

Seventeenth
Sunday in
Ordinary
Time
25 JULY 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West · North Bay, Ontario · P1B 2Z4

Welcome to Your Father's House!



In today's first reading, Elisha the prophet directs his protesting servant to give his barley loaves to the people to eat. The Lord multiplies this offering and feeds a hundred people, with some left over. Paul urges the Ephesians to live in humility, working to preserve unity. In the Gospel, Jesus feeds five thousand people with five barley loaves and two fish. Today's sign from John's Gospel, the feeding of the five thousand, shows the power of God. The boy gave five loaves and two fish. It was a small amount, but it was all he had. Jesus took the loaves and gave thanks, and God provided food for many. We, too, can benefit from these three steps: Offer what we have. Give thanks. Expect God to act.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR Most Rev. Thomas Dowd, D.D.
Bishop of Sault Ste. Marie

RECTOR Msgr. Dave Tramontini

ASSISTANT Rev. Rex Lumine

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

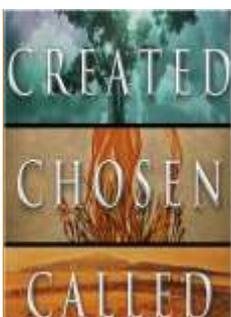
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
 (705) 494-8222
 office@procathedral.ca
 www.procathedral.ca
 [facebook.com/procathedral](https://www.facebook.com/procathedral)

New to the Cathedral?
Please Register so we can get to know you better!
Email: office@procathedral.ca



IS GOD CALLING YOU TO BE A PRIEST?

"Trust in the Lord with all your heart ... He will direct your path."
(Proverbs 3: 5-6)

WWW.BEAPRIEST.CA

Parish Sacraments

Please call or email the parish office if you require more information for the following:



Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

You can also visit our website at procathedral.ca



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday to Wednesday	8:30 AM to 4:30 PM
Thursday & Friday	OFFICE CLOSED

♥ STAY CONNECTED ♥

Not only do we send out the bulletin electronically each week in full colour, we use this means of communication to periodically share current news on a timely basis that affects the Cathedral.

Stay connected by signing up for the bulletin at: procathedral.ca

All we need is your name and a current email!

READINGS: 26 July—01 August

Monday	Sirach 44. 1, 8, 10-15; Matthew 13. 16-17
Tuesday	Exodus 33. 7-11; 34. 4b-9, 28; Mt. 13. 36-43
Wednesday	Exodus 34. 29-35; Matthew 13. 44-46
Thursday	Exodus 40. 16-21, 34-38; John 11. 17-27
Friday	Leviticus 23. 1, 4-11, 15-16, 27, 34b-37; Matthew 13. 54-58
Saturday	Leviticus 25. 1, 8-17; Matthew 14. 1-12
Sunday	Exodus 16. 2-4, 12-15, 31; Ephesians 4. 17, 20-24; John 6. 24-35

Looking for Meaning in Your Life?

Are childhood memories surfacing? Have you made mistakes? Do you need to forgive others? Want your children to have a faith foundation?

Do you hunger for the Eucharist?

The Catholic Church Welcomes You!

Have Questions? Call the Parish Office

Development and Peace Stamp Collection



Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. Please support this initiative by simply cutting off the stamps from your envelopes without damaging perforations.

Save them in baggies/envelopes & drop them into the office mail slot.

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you!



Confirmation Register Soon!

Because of the pandemic, our preparation for Confirmation was delayed until this Fall. You can now check out our registration package under Sacraments/Confirmation at procathedral.ca

Register soon so we can keep in touch with you. Students in Grade 7, 8 or 9 are welcome to register - if you have not received the sacrament of First Reconciliation and Eucharist—call the parish soon!

Miscarriage & Loss

A miscarriage can have deeply felt and long-lasting effects on a woman and a couple. It is heart breaking no matter when it happens during pregnancy.

The parish is making available a Care and Comfort Package to parents who have lost a child through miscarriage in order to help in your time of loss and grief.

If you wish to receive a package, please call or email the parish office. Your information will be held in the strictest confidence.



If you have moved or now use a cell phone number please call or email the parish office so we can change this information on our parish data system

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 26 July - Weekday in Ordinary Time

Pearl Balfe - Marthe Smith

Tuesday, 27 July - Weekday in Ordinary Time

Bertha Yzereef - Catholic Women's League

Wednesday, 28 July - Weekday in Ordinary Time

[Devotion to Our Lady of Perpetual Help](#)

Sheila Flannery - The Family

Madeleine Arbour - Donald and Lorraine Shago

Thursday, 29 July - Feast of St. Mary Magdalene

Deceased Parents of Katherine and Lloyd Voisin - Katherine Voisin

Friday, 30 July - Weekday in Ordinary Time

Phyllis Arseneault - Andrée Cornish

4:00 PM Saturday, 31 July - 18th Sunday in Ordinary Time

Roy Swanson - George and Carol Valin

Henry Gauthier - Kathleen and Family

Sunday, 01 August - Eighteenth Sunday in Ordinary Time

9:00 AM Leonardo Miscio - Jackie Winsatt

Lloyd Voisin - Katherine Voisin

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Note: Only weekday masses are announced verbally.

REGIONAL NEWS

North Bay Right to Life works to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life both in the Christian Community and among the general public.

North Bay Pregnancy Help & Resource Centre:

Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs.

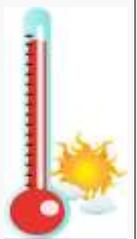
The Gathering Place - 1181 Cassells 474-7687

Do you have old coffee trays taking up room in your home? An abundance of one-time use plastic bags? The Gathering Place is looking for coffee trays and plastic bags. Please drop them off during regular hours Monday to Friday from 8:30 a.m. to 3 p.m. Do you have a hidden talent?

Perhaps you can cook, drive, garden, are a handyperson? Give an hour, give a day ... make a difference!

The homeless are especially impacted by extreme temperatures.

During heat waves like those we recently experienced, the homeless struggled with heat exhaustion and dehydration. Please consider donating bottles of water, and liquids with electrolytes to frontline organizations like the North Bay Food Bank and H.O.P.E.'s Heroes.



Did you know that the Salvation Army offers the Pathway of Hope (POH) program?

According to the pamphlet, the POH is an initiative that provides intensive care to individuals and families who have a desire to change their life trajectory. The Salvation Army POH team will walk alongside the individual on their journey, developing a personalized action plan, chart progress on a regular basis that will show the successes, passing the six-month mile marker will encourage the individual to decide what's next on their journey. Then the final stage is looking ahead, celebrating successes, adjusting future goals and encouraging others. For more information visit: <https://salvationist.ca/community-engagement/pathway-of-hope/introduction/> and watch short videos on YouTube at: <https://youtu.be/cUxPHfBLSFQ> and <https://youtu.be/cUxPHfBLSFQ>