

Third Sunday in Ordinary Time
18 April 2021

Pro-Cathedral of the Assumption

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4



Christ forgives our sins.

Welcome to Your Father's House!

Peter tells the people that they have put to death God's servant, Jesus, and exhorts them, *Repent, therefore, and be converted, that your sins may be wiped away.* John writes to his community in the hope that they do not sin, but if they should, he tells them they have an Advocate in Christ. In the Gospel, while the two disciples recount to the others their experience with Jesus *on the way*, the risen Christ appears to all of them, with a greeting of peace. He shows them his body, and eats in front of them, in order to help them *understand the Scriptures* and what they had witnessed. In breaking open the Scriptures for the disciples, Jesus dispels their greatest fears and doubts and gently brings them into the fullness of true peace. Because of this they now have the courage to proclaim him before the world – to become his witnesses. Courage and peace are the hallmarks of the believer, and are the gifts necessary to face the challenges of this world.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

Parish Sacraments

Due to the coronavirus new directives are in place for the preparation and celebration of our sacraments. Please call the parish office if you require more information for: Marriage, Baptism, Reconciliation, Eucharist, and Anointing of the Sick.



Reconciliation: Saturdays from 3:00 PM to 3:45 PM. Cathedral is open just before 3:00 PM.

PASTOR Most Rev. Thomas Dowd, D.D.
Bishop of Sault Ste. Marie

RECTOR Msgr. Dave Tramontini
ASSISTANT Rev. Rex Lumine

PERMANENT MINISTERS

Deacons
Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women
Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake. The cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



(705) 472-3970
(705) 494-8222
office@procathedral.ca
www.procathedral.ca
facebook.com/procathedral

The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



Due to the Provincial Shutdown, the parish office is closed until further notice. Please call or email the parish office to contact us and we will return messages in a timely manner. Sign up to receive our parish bulletin at procathedral.ca which will also allow us to send you important information and updates.

SCRIPTURE READINGS 19 - 25 APRIL 2021

Monday	Acts 6. 8-15; John 6. 22-29
Tuesday	Acts 7. 51—8.1a; John 6. 30-35
Wednesday	Acts 8. 1b-8; John 6. 35-40
Thursday	Acts 8. 26-40; John 6. 44-51
Friday	Acts 9. 1-20; John 6. 52-59
Saturday	Acts 9. 31-42; John 6. 53, 60-69
Sunday	Acts 4. 7-12; 1 John 3. 1-2; John 10. 11-18



Attend Mass in Person or View Live-Streamed

The provincial regulation for religious celebrations is to seat at 15% capacity. *Because we have already been seating at this capacity, there are no changes to our celebrations at the Pro-Cathedral.*

We will also continue to live-stream our Saturday, 4:00 PM mass for those who do not feel comfortable attending at this time. You can view the mass on our website at: procathedral.ca

A dispensation from attending mass is still in place. Pope Francis invites us to make a Spiritual Communion — that is to invite Christ in to our hearts, and ask that Christ come close to us, and that we come close to Christ.

You can join Pope Francis for Spiritual Communion Posted on Our Website under LINKS at procathedral.ca

Third Sunday of Easter

In each of our lifetimes, we can look back to a time when we witnessed history. Depending on our generation, it's likely we remember exactly what we were doing the day JFK was assassinated, on 9/11 or, more recently, when our school or workplace shut down because of the coronavirus pandemic. Even these far-reaching events pale in comparison to what the disciples witnessed when the risen Christ appeared to them. Assuring them he was not a ghost, Jesus "opened their minds to understand the Scriptures," and reminded them that they were witnesses to a different kind of history — salvation history: "Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name." Let us pray that we, too, may have our minds open to the eyewitness accounts in Scripture and our hearts open to repentance, so that "[our] sins may be wiped away."

When the disciples realized Jesus really was in the room, they were "incredulous for joy" and "amazed." After this encounter with Jesus, they could not help but share the Good News. Just as the disciples in the early Church testified to Christ's resurrection, today's readings challenge us to share the Good News in a similar way. For many Catholics, this isn't at the top of our skill-set. However, in a 2019 gathering on the New Evangelization, Pope Francis reminded us not to fret over finding the right words. "The joy of the Gospel comes from the encounter with Jesus," he says. "When we meet the Lord, we are inundated by that love of which he alone is capable." This love transforms our whole life, and "the need to announce it arises spontaneously, it becomes irrepressible." The pope's words challenge us first to deepen our relationship with Jesus, then to allow it to transform us, and finally to share Christ's love through our words and actions.

All Catholics have been called to proclaim the Gospel and evangelization is at the heart of the mission of the Church.

- Evangelists encounter people in the messiness of their lives.
- Evangelists listen and offer friendship.
- Evangelists are respectful and gentle.

View "**Taking the First Step: Keys to Sharing Faith Person-to-Person**" at our website under **LINKS** to see how you can bring Christ to others.



MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 19 April - Weekday in the Easter Season

Georgiana Levesque - Elizabeth and Art Appleton
Cameron MacIntyre - Teresa Daoust and Marcella Christiansen
and Families

Tuesday, 20 April - Weekday in the Easter Season

Deceased Parents of Katherine and Lloyd Voisin - Katherine Voisin
Walter Blahey - Tammy Chassé

Wednesday, 21 April - Weekday in the Easter Season

Devotion to Our Lady of Perpetual Help

Arthur Thomas - Jeannine Guillemette
Living and Deceased Members - Catholic Women's League
Sam Domanico - Rod and Rolande Gauthier

Thursday, 22 April - Weekday in the Easter Season

Mary Thomas - Andréé Cornish
Hector Ricci - Al and Shirley Falconi

Friday, 23 April - Weekday in the Easter Season

Gino Tedesco - Maria Gosselin and Family
Angie Duquette - Joe and Louise Defonzo

4:00 PM Saturday, 24 April - Fourth Sunday of Easter

Giuseppe Pavone - Paul and Mary Lou Smith
Msgr. Norm Clement - Henriette and Simone Potvin
Georgiana Levesque - June Leduc

Sunday, 25 April - Fourth Sunday of Easter

9:00 AM Jennifer Armstrong - Ray Laplante
Intention of the Donors and those Remembered
in the Pro-Cathedral Memorial Fund

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

Confirmation Register Soon!

Because of the pandemic, our preparation for Confirmation has been delayed, however, we would like you to register soon so we can keep in touch with you with further updates.

Students in Grade 7, 8 or 9 can register online at:
www.holynametalphonsus.com/confirmation

Is God calling you to be a priest?

"Trust in the Lord with all your heart... He will direct your path."
(Proverbs 3:5-6)

www.beapriest.ca

Catholic Women's League



Here we are again another Provincial Lockdown! Our Third one since March of 2020. We have just come through a period of darkness and sadness with the passion of our Lord, but He brought us into the brightness of life with His resurrection, and we said Alleluia, Alleluia! I don't know about you, but it is very difficult to be joyful being shut-in again. Don't get me wrong, spiritually I am not losing my faith (well If I were honest maybe a little with some of mankind, especially those who believe Covid-19 is a hoax). But I find it very difficult to be shut away from family, friends and activities. I know I am not alone in this! I struggle without the human contact and I am honestly very tired of virtual meetings...I want to meet in person and get a hug, and have different conversations with everyone. We are such a social being that lockdowns do take it's toll on us.



Well, what do we do about it? Christ brought us into the light Easter Sunday morning. Let's use that joy to be positive. Enjoy the beauty of spring, even the rain as it brings us beautiful blooms. I am challenging everyone to start a gratitude journal. Some may already do this,

but make it a habit to continue. First thing in the morning when you awake, say THANK YOU! Start a journal and each day make entries of what you are thankful for. List as many things as possible. I bet you will find different things each day!

Do you like hobbies, perhaps there are projects waiting to be completed! UFO's, I call them (unfinished objects) or start a new hobby! Sewing, knitting, painting! Surprise yourself with your hidden talents! Someone has said "We can't always choose the music life plays, but we choose how we dance to it! Let's dance happily!

Blessings,
Shirlene

Annual General Meeting Updates

⇒ We have been announcing an AGM for our Parish CWL and this week I **would have** posted the invitation link to join us. I really regret that we have to postpone this meeting to a later date to be announced. The policies around conducting virtual meetings for non-profit groups (CWL) state that at least three members must be in the same physical location. Unfortunately, the lockdown regulations prevent this from happening. I truly regret this but it is out of our control.

⇒ As well, the virtual **Diocesan AGM/ Convention** that was to take place has also been cancelled.



We will keep you up-to-date on any changes that may occur in the future.

† MEMORIAL FUND †

The following names have been received at the request of donors in memory of our deceased friends and relatives:

GEORGIANA LEVESQUE
MILDRED PUDDISTER

LOST & FOUND

Have you lost a set of keys with a company electronic tag? Are you looking for the remote control for your hearing aids?

Call the parish office to identify and we can get these back to you.

We are also looking for a pair of men's prescription eyeglasses with a brown metal frame that were picked up from the Sacristy on Palm Sunday Weekend. If found, please call 474-7561 or the parish office.

March Pre-Authorized Banking Donations

<u>Sunday Offering</u>	<u>Building Fund</u>
\$6,872.00	\$2,387.00

March Credit Card Donations

<u>Sunday Offering</u>	<u>Building Fund</u>
\$5,117.92	\$1,066.00

Weekly Collection Report EASTER WEEKEND & 04 APRIL COLLECTIONS

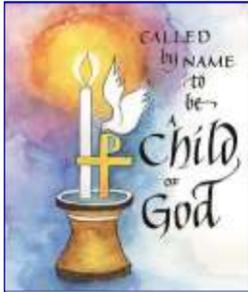
<u>Sunday Collection</u>	<u>Building Fund</u>
\$5,714.00	\$2,027.00

<u>Holy Land Collection</u>	<u>Flower Collection</u>
\$835.00	\$785.00

<u>Share Lent</u>	<u>Easter Collection</u>
\$5,240.00	\$6,276.00



Thank you all of our Pro-Cathedral parishioners and Easter visitors for their generosity!



Congratulations to our families who celebrated the baptism of their children last Sunday!

Matthew and Gillian Fagan on the baptism of their son [William Matthew Fagan](#)

&

Lane and Drew MacDermid on the baptism of their son [Miller Guy MacDermid](#).

May your lives be filled with love and peace and may God bless and protect your child!

REGIONAL NEWS

The Right to Life Annual meeting will be held via Zoom on Monday May 3rd at 7:00PM. An agenda and Zoom invite will be sent out a week prior to the event so stay tuned for the link!

Marriage Preparation Course being offered May 14 & 15. Couples should contact Samantha Briggs at 705-471-3284 as soon as possible to register.

North Bay Pregnancy Help & Resource Centre:  Appointments can be made to see clients/visitors by calling 475-9270. Along with guidance and support, did you know that we provide layettes to new moms and also have a baby clothes closet? Donations of diapers, wipes, baby wash, etc. & much more are appreciated. Please call to see what our requirements are. Looking for volunteers for different roles as well! Please call if you can help. If you would like to be part of our prayer ministry, email judyproulx@icloud.com



The Good Samaritan Corner: The Compassionate Committee for the Homeless in North Bay recognize that the homeless have urgent needs. If you can donate your time, please consider:

Indigenous Friendship Centre
980 Cassells Street (705-472-2811)

Suswin Navigator Support Program: Clothing needed - hats, mitts, hand warmers, foot warmers
Food needed - granola bars, juice boxes
Personal hygiene items needed: Feminine hygiene products, all types.

The Indigenous Friendship Centre's Suswin Village Project is the result of the Suswin Navigator Support Program. The program was launched in 2017 designed to help homeless Indigenous community members navigate supports and services. In the first three years, the Suswin Navigators have a 63% success rate in finding homes for Indigenous community members.

See how you can help and read more on the Pro-Cathedral website procathedral.ca under OUT-REACH

Prayer of Brokenness/Confession

Dear God, we confess that we lose faith. We become comfortable with the things wrong in this world. We become content with systemic sin when it benefits us. We accept that there are things we cannot change without striving for justice. Forgive us. Call us back into right-living: to remember the commandments, to work for justice in loving-kindness, and to love our neighbors as ourselves. Remind us that Your way of life is not simply a ticket to heaven but a transformation of our very selves. Forgive us of our sins, and love us into Your way. In the name of Jesus we pray.
Amen.



Be Centered, Be Safe

Social-distancing protocols are in place and you can still attend mass in person.

You will be required to be seated in the middle of each pew — please follow the direction of the ushers.

If required, overflow attendance for our celebrations will still take place in the parish hall where a simultaneous celebration will take place.

Your understanding and cooperation is greatly appreciated as we all work together to keep each other safe.

One of the most important directions to follow on our return to the Cathedral is that **it is very important that you sit in the pew you are directed to and do not move once seated to another location.** Moving locations cross-contaminates and does not allow time for proper sanitization.

Reminders:

- * A dispensation from the Sunday and Holy Day obligation to participate in the Mass remains in place for all Catholics.
- * Anyone who is in an at-risk health group or does not feel comfortable attending a public gathering should stay home. Even with the best health practices and increased efforts to clean the Church, there is a risk of infection anytime a person enters a public space.
- * Anyone who is sick or has recently been exposed to the coronavirus should refrain from attending a public Mass as it is an act of charity to safeguard the health of others.
- * Attendance at Masses is still restricted to ensure proper social distancing. **If required**, we will celebrate a second mass simultaneously each weekend in the parish hall.
- * We are mandated to wear masks by the Ontario Medical Office of Health and the Assembly of Catholic Bishops of Ontario. We ask that you **please bring and wear your mask before entering the Cathedral.**
- * Follow all directions from our ushers so social distancing can be maintained.