

Sixteenth
Sunday in
Ordinary
Time
18 JULY 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West · North Bay, Ontario · P1B 2Z4

Welcome to Your Father's House!



In the first reading, the Lord holds past leaders accountable for the scattering of God's people. Jeremiah prophesies the return from exile and restoration of a noble king. Paul shares the good news that through Christ Jesus, all people are reconciled to God and *have access in one Spirit to the Father*. In the Gospel, Jesus and the Apostles seek to get away from the crowds and rest, but they cannot. Jesus' heart is *moved with pity for them, for they were like sheep without a shepherd*. Today's readings highlight the glory of Christ's ministry, which was foretold by the prophets and inclusive of all people. The crowds followed Jesus, seeking his teaching and his healing. We, too, are members of this body whom he shepherds; we are taught, fed, and healed. How can we pass on this joyful message of comfort to those around us?

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR Most Rev. Thomas Dowd, D.D.
Bishop of Sault Ste. Marie

RECTOR Msgr. Dave Tramontini
ASSISTANT Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
 (705) 494-8222
 office@procathedral.ca
 www.procathedral.ca
 facebook.com/procathedral

Parish Sacraments

Please call or email the parish office if you require more information for the following:



Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

You can also visit our website at procathedral.ca



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday	OFFICE CLOSED
Tuesday & Wednesday	8:30 AM to 12:00 NOON
Thursday & Friday	OFFICE CLOSED

Come back to the Catholic Church
We will Welcome You! Have Questions?
Call us at 705-472-3970

READINGS: 19 ~ 25 JULY

Monday	Exodus 14. 5-18; Matthew 12. 38-42
Tuesday	Exodus 14. 21—15. 1, 20-21; Mt. 12. 46, 48-50
Wednesday	Exodus 16. 1-5, 9-15; Matthew 13. 1-9
Thursday	Song of Songs 3. 1-4a; John 20. 1, 11-18
Friday	Exodus 20. 1-17; Matthew 13. 18-23
Saturday	Exodus 24. 3-8; Matthew 13. 24-30
Sunday	2 Kings 4. 42-44; Ephesians 4. 1-6; John 6. 1-15



New to the Cathedral?

Please Register so we can get to know you better!
Email: office@procathedral.ca

Prayer Request



The Pro-Cathedral Prayer Line consists of a group of parishioners who pray for the needs of others.

Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613



IS GOD CALLING YOU TO BE A PRIEST?

"Trust in the Lord with all your heart ... He will direct your path."
(Proverbs 3: 5-6)

WWW.BEAPRIEST.CA

Catholic Women's League

CWL Life Member turns 90!

Connie Zimbalatte was surrounded by family celebrating her 90th year. Although no longer in North Bay, Connie is still an avid member of the Pro-Cathedral CWL, and along with turning 90 this year, Connie also celebrates 68 years as a sister in the league.



**DID YOU GET YOUR
CWL MEMBERSHIP
THIS YEAR YET?
IT'S NOT TOO LATE!**



For more information, call Brenda Passmore, Membership Chair at 474-0447.

Development and Peace Stamp Collection

Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. Please support this initiative by simply cutting off the stamps from your envelopes without damaging perforations.



Save them in baggies/envelopes & drop them into the office mail slot.

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you!

Food Bank Collection THIS WEEK



Please help us stock up our pantry at our Catholic Charities Food Bank located in the Rectory Basement of the Pro-Cathedral! We can accept donations at the parish office on Tuesday and Wednesday morning.

Catholic Charities is in need of snacks, drinking boxes, granola bars, non-perishable food items, peanut butter, jam, canned meat, tuna, salmon, spaghetti sauce, powdered milk, rice, pasta, beans, vegetables, beans, cooking oils, etc.

If you have moved or now use a cell phone number please call or email the parish office so we can change this information on our parish data system

Collection Report: 27 June & 04 July

Sunday Offering	Building Fund
\$6,408.75	\$11,031.00

JUNE Pre-Authorized Banking Donations

Sunday Offering	Building Fund
\$6,967.00	\$2,112.00

Brick Fundraiser: \$2,256.00

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 19 July - Weekday in Ordinary Time

Louise Lugli - Marthe Smith
Tamara Holowchak - Ray and Marlene Walter

Tuesday, 20 July - Weekday in Ordinary Time

Paulette Perry - Clifford and Margaret Riopelle
Len Miscio - Paul and Mary Lou Smith

Wednesday, 21 July - Weekday in Ordinary Time

Devotion to Our Lady of Perpetual Help

Lloyd Voisin - Katherine Voisin
Armand Schiavo - Arthur and Lucille Schiavo

Thursday, 22 July - Feast of St. Mary Magdalene

Walter Blahey - Dino and Jean Dottori
Georgiana Levesque - Richard Levesque

Friday, 23 July - Weekday in Ordinary Time

Msgr. Norm Clement - Friends
Milan Hlusek - Emilia and Michelle

4:00 PM Saturday, 24 July - 17th Sunday in Ordinary Time

Living and Deceased Members - Catholic Women's League
Sharlene Chassie - Myrtle Veraldi
Colleen McGuinty - Bonnie Parslow

Sunday, 25 July - Eighteenth Sunday in Ordinary Time

9:00 AM Jim Seguin - Nipissing-Parry Sound Catholic

District School Board

In Memory of the Donors and those Remembered in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

REGIONAL NEWS

Catechesis of the Good Shepherd A formation experience for adults working with the 3-6 year old child in a parish or school setting: **Level 1 Formation Course** will be held at **St. Alexander Parish Chelmsford Part A** August 15-20 from 9am-5pm. **Register by July 19. Registration form posted on Pro-Cathedral Website at procathedral.ca View under Ministries/Children & Youth** Contact Erin Tayler for more information at betayler@fibreop.ca C: 705-840-8509. H: 705-476-8509. CGS is a Christian religious formation for children starting at the age of 3. It seeks to nurture the children's relationship with God in a sacred space called an atrium; a place fashioned after a Montessori educational environment that includes hands-on materials, in which both the children and their catechists can listen, ponder and celebrate the most profound mysteries of the Christian faith as revealed in scripture and liturgy.



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs.

Nipissing Transition House, 547 John St, 476-2429 accepts pyjamas. For more information visit <https://nipissingtransitionhouse.com/>

Rebuilt Resources, 1356 Regina St, 497-7878 accepts vouchers to help the homeless transition from life in a shelter to a life of independence. Please donate your gently used items! For more information visit <https://rebuiltresources.com/>

Hope Awaits Ministries, 390 1st Ave E, 494-5465 offers apartment start up kits for men leaving the shelter and transitioning to a life of independence. They also have a Free Store offering men's clothing. For instance, men who go to a job interview need suits. Please donate your gently used items! For more information visit <https://www.hopeawaitsministries.com/>

Compassionate Committee **Backpacks of Love** is working towards donating 200 backpacks filled with essential items for our brothers and sisters who were homeless. The New Apostolic Church at 46 Joseph Street will be accepting drop-offs on: Saturday, July 24 from 1 to 3 p.m. For more information please visit: <https://www.facebook.com/compassionatecommitteeofnorthbay>

The following items are especially needed: silver emergency blankets Tarps, mini first aid kits, men's socks - light and heavy reusable water bottles, sunscreen, Deodorant, brushes/combs, rain ponchos, lip balm, mini flashlights with batteries, wipes, drawstring bags, feminine hygiene products.

YOU CAN ALSO DROP THEM OFF AT MASS THIS WEEKEND!