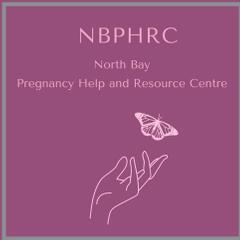


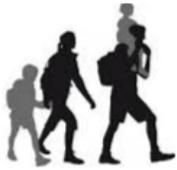
The North Bay Pregnancy Help & Resource Centre

NEWSLETTER



Mission Statement:

We demonstrate Christ's love to anyone challenged by an unexpected pregnancy or pregnancy loss by providing hope, emotional and practical support. Accurate information and education is offered in a non judgmental, confidential and compassionate environment.



Hike-A-Thon Update:

We thank all those who came out to hike for NBPHRC and/ or donated money.

\$2235.00 was raised.

We look forward to next year's Hike-A-Thon!

thank you



Hello!

It is hard to believe that we will be saying goodbye to 2021 in less than two months. Before we jump into the busy Christmas season ahead of us, and beyond to 2022, it is good to look back over the year we are leaving behind.

Our lease has been renewed for another two years. We have a great location that is easily accessible for our clients. Our first Hike-A-Thon fundraiser took place in October, and we look forward to making it a yearly event. As well, we had our first Donor match challenge, which was successfully met!

We welcomed our 100th client in October! In fact, from the end of September until now, we have welcomed six new clients. Lots of babies coming in the new year!

We are very grateful to say that we have been able to meet the needs of all our clients. Some saw a loss of income because of job loss, or physical injury. Several clients are struggling to complete post secondary education, coping with covid restrictions, while working to try and provide for their families as best they can. They are very grateful for the support they receive from the Pregnancy Centre. It has been encouraging as well as faith building to see God's amazing provision for the Centre, and we know He uses our faithful partners to do so.

And so we want to thank you for being a beautiful expression of God's love and provision. When our Clients express their gratitude for the support they receive, it goes to you. You are a part of their story, sharing in their successes. So no matter in what capacity you give, we are grateful for you. May God bless you and yours.

Judy Proulx

Executive Director

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North Bay Pregnancy Help and Resource Centre- NBPHRC



705-475-9270

Client Christmas Gifts:

We would like to continue the tradition of providing Christmas gifts for our clients and their families this year.

We have in the past given a gift of pyjamas and a toy to each child, a gift for Mom and Dad (if there is a Dad in the home) and a tin of cookies.

This year we would like to make one change. Instead of providing a gift for Mom and Dad, we would like to give a grocery gift card. With the rising cost of groceries, we feel the gift card would be more appreciated.

WE NEED YOUR HELP! Would you please make a donation to help cover the added expense of purchasing these gifts? You can give through any of the usual methods, listed in this newsletter. If you can include the word "Christmas" we will make sure your financial gift is used for that purpose. (Please note- any designated Christmas funds received after the need has been met, will be used where most needed.)

How Can You Support The NBPHRC?

Just give us a call and we can arrange a time for you to come in! We would be happy to show you around. You will leave with a better understanding of how we (and our partners) are making a positive impact in our community.

We are looking for two board members, one specifically to fulfill the position of recording secretary.

You can become a volunteer, a three-hour-a-week commitment, which you will be fully trained for. We have several areas of need and can sit down with you to find where you fit best.

Perhaps you would consider supporting our Centre through financial giving, either through a one-time gift or monthly donation.

Any way you choose, you are partnering with us in making a difference in the lives of those facing an unexpected pregnancy or pregnancy loss. Because of the generosity of our supporters, we are able to continue to help families for as long as they need us.

Upcoming Fundraisers:



Christmas Gift Fundraiser
November & December



Baby Bottle Campaign
February–November 2022
A different church each month



Our First Gala!
Spring of 2022

Watch for upcoming details!

Partner With Us Through Financial Support:

- Cheque or cash can be dropped off at the Centre or mailed to us
- Through Canada Helps: www.canadahelps.org (one time or monthly)
*Monthly support allows for us to devote more time and energy to our clients, and further develop areas of ministry.
- E-transfer to JudyNBPHRC@gmail.com (no password required)
OR
NBPHRC@hotmail.com (password required)

All yearly donations \$20 and over will receive an income tax receipt.

We remain grateful to you, our partners, for the many ways you support this ministry.

Charitable Number: 77453 6338 RR0001

Material Needs:

- Diapers size newborn and size 4
- Unscented wipes
- Sleepers, 0–3 months, 3 months
- Baby wash, lotion
- Diaper rash cream
- Baby bath towels and washcloths
- Nursing pads
- Receiving blankets
- Baby outfits, 0–3 months, 3 months
- Socks, 0–6 months



If you are not currently receiving this newsletter by email and would like to, let us know at JudyNBPHRC@gmail.com