































LENTEN WALK WITH THE LORD 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			March 2 Ash Wednesday MASS 12:05 NOON & 5:30 PM	March 3 	March 4 STATIONS 5:30 PM	March 5 
March 6 FIRST SUNDAY OF LENT	March 7 	March 8 	March 9 	March 10 	March 11 STATIONS 5:30 PM	March 12 
March 13 SECOND SUNDAY OF LENT	March 14 	March 15 	March 16 	March 17 	March 18 STATIONS 5:30 PM	March 19 
March 20 THIRD SUNDAY OF LENT	March 21 	March 22 	March 23 	March 24 	March 25 STATIONS 5:30 PM	March 26 
March 27 FOURTH SUNDAY OF LENT	March 28 	March 29 	March 30 	March 31 	April 1 STATIONS 5:30 PM	April 2 
April 3 FIFTH SUNDAY OF LENT	April 4 	April 5 	April 6 	April 7 	April 8 STATIONS 5:30 PM	April 9 
What have you done this Lent to enrich your life or the lives of others?						April 16 Holy Saturday 8:00 PM 4 PM Mass Cancelled
April 10 PALM SUNDAY OF THE PASSION OF THE LORD HOLY WEEK	April 11 Monday of Holy Week 	April 12 Tuesday of Holy Week 	April 13 Wednesday of Holy Week 	April 14 Mass of the Lord's Supper 7:00 PM Mass 12:05 PM Mass Cancelled	April 15 Good Friday Celebration of the Passion 3:00 PM 7:00 PM Stations (Note Time Change)	April 17 Easter Sunday! 9 & 11 AM

The above calendar serves as a simple reminder of how you may wish to enrich your Lenten journey through the undertaking of simple Acts of Kindness. By doing Little Acts of Kindness, you are sharing the love you have to give with family, friends and everyone you meet. Circle a 'footprint' for each Act of Kindness that you do for each day on your Lenten walk with the Lord. There are many things you can do as little expressions of kindness, such as the following:

- ✚ Visit or call someone who is sick or elderly and bring them a simple meal, soup, or loaf of homemade bread;
- ✚ Give someone a smile who needs it — spend some time with them to help cheer them up;
- ✚ Yield the right-of-way to another driver or give up a parking space — give them a wave and a smile rather than a frown;
- ✚ Bring someone a coffee who would appreciate it;
- ✚ Help out at home where needed;
- ✚ Contribute to or help at a soup kitchen or similar facility;
- ✚ Help shovel someone's driveway or walkway;
- ✚ Help an elderly person get their groceries or offer them a drive in the cold/slippery weather;
- ✚ Babysit for a young couple or single mother so that they can enjoy an evening out;
- ✚ Run an errand for someone who needs it;
- ✚ Spend some time listening to someone because many times people are too busy to do so;
- ✚ Attend church more often. Pray with your family. Spend time in personal prayer reading scripture.



Enrich your Lenten Commitment and Experience! Opportunities for kindness present themselves during every hour of every day — take advantage of them as often and wherever you can! Use your imagination. And don't forget to enjoy the journey!