

Solemnity of
the Body &
Blood of
Christ
06 JUNE 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



In the first reading, Moses uses the blood of young bulls to seal the covenant between God and the Israelites. In the Letter to the Hebrews, the author explains that Christ is the high priest, and the new mediator of the covenant. In the Gospel, Jesus blesses the bread and wine at the Passover meal and instructs his disciples to receive them, as his body and blood of the new covenant. Since the beginning of time, God has loved and delighted in the people he created to share fully in his love. Despite their repeated rejection and betrayal of him, God's love for his people never ended. In Jesus, and the giving of his body and blood, God offers us the way to become one with him and know his love completely.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Parish Sacraments



Due to the coronavirus and the provincial reopening strategy, new directives are in place for the preparation and celebration of our sacraments.

Please call the parish office if you require more information for the following:

Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.

PASTOR Most Rev. Thomas Dowd, D.D.
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

Due to the Provincial Reopening Strategy, the parish office is closed until further notice.
Please call or email the parish office to contact us and we will return messages in a timely manner.
Sign up to receive our parish bulletin at procathedral.ca which will also allow us to send you

SCRIPTURE READINGS 07— 13 JUNE 2021



Monday	2 Corinthians 1. 1-7; Matthew 5. 1-12
Tuesday	2 Corinthians 1. 18-22; Matthew 5. 13-16
Wednesday	2 Corinthians 3. 4-11; Matthew 5. 17-19
Thursday	2 Cor. 3. 15—4.1, 3-6; Matthew 5. 20-26
Friday	Hosea 11. 1-4, 8ac-9; Ephesians 3. 8-12, 14-19; John 19. 31-37
Saturday	Isaiah 61. 9-11; Luke 2. 41-51
Sunday	Ezekiel 17. 22-24; 2 Corinthians 5. 6-10; Mark 4. 26-34

 Pope Francis Tweet: "The Holy Spirit impels us to love not only those who love us and think as we do, but to love everyone, even as Jesus taught us. He enables us to forgive our enemies and the wrongs we have endured. He inspires us to be active and creative in love."

Watch our live-stream, Saturday 4:00 PM Mass
View the mass on our website at: procathedral.ca

A dispensation from attending mass is still in place.
Pope Francis invites us to make a Spiritual Communion — that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion
Posted on Our Website under LINKS at procathedral.ca

We will re-schedule all masses
once we are again open to celebrate mass.
Thank you for your patience.

Catholic Women's League

Eleven members of the Pro-Cathedral of the Assumption CWL took part in 12-Hours of Prayer for Palliative Care.



In all, the Pro-Cathedral of the Assumption CWL surpassed the 12-hour annual initiative for palliative care by praying for 13 hours. Way to go ladies! As well, two letters were sent by Louise Defonzo, Corresponding Secretary, one to the Near North Palliative Care Network, and the second to the Nipissing Serenity Hospice explaining our efforts for the 12-Hours of Prayer for Palliative Care. A Thank You card was received from the Nipissing Serenity Hospice Volunteer Coordinator:

"Ladies of the Catholic Women's League,

Sincere thanks for your recognition of National Hospice Palliative Care Week and the "12 Hours of Prayer for Palliative Care."

Our residents, families & caregivers are very appreciative.

Sincerely,

Lindsey Jones



We also heard from the Near North Palliative Care Network Executive Director:

"May God bless you always in all your causes and needs! I joined you in prayers on May 8. For the cause of palliative care and those hit by Covid-19. Please keep Near North Palliative Care Network in your prayers. I will keep you in mine.

Your kindness is greatly appreciated.

Sincerely,

Monica do Coutto Monni, NNPCN Executive Director

MARRIAGE BANNS



There is a promise of marriage between:

Travis Michael Mathias Neil Snider, son of Herbie Snider & Wendy Aultman and Elisa Ann Catherine Barlow, daughter of Anthony K. Barlow and Corina Roggeveen. ♥

Development and Peace Stamp Collection



Don't forget that your stamps affixed to the right corner of your envelopes can help fund Development and Peace projects as they sell them to stamp collectors. Please support this initiative by simply cutting off the stamps from your envelopes without damaging perforations.

Save them in baggies/envelopes & drop them into the office mail slot.

Our D & P Coordinator, Lorraine Atchison, will make sure they are sent to the Stamp Project. Thank you!

Parish Donations 2021

If you need any information on our donation options, please do not hesitate to call or email the parish office - we are still checking in to make sure we can connect with everyone!

If you are currently not contributing financially we ask that you prayerfully consider making a financial commitment to the parish.

Ways You can Help Support our Parish

- 2021 Parish Envelopes
- Pre-authorized donations from your bank account.
- Credit card donations
- E-transfer music.finance@procathedral.ca
- Use our "Donate Today" button on our website at procathedral.ca

Have you thought about changing to pre-authorized donations through your bank or credit card? It's a safe and reliable way of supporting the Cathedral while allowing us to better budget!

If you are already donating through pre-authorized bank account or credit card donations your deductions will continue the same into 2021 unless you would like to revise the amounts deducted. Contact the parish office if you would like to revise your contribution amounts. If you donate through automatic withdrawals, you do not need to take parish envelopes.

Only if it does not cause hardship to you, we are grateful for your continued support.

Confirmation Update

Dear Candidates for Confirmation, Parents & Families:

First, we would like to thank you for your patience as we have had to postpone our Confirmation program for the better part of this year. We know that many of you were looking forward to this special celebration, as we were as well.

With the recent announcement from the province regarding a three-stage reopening plan, churches will not be able to open until the province moves to Stage Two, which may not occur until the summer months.

With that announcement being made, we have made the difficult decision to postpone our Confirmation program until the Fall of 2021.



Please note that you will **not** need to register again, and we will communicate with you our new dates and times for our preparation sessions, and the new date for the actual celebration of the Sacrament when we know more information about the current situation.

Thank you for your continued patience and understanding. May God bless you and your families during this time.

Students in Grade 7, 8 or 9 are still invited to register now to begin preparation when our sessions resume. If you have not already registered, please do so now so we can be in touch with you in the Fall. Thank you!

Preparation is completed as a region. Registration for all candidates no matter what church you attend is available at: www.holynametalphonsus.com/confirmation

Pray the Rosary With Us **LIVE** Virtually!

While we may not be able to gather in person, we can continue this beautiful prayer and be present with one another in this **VIRTUAL LIVE EVENT**.

**Weekday LIVE Virtual Rosary
Monday to Friday at 11:30 AM**

Please join from your computer, tablet or smartphone at this link:

<https://www.gotomeet.me/ProCathedral/rosarygroup>

You can also dial in using your phone.
Canada: [+1 \(647\) 497-9391](tel:+16474979391)

Access Code: 522-660-557

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

<https://global.gotomeeting.com/install/522660557>



PRO-CATHEDRAL GLORY GARDENS

Thank you to our busy parish gardeners who have been working so hard to maintain our gardens. We also have the help of some of the Heritage Gardeners and we thank them for their assistance!



Solemnity of the Body & Blood of Christ

It takes only a few moments of holding one's breath to realize how desperately we need oxygen to survive. If only we were always as cognizant and mindful of the importance of the Eucharist for the same reason! Today's solemnity is a powerful reminder not to take the Eucharist for granted. It is the Church's formal and official homage to Jesus Christ who, "with his own blood" obtained for us eternal redemption. St. Thomas



Aquinas offers this description of how wonderful, precious, and important the Eucharist is with the following words: "The only-begotten Son of God, wishing to enable us to share in his divinity, assumed our nature, so that by becoming man he might make us gods." (Opusc. 57, 1-4) Like the disciples on the night of the Last Supper, we, too, receive the body and blood of Jesus under the appearance of bread and wine. He dwells within us, intercedes for us, and through grace he transforms us.

Spending time with our Lord at Eucharistic adoration is a profound opportunity to open our hearts to him. Just as we know that we cannot love others well if we don't love ourselves, likewise we cannot share the love of Christ with others well if we don't take time to allow Christ to enter our hearts and our lives. By taking the time to talk to Jesus and listen, we can, in turn, witness to his love to others. We can use this time to pray for a specific person, seek help with a personal dilemma, or ask the Lord to show us where we need repentance and conversion in our own lives so as to be more like him. The more we are conformed to Christ, the better we can bring Christ to the world.

Draw closer to the Lord through meditation on the meaning of the Eucharist by reading the "basic questions and answers" about the Real Presence under LINKS on our website at procathedral.ca

Do you know someone who would appreciate a companionship call? A conversation? A "hello, we are thinking of you" phone call?



Call or email the parish office to give us the name and contact information for anyone you think would appreciate this contact. We want to lessen feelings of loneliness by reaching out to those who are isolated during this pandemic.

Catechesis of the Good Shepherd



The Viji Family

With limited access to the atrium, we celebrated Mother's Day 2021 with a blessing from Msgr. Dave in our parish parking lot. With Covid restrictions in place we were allowed a Drive-By-Blessing.

Children received their folders with a special treat as well as a family celebration for Pentecost for home use.



The McIntyre Family



The Yarosh Family



To the right:

The Long Family sent us a picture to share with our atrium families and friends.

Together, they participate in a Family Pentecost Celebration at home.

Simply beautiful!



The Long Family

Catechesis of the Good Shepherd Atrium

A Christian formation for children ages 3 through 12 and based on the teaching methods of Maria Montessori and on the understanding that there is a deep bond between God and each child. The Atrium is a place where children grow in the knowledge of Jesus and his love and are provided hands-on materials encouraging them to explore and deepen their experience with this love at their own pace.

Find out more about the Atrium by watching our video posted on our website under Ministries—Children & Youth. You can also contact Catechist, Erin Tayler 840-8509 or betayler@fibreop.ca for more information.

REGIONAL NEWS



North Bay Right to Life works to deepen respect for human life and heighten public opposition to abortion and euthanasia and other threats against human life both in the Christian Community and among the general public. **We are EAGERLY looking for volunteers for our board of directors! If you can help us out, please call Ken Hastie at 840-8434.**

North Bay Pregnancy Help & Resource Centre: Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs. If you can donate your time, please consider:

Salvation Army – North Bay

134 McIntyre Street East, 705-474-7859

Donations for their food cupboard are needed: Items such as diapers, formula, personal hygiene items, perishable and non-perishable foods are all appreciated.

Did you know that the North Bay Salvation Army runs a Food Bank and Gospel Fellowship Café?

The **Food Bank** is open Tuesday, Wednesday, and Fridays from 10:00 am until noon, and from 12:30 to 2:00 pm. The Gospel Fellowship Café provides a free dinner every Sunday at 6 pm, except the first Sunday of the month.

See how you can help and read more on the Pro-Cathedral website procathedral.ca under OUT-REACH

EMPLOYMENT OPPORTUNITY - PARISH SECRETARY

The Catholic Parish of Holy Name of Jesus, North Bay & St. Alphonsus Liguori, Callander is welcoming applications for the position of Parish Secretary. Duties include, but are not limited to, secretarial and receptionist services for the community, parish ministries, committees/groups/programs as required, to maintain accurate confidential records of parishioners, order supplies, some daily, weekly, monthly and annual accounting duties, record weekly envelope contributions and issue income tax receipts at year end. Training will be provided. Employment is based on a one year renewable contract. Interested applicants are asked to submit a cover letter and resume **by June 25, 2021 by email** (holynamestalphonsus@ssmd.ca).

Salary commensurate with experience. The successful applicant will be required to provide references, a police records check and comply with the requirements of the Diocesan Screening Initiative. The parish office is located at 895 Memorial Drive, North Bay. For more information, please call 705-495-1501 or see a more detailed job description at: www.holynamestalphonsus.com.