

01 SEPTEMBER
2024

22nd SUNDAY IN
ORDINARY TIME

+

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!

YOU HAVE DISREGARDED
THE COMMANDMENT OF
GOD TO KEEP THE
TRADITION OF MEN.
- MARK 7:8

Moses exhorts the Israelites to listen to and observe the commandments of the Lord. The Apostle James calls upon his fellow Christians to humbly receive and practice God's word. In the Gospel, Jesus accuses the Pharisees of observing human religious traditions yet failing to obey God's commands. He then teaches the people that it is the thoughts and actions born in the human heart that defile. Like the Pharisees in today's Gospel, we can get caught up in our traditions, questioning and arguing with those who do things differently or want to change our ways. Jesus offers a reminder to not lose sight of what is truly important: obeying God's commandments and keeping our hearts and actions pure.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother.

We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Most Rev. Thomas Dowd, D.D.
Bishop of the Diocese of Sault Ste. Marie



Rev. Larry Rymes
Pastor of the Pro-Cathedral Parish

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970

office@procathedral.ca

www.procathedral.ca

facebook.com/procathedral

Parish Sacraments



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: 3:00 to 3:45 PM each Saturday.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: Each Friday from 11:00 am until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12 Noon. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday	OFFICE CLOSED
Tuesday to Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

READINGS FOR THE WEEK

Monday	1 Corinthians 2. 1-5; Luke 4. 16-30
Tuesday	1 Corinthians 2. 10b-16; Luke 4. 31-37
Wednesday	1 Corinthians 3. 1-9; Luke 4. 38-44
Thursday	1 Corinthians 3. 18-23; Luke 5. 1-11
Friday	1 Corinthians 4. 1-5; Luke 5. 33-39
Saturday	1 Corinthians 4. 6-15; Luke 6. 1-5
Sunday	Isaiah 35. 4-7; James 2. 1-5; Mark 7. 31-37

MASS SCHEDULE

Tuesday, September 3 - St. Gregory the Great - 12:05 PM

Maria Gerbasi - The Family

Terence Hogan - Margaret Anne Lafontaine

Wednesday, September 4 - Weekday in Ordinary Time - 12:05 PM

Lloyd Voisin - The Voisin Family

Doug Kinslow - Myrtle Veraldi

Intention of Living and Deceased Members - Catholic Women's League

Thursday, September 5 - Weekday in Ordinary Time - 12:05 PM

Marie Gribbons - Catholic Women's League

Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

Friday, September 6 - Weekday in Ordinary Time - 12:05 PM

Milan Hlusek - Emilia and Michelle

Dr. Frank Fazzari - Dino and Jean Dottori

Saturday, Sept. 7 - 23rd Sunday in Ordinary Time - 4:00 PM

Jim O'Connor - William de Grosbois

Jack Ferris - Annette Ferris and Family

Sunday, September 8 - 23rd Sunday in Ordinary Time

9:00 AM Mario Canarino - Joe and Louise Defonzo

Anne Levesque - Darlene Truchon

11:00 AM Daniela Bitonti-Rochon - Nipissing-Parry Sound C.D.S.B.

Intention of the Parishioners - Father Larry Rymes



Fall Greetings from The Catholic Women's League Pro-Cathedral Council

Fall is in the air! As the days grow shorter, and the warmth of summer gives way to hints of fall, your CWL Council turns its attention to monthly General Gatherings that include our New Member Ceremony, a Memorial Service for our deceased members this year, as well as our Annual Bazaar, a Living Rosary, a special Membership Weekend, and a Christmas Gathering.



You are invited to our September General Gathering on Wednesday, September 4, at 6:30 pm in the parish hall. This gathering will include our New Member Ceremony, a Spiritual Program, a short business session, and a social to follow.

Over this past year, we have continued to make gradual changes under the New Strategic Plan for the League, including changing general meetings to "gatherings" with a shorter business component, and not being "boring."

While upholding the League's Mission, this has allowed us to develop our sisterhood, friendships, sharing and caring for each other and ourselves in a fun atmosphere. You will be warmly welcomed. Come and join us!

Mary-Lynn Truchon
President

THE NEXT WEEKEND FOR THE "TAKE THE
LOOSE CHANGE COLLECTION CHALLENGE"
SEPTEMBER 14 & 15



An anonymous parishioner has generously offered to match the ROOF, LOOSE CHANGE COLLECTION that will be taken at all the Masses on this weekend. The challenge is to match the loose collection only - not donations for which people receive credit for.

PLEASE BE GENEROUS ON THIS WEEKEND!

Calling our amazing YOUTH at our church!!!

Do you have a desire to begin
your very first ministry?

We are looking for children who have made their
First Communion (and older) to join
Father Larry's Altar Serving Team!!!

We will be hosting an opening night to our current
and new altar servers to strengthen our faith by
gaining a deeper understanding of the Mass parts
through teachings by Father Larry!

Please join us for a pizza dinner and training session
including alb fittings on Wednesday, October 24
at 5:30 pm in the lower sacristy.

Please RSVP to the Parish Office to register
by September 30.

We look forward to seeing you!



Sunday Liturgy With Children

GATHERINGS
BEGIN
SEPTEMBER 15



The Gospel
message is
geared to your
child's level of
understanding

Sunday Liturgy With Children is held every Sunday at the 9:00 AM Mass from September 15 to June 2025 for all children ages 4-12 years old. The focus of each group is to incorporate a variety of experiences that appeal to a young child's natural sense of wonder about God.

Children are welcome to start at anytime of the year, however, September is the appropriate time because there is a progression to their experiences and time is spent introducing the children to the Celebration of God's Word.



Blessed white candles are available immediately before and after all masses on the weekend and weekdays. You may enter the Sacristy to pick up and light a vigil candle. At that time you may place your candle on the stand. An offering of \$5 per candle is suggested to help defray costs.



SACRAMENT PREPARATION FALL

2024

REGISTER NOW!

Confirmation preparation for students in Grade 7, 8, 9, 10 or older will begin September 26 so please register soon.

Sessions and the Day of Retreat will be celebrated together as a region, however, candidates from the Pro-Cathedral will celebrate their confirmation here at our parish.

Registration and Preparation Dates can be found on our website at procathedral.ca under SACRAMENTS/CONFIRMATION

Program begins on September 26

Candidates who miss the Confirmation Retreat on October 5 will not be permitted to participate.

Registration Deadline is September 25



Beautiful Holy Land Wood Art
For Sale
Weekend of 14-15 September
Before & After all Masses

Bethlehem's Christian community relies on selling handcrafted olive wood religious art to visiting pilgrims, forming its primary income. Declining tourism has hit them hard in recent years, leading some Christians to leave the Holy Land, posing a threat to key sites like the Church of the nativity.

Your purchase on this weekend will make a beautiful addition to your home or as a gift for a special occasion, while also contributing to strengthening the Christian presence in the Holy Land.



**Do you have a credit card but
maybe not a computer? Or are you
not comfortable going online to
purchase 50/50 tickets?**

**50/50
RAFFLE**

**Karen at the parish office can purchase tickets
IN YOUR NAME so you can get in on the draws
for a chance to win \$\$ Call the parish office to
see how she can help you support the 50/50
Raffle.**

CGS GOOD SHEPHERD REGIONAL CHURCH ATRIUM
Located at the Pro-Cathedral

Starts After Thanksgiving October 19

<https://procathedral.ca/youth>

SESSIONS SATURDAY MORNING

9:25 – 11:05 am

Level 1 (3-6yr olds) Level 2, 3 (6-12yr olds)



Picture by Gavin

Introduction

- We all need a place where we can find peace and rest. For a child how wonderful to find a special place created just for them. Children walk into this space and they know it is just for them, because everything is their size and invites them to stay.
- Catechesis of the Good Shepherd, begins with the understanding that there is a deep bond between God and each child.
- Catechesis of the Good Shepherd helps children to name, explore and deepen this relationship as the foundation for their lives.
- The sacred space, called the Atrium, is a spiritual environment.
- The Atrium prepares children for participation in the mass and for reception of sacraments.
- The hands-on materials in the Atrium encourage children to explore and deepen their experiences at their own pace.

Registration & Orientation for new children aged 3 and 4:
9:25 AM Saturday, September 21 and September 28.
For more information, contact Erin Tayler — cell 705.840.8509
or email: etcallhome11@gmail.com

Prayer for Strength and Courage

Dear Lord,

Life seems full of stresses. Sometimes I fear for myself. Enfold me Lord. Shield me from the frailty of my spirit. Protect me from my own powerless will. Free me from all anxieties and doubts and give me the vigor to push on and continue with the mission you have chosen me to task.

Help me remember Lord that you are there beside me and if I fall at times, you are there to carry me.

Amen

Alpha is Back!!

at St. Peter's Church

Starting Tuesday, September 17 - 6:00 PM

Register at www.alphanorthbay.com

Alpha is a series of sessions exploring the Christian faith, designed to create conversation. Whether you're just curious about faith or new to Christianity altogether, Alpha provides an open and welcoming environment where you can explore life's biggest questions with people asking the same things. You are invited to bring a friend for a meal, watch a short video, and get to know each other through conversation and spending time together.

Alpha is about Connection, Content, and Conversation no matter where you are in your faith journey.

Alpha runs for 11 weeks, including a weekend day retreat with all sessions held at St. Peter's Church.

To register, visit www.alphanorthbay.com or contact Colleen Hutson at hutsoncolleen@gmail.com or (705) 840-3400.



Cemetery Sunday—September 8

Prayer Services

2:00 PM St. Mary's Cemetery

3:00 PM Holy Cross Cemetery



In keeping to its commitment to the community, the Knights of Columbus hosts Cemetery Sunday, providing the Catholic community with a special opportunity to visit and pray for their family and friends, a time to socialize and remember old times and a place where children can learn about their family history.

EVERYONE WELCOME



Blessed white candles are available ½ hour before and ½ hour after all masses on the weekend and weekdays. You may enter the Sacristy and ask our Sacristan for your vigil candle. It will be lit and at that time you may place your candle on the stand. An offering of \$5 per candle is suggested to help defray costs.

Young Women's Bible Study: Enjoy faith and friendship within a group of women who are striving with you to learn and grow in relationship with Jesus and each other. You would be so welcome to come study, pray and visit with us in North Bay on Thursday evenings from 6:45pm-9:00pm. Please call or text Annabelle if you have questions or are interested in attending, at 705-303-5027.



**JUBILEE OF YOUTH - ROME, ITALY!
JOIN US!**

The Diocese of Sault Ste. Marie is inviting all **Catholic young adults aged 18-35** to participate in our Pilgrimage to Rome, Italy for the Jubilee of Youth from July 27 - August 10, 2025 led by Fr. Daniele Muscolino.



We will join millions of other Catholic young adults in participating in the Jubilee activities, catechesis sessions and festivals, and prayer times and Sunday Mass with the Pope, and then take an extended stay by visiting the tomb of St. Padre Pio, the Eucharistic Miracle in Lanciano, the Holy House in Loreto and a day trip to Assisi!

For prices, dates, itinerary, requirements and application, visit: bit.ly/jubileessm

Deadline to Apply is September 25, 2024.