

26<sup>th</sup> Sunday  
in Ordinary  
Time

26 SEPTEMBER  
2021

# Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

*Welcome to Your Father's House!*

In the first reading, the Lord takes some of the Spirit that was on Moses and bestows it on the elders, and they begin to prophesy. James writes to warn the rich of the judgment coming to those who seek luxury and pleasure, while shortchanging their workers. In the Gospel, Jesus speaks against intolerance, referring to someone who is not a follower who is driving out demons. He says: *Whoever is not against us is for us.* Eldad and Medad missed Moses' retreat with the elders, yet God's Spirit came upon them. God meets us right where we are. Let us be open to the promptings of the Spirit in our own lives and allow God to come upon us.



## Our Parish Mission Statement

*We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.*

**PASTOR** Most Rev. Thomas Dowd, D.D.  
Bishop of Sault Ste. Marie

**RECTOR**

Rev. Larry Rymes

**ASSISTANT**

Rev. Rex Lumine

### PERMANENT MINISTERS

#### Deacons

Rev. Mr. Albert Falconi  
Rev. Mr. Donald Shago  
Rev. Mr. Rick Hamelin  
Rev. Mr. Gary Westenenk

#### Diocesan Order of Women

Mrs. Shirley Falconi  
Mrs. Norma Milligan  
Miss Ruth Godon

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



 (705) 472-3970  
 (705) 494-8222  
 office@procathedral.ca  
 www.procathedral.ca  
 facebook.com/procathedral

## Parish Sacraments

Please call or email the parish office if you require more information for the following:

Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

You can also visit our website at [procathedral.ca](http://procathedral.ca)



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



## OFFICE HOURS THIS WEEK

Monday - Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 12:00 NOON

## READINGS: 27 SEPT - 03 OCT

Monday	Zechariah 8. 1-8; Luke 9. 46-50
Tuesday	Zechariah 8. 20-23; Zechariah 8. 20-23
Wednesday	Revelation 12. 7-12a; John 1. 47-51
Thursday	Nehemiah 8. 1-4a, 5-6, 7b-12; Luke 10. 1-12
Friday	Baruch 1. 15-22; Luke 10. 13-16
Saturday	Exodus 23. 20-23a; Matthew 18. 1-5, 10
Sunday	Genesis 2. 7ab, 15, 18-24; Hebrews 2. 9-11; Mark 10. 2-16



**Just a friendly reminder that due to Diocesan and health recommended Covid protocols, we are still not able to participate in congregation singing. We will be happy to hear your wonderful voices when these restrictions lift!**

## Mass for the Bereaved & The Book of Life

On November 2 we traditionally celebrate All Souls Day - a way of remembering and celebrating the lives of all those who have died.

**This year, our celebration will be held at the 11:00 am mass on Sunday, October 31 with the reading of the names of our loved ones who died within the past year.**



Everyone is welcome to attend this mass and we extend a special invitation to those who have lost a loved one in the last year.

Each year at this time we also update "The Book of Life," our parish book that records the names of our deceased loved ones. The names of all those who have died from our parish during the past year (01 November 2020—26 October 2021) are recorded on the front page. For anyone who would like to update their page or add a page for their deceased loved ones, please contact the parish office for direction.

If you have lost a loved one in the last year call the office or drop us a note through the collection with the name of the deceased and your name and telephone number.

**All names must be received by Tuesday, October 26.**

Welcome Back to many of our parishioners who are now beginning to feel comfortable attending mass.

We just wanted to let you know that the contact tracing forms that the ushers are using on the weekend are not a reflection on whether you are a registered parishioner or not.

Please be patient as we continually update the tracing forms to add your name.

Thank you to our ushers who are doing an amazing job of helping us all be safe and keeping accurate records for the parish.



**North Bay & Area Right to Life/Pro-Vie  
LIFE CHAIN - NEXT WEEKEND!**

An annual pro-life event that raises awareness about the injustice of abortion and the inherent dignity of every human being. Please join us this year along Lakeshore Drive for one hour to pray silently for an end to abortion.

**Life Chain 2021 will take place on October 3  
2:00 to 3:00 PM on Lakeshore Drive.  
Signs will be available at our location  
between Fodor and Charles Street.**

**For more information contact Jeanine at 724-3424**

## MASS SCHEDULE

Weekday Celebrations are Held at 12:05 PM

**Monday, 27 September - St. Vincent de Paul, Priest  
COMMUNION SERVICE**

**Tuesday, 28 September - Weekday in Ordinary Time**  
Tristan Matthews - Joe and Louise Defonzo  
Addie and Laura Schiavo - Arthur and Lucille Schiavo

**Wednesday, 29 Sept. - St. Michael, St. Gabriel, St. Raphael  
Devotion to Our Lady of Perpetual Help**

Sam Veraldi - Myrtle Veraldi  
Allan Parslow - Bonnie Parslow  
Edna Boileau - Mary Louise and Elizabeth Anne Delarosbel

**Thursday, 30 September - Memorial of St. Jerome, Priest**  
Georgiana Levesque - Richard Levesque  
Intention of Nicholas Beaulieu - Karen Beaulieu

**First Friday, 01 October - St. Thérèse of the Child Jesus**  
Milan Hlusek - Emilia and Michelle  
Intention of Msgr. Dave Tramontini - Teresa Cotter

**4:00 PM Saturday, 02 October - 27<sup>th</sup> Sunday in Ordinary Time**  
For Souls in Purgatory - A Parishioner  
Fred Priolo - Dan and Judy Alexander  
Sheila Flannery - The Family

**Sunday, 03 October - 27<sup>th</sup> Sunday in Ordinary Time**  
**9:00 AM** Ron Truchon - Ray Bethune and Marg Ross  
Allan Parslow - Paul and Nadine Condon

**11:00 AM** Intention of the Parishioners - Rev. Larry Rymes

**Note: Only weekday Masses are announced verbally.**

## Can you Help?

### Thanksgiving Decorations

The Environment Committee would once again like to decorate for the beautiful season of Thanksgiving. If you and your family can help make a contribution we thank you.



**Please bring your donation next weekend  
and place it in the baskets  
at the entrance of the Cathedral.**

You could also bring donations to the parish office, Monday, 04 to Thursday, 07 October. We would suggest the following fruits or vegetables because they will last longer: Turnips, squash, pumpkins, gourds, zucchini, cucumbers, red and green peppers, potatoes, corn, cabbage, onions, apples, pineapples, grapefruit.

Food items will be given to the Catholic Charities  
Food Bank for distribution after Thanksgiving

*"Witnesses do not lose themselves in words, but rather they bear fruit. They remind us that God is not to be proven, but shown."*

Pope Francis

**When is a Pie Not Just a Pie?**

**When it is also a Fundraiser that Helps Support Good Works!**

The Catholic Women’s League needs you to purchase Apple and Pumpkin pies in order to continue to support their ongoing commitments.

**Pre-order now** by calling Annette at 495-3584 and pickup from the parish hall Saturday, October 2 from 10 AM to 1 PM  
9” Pies - \$15 / 5” Pies—\$6



You can purchase a cheaper pie at a grocery store, but they won’t be homemade with love!



**And remember, this is a fundraiser that supports our ladies and affects what they can do for others!**

Because of Covid restrictions, they are unable to host their Bazaar again this year, which is a huge financial loss for their council. Among other important commitments, the CWL support The Coady Institute, Student Bursaries, Catholic Organization for Life & Family, Pregnancy Help and Resource Center & More!

**Thank you so much to Ralph Celentano who volunteered to re-paint all our parking lot lines—keeping all us “ducks” in a row LOL!**

**MEN’S SHOES NEEDED**

Although our Catholic Charities Clothing Depot is not open at this time, we often get asked for men’s footwear by those who visit our Food Bank. If you have men’s *casual* shoes and boots, would you consider donating and dropping them off to the parish office?  
Note: At this time we do not need women’s items.

**Collection Report: 12 & 19 September**

<b>Sunday Offering</b>	<b>Building Fund</b>
<b>\$6,568.95</b>	<b>\$1,252.00</b>

Did you know that the fish or ICHTHUS, is the symbol used by early Christians to identify themselves in times of persecution? In Greek, it is a monogram for the first five letters of the words “Jesus Christ Son of God, Saviour.”



**Confirmation Register Soon!**

**Deadline for registration is September 29**

Students in Grade 7, 8 or 9 can register online at:

[www.holynametalphonsus.com/confirmation](http://www.holynametalphonsus.com/confirmation)



Preparation will be done in our region together with our other parishes. For the complete Confirmation Registration Package—view on our website at [procathedral.ca](http://procathedral.ca) under SACRAMENTS/CONFIRMATION

Candidates should have received the Sacraments of Baptism, First Reconciliation and First Communion. If this is not the case, please contact the parish office as soon as possible.



**Attention Teachers!** The Development and Peace Schools Program was created by Development and Peace - Caritas Canada to help Catholic schools engage in Social and Global Justice issues through the lens of their faith.

Pope Francis says that when we nurture these relationships, we promote an integral ecology that “takes us to the heart of what it is to be human.” Inspired by Laudato Si’, the D&P Schools Program provides concrete (and fun!) challenges to help take you there!

The program consists of a series of world-changing challenges for which schools earn badges. Each badge corresponds to a particular theme of global/social justice.

Some of the issues that students can learn more about are: Raising awareness about the impacts of sweat shops and fast fashion; water commodification; forced migration; distribution of the world’s wealth; food and hunger & more! For more information and the links to the Teacher Supervisor Kit, visit : [devp.org/en/csp](http://devp.org/en/csp)

To speak with our local animator for all questions related to the program, contact **Tara Hurford** at [thurford@devp.org](mailto:thurford@devp.org)



## Twenty-sixth Sunday in Ordinary Time

Today's graphic Gospel passage always sounds a bit jarring: "If your hand causes you to sin, cut it off." Upon first reading that passage, our response might be, "What?" But upon further reflection, it's striking that Jesus is challenging us to attend to what *causes* us to sin: the vices we have acquired, the temptations we do not ignore, the sinful thoughts and behaviors we entertain or in which we engage. It is also important to identify where we might be culpable in



leading *others* astray. In all of this, Jesus is asking us to be honest with ourselves and to take the necessary steps to "cut" out of our lives the things that lead us away from the Lord, rather than allowing us to move toward him. Lest we get discouraged, we need only remember that we are not alone:

We belong to Christ whose word is truth, whose precepts "give joy to the heart," and who tells us "whoever is not against us is for us." Like Moses in the first reading, we can ask that the Spirit descend upon us and give us strength.

In today's Gospel, Jesus reminds us that even the smallest things we do matter – actions to help others grow in their faith: "Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward." As the Lord's spirit moves us to be a prophet to others – that is, to perform deeds in his name (mighty or not-so-mighty) – we have the ability to witness the Gospel of Jesus Christ in very real and concrete ways. As St. Teresa of Ávila said: "Accustom yourself continually to make many acts of love, for they enkindle and melt the soul."

Prepare for the sacrament of reconciliation by asking Jesus to help you identify what causes you to sin or drives a wedge between you and others or between you and God. Then participate in this beautiful sacrament and pray for the grace to make changes.

### Parish Donations

***If you need any information on our donation options, please do not hesitate to call or email the parish office.***

***If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.***

#### Ways You can Help Support our Parish

- Parish Envelopes
- Pre-authorized donations from your bank account.
- Credit card donations
- E-transfer [music.finance@procathedral.ca](mailto:music.finance@procathedral.ca)
- Use our "Donate Today" button on our website at [procathedral.ca](http://procathedral.ca)

**Only if it does not cause financial hardship—we appreciate your financial support!**

### REGIONAL NEWS

**All are welcome to join the North Bay Regional CWL Spiritual Reflection "We Honour God's Creation"** Thursday, October 14 at 2:00 pm Virtual Presentation via Zoom The North Bay Regional CWL members will be hosting our monthly time of prayer and fellowship and we would love you to join us as we pray and reflect on the wonder and beauty of God's Creation. Join by visiting this link: <https://us02web.zoom.us/j/82157678181?pwd=WmVTR1ErSUUc2RYdm1FaUVXL29uOT09>

**Mother St. Bride School is looking for a Noon Hour Supervisor.** If you are interested in joining an exciting, motivated team for two hours a day; 10:30-11:30a.m. and/or 12:50-1:50p.m. We are looking for caring people who enjoy working with children to assist with tasks such as supervision, coaching through problem-solving, and ensuring children's safety. At Mother St. Bride School we are rooted in faith and alive in spirit. Please contact Lori Schlueting at 472-1524 to discuss your availability. A vulnerable sector check from your local police station will be required.

**Marriage Preparation Weekend—North Bay:** Hosted at Holy Name of Jesus Church, this regional preparation meeting is open to all couples planning on marrying in the Catholic Church. Held October 22 from 6-9:30 pm and Saturday, October 23, from 9 am-5 pm. To register, please call Samantha at 471-3284.

**St. Mary's Cemetery and Holy Cross Cemetery:** Many items are being placed or planted on gravesites which do not comply with the Cemetery By-laws. Staff will be removing items/plantings after October 15 to align with the Bylaws. Families are asked to remove items that are not part of the permanent grave memorial before October 15<sup>th</sup> as these items may be irretrievable after that time. Families are encouraged to review the By-laws. Contact the Cemetery Office: 495-8986 or [info@nbrcc.ca](mailto:info@nbrcc.ca) for a copy.



#### **The Good Samaritan Corner**

There is no doubt about it, fall is here. And with the change in season, the temperature drops in North Bay. The homeless are desperate no matter the season, however, cold temperatures can be especially difficult. Here is what you can do if you see someone that is homeless in the cold:

- 1) Save a life - call 911;
- 2) Buy something hot to eat or drink;
- 3) Make a handout care package – fruit, granola bars, pre-packaged cookies, pre-packaged cheese and crackers, packaged chocolates, warm socks and gloves, gift cards to a local grocery store, lip balm, a handwritten note with a message of kindness;
- 4) Donate to a charity that supports the homeless such as Low Income People Involvement of Nipissing <https://lipinipissing.com/>. For more information visit <https://www.fredvictor.org/2019/11/11/lets-help-homeless-this-winter/>

**The documentary *Us and Them*** was released in 2016 and took ten years to film. It's about a woman who sets out to help four homeless people, but they end up helping her. To watch the trailer, go to <https://vimeo.com/ondemand/usandthemthedoc>. There are two options to watch the video, rent or buy. Details can be found at [usandthemthefilm.ca](http://usandthemthefilm.ca)

For more information about the Compassionate Committee visit <https://www.facebook.com/compassionatecommitteeofnorthbay/> or contact Leah Pierce at 705-472-5687 or at [pn.thebay@gmail.com](mailto:pn.thebay@gmail.com)