keeps us from discouragement and despair — we are not alone.** Let us go ahead and ask for the grace to have hope, hope with patience. Always towards that definitive encounter; always thinking that the Lord is near us, that death will never ever be victorious. Let us go ahead and ask the Lord to give us this great virtue of hope, accompanied by patience."

On Hope: "After the flame of hope is kindled in us, there can be times when it risks being extinguished by the worries, fears and pressures of daily life. A flame needs oxygen to keep burning, in order to grow into a great bonfire of hope. The gentle breeze of the Holy Spirit nurtures our hope, and there are several ways that we cooperate in this. Hope is nurtured by prayer. ... Hope is nurtured by our daily decisions."

Hope is trust in God's promise. Knowing what God has done for us in the past and knowing that God floods our lives with spirit and love, we are assured of God's assistance now and in the future. We rely not on our own strength but on the love of God as manifested by Jesus and in the gift of the Holy Spirit. God our Father has sent into the world the Word of truth and the Spirit to guide us. God is with us and supports us. He has done so in the past and will continue to do so."



Do you have a credit card but maybe not a computer? Or are you not comfortable going online to purchase 50/50 tickets?

**50/50
RAFFLE**

Karen at the parish office can purchase tickets IN YOUR NAME so you can get in on the draws for a chance to win \$\$ Call the parish office to see how she can help you support the 50/50 Raffle.

Shalom Place, a ministry of the Sisters of St. Joseph offering:

Walking with Jesus by the Sea, facilitated by Lorna Connolly: Do you seek some quiet time to explore your inner life? Would you like to imagine walking with Jesus by the sea? Join us on **Zoom** from 7:00 to 8:00 PM on the **third Monday of each month** beginning on Monday, February 17. You will have the opportunity to pause and go inward with spiritual music, a guided imagery meditation, personal reflection time and optional sharing. Register at shalomssm@shaw.ca, (705) 254-4690 or at www.shalomplace.ca. Register by the Friday preceding the session. Cost: Your gift allows the ministry of Shalom Place to continue. Thank you!