

04 February  
2024

Fifth Sunday in  
Ordinary Time

# PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

## Welcome to Your Father's House!

Our relationship  
with God is our  
greatest treasure.

In the first reading, Job speaks of living in misery. Paul, in his Letter to the Corinthians, tells them he has an obligation to preach the Good News of the Gospel. In the Gospel, Jesus drives out demons and heals Simon's mother-in-law, and then goes on healing and preaching *through-out the whole of Galilee*. Jesus came not just for those he encountered in person but for the salvation of the whole world. As his earthly ministry touched the lives of many people, so does his Word spread to all the earth. He brings healing to those in despair by offering the hope of the kingdom of God.

### Our Parish Mission Statement

*We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.*

**Most Rev. Thomas Dowd, D.D.**  
Bishop of the Diocese of Sault Ste. Marie

**Rev. Larry Rymes**  
Pastor of the Pro-Cathedral Parish



### PERMANENT MINISTERS

#### Deacons

Rev. Mr. Albert Falconi  
Rev. Mr. Donald Shago  
Rev. Mr. Rick Hamelin  
Rev. Mr. Gary Westenenk

#### Diocesan Order of Women

Mrs. Shirley Falconi  
Mrs. Norma Milligan  
Miss Ruth Godon

### IN RESIDENCE

Rev. Joseph de Viveiros, CR Chaplain, Nipissing-Parry Sound District Schools

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970  
 office@procathedral.ca  
 www.procathedral.ca  
 facebook.com/procathedral

### Parish Sacraments

**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick:** Please call the parish office for more information.

**Reconciliation:** 3:00 to 3:45 PM each Saturday.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** Each Friday from 11:00 am until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend Masses. Weekday Masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



### OFFICE HOURS THIS WEEK

<b>Monday to Thursday</b>	<b>8:30 AM to 4:30 PM</b>
<b>Friday</b>	<b>8:30 AM to 12:00 NOON</b>

### READINGS FOR THE WEEK

Monday	1 Kings 8. 1-7, 9-13; Mark 6. 53-56
Tuesday	1 Kings 8. 22-23, 27-30; Mark 7. 1-13
Wednesday	1 Kings 10. 1-10; Mark 7. 14-23
Thursday	1 King s11. 4-13; Mark 7. 24-30
Friday	1 Kings 11. 29-32; 12. 19; Mark 7. 31-37
Saturday	1 Kings 12. 26-32, 13. 33-34; Mark 8. 1-10
Sunday	Leviticus 13. 1-2, 45-46; 1 Corinthians 10. 31—11. 1; Mark 1. 40-45

**What's Happening at the Cathedral This Week**  
**Monday to Sunday, 05 – 11 February**

Date	Time	Location	Event
Tuesday	6:00 PM	Hall	ALPHA
Wednesday	6:30 PM	Church & Hall	CWL Lenten Prayer Service followed by General Meeting
Thursday	6:30 PM	Church	Choir Practice
Saturday	9:00 AM	Church	Concert Rehearsal
Saturday	9:25 AM	Atrium & Hall	Level I, II, III Catechesis of the Good Shepherd
Sunday	12 NOON	Hall	Social after 11 AM MASS
	1:30 PM	Church	Restoration Jazz Band Concert

**Looking for Volunteers**

Would you be willing to spare an hour or two to help stock the pews with envelope supplies?

If you can help us out, give the office a call. Thank you!



**Winner of the JAN 2024 Draw of \$455.00 is JOHN PIERCE (Ticket #C-1334) congratulations!**

Raffle is conducted by the Pro-Cathedral of the Assumption, a charity in North Bay, Ontario under License #RAF1355768. Each draw is generated by computer and the winner is chosen randomly. Rafflebox is a government regulated raffle provider.

**THANK YOU TO EVERYONE FOR THEIR SUPPORT!**

**Sunday Collection - 04 February**

Sunday Offering	Building Fund
<b>\$4,025.00</b>	<b>\$809.00</b>

**ROOF CAMPAIGN REPORT**

Roof Campaign Balance \$ 9,252.40

**Sunday, 04 February**

Roof Loose \$ 485.35

32 Receipted Donations \$ 378.45

**Orchard Gift Card Sales**

11 Cards X \$5.00 Profit \$ 55.00

**Total Profit to 04 February \$ 60.00**

**New Roof Campaign Balance \$ 10,171.20**

**MASSES THIS WEEK**

**Tuesday, February 6 - Memorial of St. Agatha - 12:05 PM**

Colleen Klein - Ella Lamothe  
 Intention of Robert Manary - Judy and Family  
 Intention of Kristy and Nicholas Beaulieu - Karen Beaulieu

**Wednesday, February 7 - St. Paul Miki & Companions - 12:05 PM**

**Devotion to Our Lady of Perpetual Help**

Colleen Klein - Katherine Voisin  
 Léo Beaupré - Lorraine and J.P. Guillemette  
 In Thanksgiving to the Blessed Mother for Prayers Answered - Richard Levesque

**Thursday, February 8 - Weekday in Ordinary Time - 12:05 PM**

Tommy Klein - Nipissing-Parry Sound Catholic District School Board  
 Marcel Joly - A Friend  
 In Thanksgiving to the Blessed Virgin Mary - Arthur and Lucille Schiavo

**Friday, February 9 - Weekday in Ordinary Time - 12:05 PM**

Francis McNulty - Robert and Judy  
 Ester Marroquin - Sergio and Amanda Barrios  
 For Holy Souls in Purgatory - A Friend

**Saturday, February 10 - 6<sup>th</sup> Sunday in Ordinary Time - 4:00 PM**

Jim O'Connor - The Swanson Family  
 Léo Beaupré - Joyce Brooks  
 In Thanksgiving - Carol and John Rowe

**Sunday, February 11 - Sixth Sunday in Ordinary Time**

**9:00 AM** Barbara Veraldi - Myrtle Veraldi  
 Gail Lajiness - Stan and Marianne Zima

**11:00 AM** Int. of the Pro-Cathedral Parishioners - Fr. Larry Rymes



**Catholic Women's League**

Our Council will be holding its **first General Gathering of 2024** on Wednesday, February 7. At 6:30 pm a **Lenten Prayer Service** will be held in the church lead by Deacon Rev. Gary Westenenk. This will be followed by a **Valentine's Social** in the Parish Hall. The new Council Executive for the 2024-2026 term will be introduced and the proposed budget for 2024 will be presented."



**CWL Memberships 2024**



You can now e-transfer your CWL Membership by sending your \$40 fee to this email address: [480cwlpro@gmail.com](mailto:480cwlpro@gmail.com)

You can also drop off a cheque in the collection or to the parish office. Be sure to print your name and address on your envelope when doing this and mark it clearly:

**"CWL MEMBERSHIP"**



# SOCIAL SUNDAY NEXT WEEKEND

## After the 11 AM Mass

### Good Conversation and Goodies!

### To all Single Women!!

(Divorced, Single, Widowed ~ All are Welcome)

You're invited to join the Pro Cathedral Single Ladies Social Group. Together, we go to a movie, dinner, antiquing, shopping in the surrounding area, coffee every Thursday, theatre (local/Shaw/Stratford), berry picking, card nights, sleigh ride, long & short trips and a number of events.

If this is something you might enjoy, please call Karen for more information at 705-495-6675, or email:

[kbeaulieu914@gmail.com](mailto:kbeaulieu914@gmail.com)

or text 705-493-4191



We only have two meetings per year to set the agenda and you can choose to attend or not attend any event that is planned. Entirely at your commitment and comfort level.

**Won't you join us?**

### 2024 Northern Ontario Catholic Leadership Conference



Calling all youth aged 13-19! The Diocese of Sault Ste. Marie will once again host the 2024 Northern Ontario Catholic Leadership Conference!

The event will be held Saturday, February 24, 2024 at St. Joseph-Scollard Hall in North Bay, Ontario. See all the details at our new website: [www.northerncatholic.ca](http://www.northerncatholic.ca)

This event is for ages 13-19 and includes a day full of prayer, music, workshops, games, Catholic vendors and presentations from our Keynote Speaker, David Patterson. David has led the way in youth ministry, high school chaplaincy and most recently through social media by founding Yes Catholic, an organization that calls young people to the Catholic faith by sharing real life stories that have the power to change hearts.

Young people from all over Northern Ontario and beyond are welcome to attend this conference. This day will build up faith and personal gifts and talents to form young Catholic leaders in our communities. Registration opens January 2, 2024.

### OFFERING A MASS



Offering Mass intentions is a tradition of prayer, support, and community. You may request a mass for someone who is deceased; for the intentions of someone who is living; for those who are sick and suffering who need prayers; or in celebration of a special occasion. Contact the parish office to book a mass. Mass Stipend is \$15.00



### Building Fund VS Roof Campaign

The **Roof Campaign** specifically goes to the expenses we will incur as we do the work on the tower and roof. We need to raise these funds to have on hand for this planned work.

The **Building Fund** is a collection for regular maintenance of our facilities such as repairs, utilities, snow removal, etc.

We ask that people who made a commitment to the building fund continue to donate to it and view the roof campaign as an extra contribution. *For those who are currently not contributing to either of these funds, we ask that you consider donating to them in your planned giving as long as it does not cause a hardship to do so.*



**OUR CHURCH NEEDS YOUR HELP!**

**To Purchase Tickets Visit:**

[www.rafflebox.ca/raffle/procathedral](http://www.rafflebox.ca/raffle/procathedral)

Licence #RAF1355768

### NEW TO THE PARISH?

Please complete a registration form found at the entrance to the church and drop it into the collection—thank you!



Catholic Charities Clothing Depot operates from the Pro-Cathedral rectory basement every second Wednesday from 1:30 PM to 3:00 PM. Volunteers are needed to help out with pre-sorting clothes, usually the Tuesday afternoon before opening on Wednesday.



If you have some time to spare and can help us to sort the donated items and help distribute clothes, please call the parish office. There are several scheduled church groups who help us out so your commitment may only be every six weeks. Thank you for your consideration!

If you have clothes or footwear in good repair, please donate by dropping them off at the parish office during office hours. We can only accept seasonal clothing due to limited space.



### Coming to Stillness: An Invitation to Face Sacred Moments

Is your life too hectic? Out of balance? Do you need renewed energy for your inner life? Why not try a contemplative prayer experience on ZOOM sponsored by Shalom Place and facilitated by Sr Léa Joannis.

This evening of guided contemplative prayer will include restful music, inspiring meditation material, silent moments for personal reflection, and optional sharing will be held on **Monday February 19 from 7:00 to 8:00 PM**. This is the second of six sessions but all are welcome to attend any individual session.

Register by email at [shalomssm@shaw.ca](mailto:shalomssm@shaw.ca), on our website at [www.shalomplace.ca](http://www.shalomplace.ca) or by phone at (705) 254-4690. Please register by Friday February 16.

### The Good Samaritan Corner

A majority of people experiencing homelessness do not own personal identification. If a person does not have a permanent address and ID, it is challenging to receive food from many food banks in town. If you see someone who is experiencing homelessness and is in need of food, please consider helping them by suggesting the following food bank options:



- Trinity United – Mondays from 9:30 to 11 a.m. (one visit per month)
- Catholic Charities Pro-Cathedral – Tuesdays from 9 to 11:30 a.m.
- Redeemer Lutheran – Tuesdays at 9:30 a.m.
- St. John the Divine – Wednesdays from 9:30 to 10:30 a.m.
- Open Arms Café at St. John the Divine – Wednesdays from 4-6 p.m.
- St. Brice's – Thursday from 9 to 11 a.m.
- St. Andrews – Thursday from 8:30 to 11 a.m.

In addition to the above food banks, please consider keeping a car care package ready filled with the following items: granola bars, pre-packaged cookies, pre-packaged cheese and crackers, bottled water, sugar-free Gatorade, packaged sugar-free chocolates, warm socks and gloves, lip balm, a handwritten note with a message of kindness.

For more information visit <https://www.facebook.com/compassionatecommitteeofnorthbay> or contact Leah Pierce at 472-5687 or at [CompassionNorthBay@gmail.com](mailto:CompassionNorthBay@gmail.com)

**Getting married in 2024?** To help you prepare to live out your vocation as husband and wife, the Church requires that you participate in a marriage preparation program. Plan to attend the Marriage Preparation Weekend April 12 & 13: 6:30–9:30 pm on Friday, April 12 followed by 9:30 am–5:00 pm on Saturday, April 13. Interested couples should call Samantha at 705-471-3284 for more information and to register.



### North Bay Pregnancy Help & Resource Centre

Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, and community service referrals. If you can donate or need assistance call 475-9270 or email: [NBPHRC@hotmail.com](mailto:NBPHRC@hotmail.com)



### Lent is Coming! February 14 is Ash Wednesday

### Catholic Community of Volunteers are in the hospital



The availability of the Eucharist to patients is on Wednesday, Friday and Sundays.

Those who identify as a member of the Catholic Community and wish to receive Eucharist must authorize the visitation as volunteers *do not have access to patient lists to determine what patients are Catholic*.

If someone is not already on the visitation list, they or a family member can contact Deacon Rick Hamelin at 705-476-8115 or Hospital Chaplain Services at 705-491-0318 to arrange to receive the Eucharist.

