

**Starting Tuesday, January 16 @ 6 pm.
Register at www.alphanorthbay.com**

Alpha is a series of sessions exploring the Christian faith, designed to create conversation. Whether you're just curious about faith or new to Christianity altogether, Alpha provides an open and welcoming environment where you can explore life's biggest questions with people who are asking the same things. You are invited to bring a friend for a free meal, watch a short video, and get to know each other through conversation and spending time together.

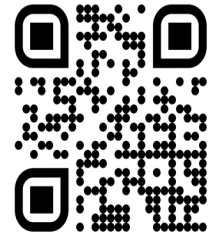
Connection: The Alpha team will be there each week to welcome you and introduce you to others in the group. Each session begins with some food; this is an important part of creating connection and community among group members.

Content: The talk covers a big topic of interest, such as "Who is Jesus?" or "Can we really trust the Bible?" This can be an incredibly rich time of learning and discussion—the best part is that you decide what you want to talk about!

Conversation: *No matter where you are in your journey of faith*, Alpha provides a safe and welcoming space to explore life's biggest questions. With connection-building activities, engaging content that sparks meaningful conversations, and an open platform for dialogue around spirituality—Alpha is the perfect place to start learning more about yourself as well as the Christian faith. So why not give it a try? Join us on our next Alpha session!

Alpha runs for 11 weeks and includes a weekend retreat. All weekly sessions will be held at the Pro-Cathedral of the Assumption Parish Hall (double gray doors - McIntyre Street West).

Find out more by watching a video about Alpha at: <https://youtu.be/oMmUxmQrGfl>



The celebration of First Reconciliation will be held in March 2024 & First Eucharist will be held in June 2024.

Please pre-register your child now. Preparation Dates as well as the on-line registration form can be found on our website under SACRAMENTS under both Eucharist and Reconciliation.

The forms have the option to register for one or both of the sacraments and once completed, they can be emailed to: office@procathedral.ca

Children who have already celebrated Baptism are invited to participate in Reconciliation and Children who have received Baptism & First Reconciliation can register for First Eucharist.

As with all of our sacraments for children, children are invited to participate in the Sunday Celebration of the Word with Children at the Sunday 9:00 AM mass.

\$25 Twiggs and Orchard Gift Cards

Available this week at the Parish Office

Cards will not be available for sale at Masses next weekend. You can pick up cards in the New Year at the Parish Office or at Mass on the last

A huge thank you to our volunteers who have been committed so many weekends to help sell these gift cards. We appreciate you!





The United States Association of
The Catechesis of the Good Shepherd®

Advent Wreath Prayer
Third Week of Advent – Year A

(This prayer is repeated each day during the third week. After the prayer, the mother of the family will light the first, second purple candles and the rose candle)

All make the Sign of the Cross.

The leader says: Our hearts are filled with joy, the Savior is coming,
as we prepare to light three candles on our Advent Wreath today.

Let us pray,
Savior of the World,
who comes to feed, to free, to heal, and protect us.
May we know the complete joy of being in Your presence,
of following You and remaining in Your love.
We ask this in your most holy name. **Amen.**

Reader: **(R.) Lord, come and save us.**
The Lord God keeps faith forever,
secures justice for the oppressed,
gives food to the hungry.
The Lord sets captives free.

All: **(R.) Lord, come and save us.**
Reader: The Lord gives sight to the blind;
the Lord raises up those who were bowed down.
The Lord loves the just;
the Lord protects strangers.

All: **(R.) Lord, come and save us.**
Reader: The fatherless and the widow he sustains,
but the way of the wicked he thwarts.
The Lord shall reign forever;
your God, O Zion, through all generations.

All: **(R.) Lord, come and save us.**

Reader: Let us light the first, second, and third candles on our wreath, as we sing our Advent Wreath song.

(The first, second purple candles and the rose candles are lit before and left burning during the evening meals on each day of the third week in Advent)

