

## Autumn, A Time for Reflection and Balance

We reflect that autumn with its equal day and night creates a perfect balance, that perhaps it is a time to look within - to find our light in the darkness - to examine the light and dark aspects in the issues of justice, balance and harmony.

### Join us at the Pro-Cathedral for a Special Autumn Gathering

(Prayer, Reflection, Time for Sharing & Social)

Friday, 28 September, 2018 ~ 1:30 in the Lower Sacristy

**All Are Welcome**

**“Let us Go and Be! Let us Go and Do!”**

Looking for Meaning in Your Life?

Are childhood memories surfacing?

Have you made mistakes?

Do you need to forgive others?

Do you need to be healed?

Looking for fullness of truth and grace?

Want your children to have a faith foundation?

Looking to be part of a community?

Want to help other people?

Do you hunger for the Eucharist?



**Come back to the Catholic Church**

**We will Welcome You!**

Have Questions?

Call us at 472-3970

Email us at [cathedral@bellnet.ca](mailto:cathedral@bellnet.ca)



### Good Shepherd Atrium

**Now accepting registrations for this fall.**

Located at the Pro-Cathedral Church, the atrium for the Catechesis of the Good Shepherd program provides a special place for children 3 to 5 years old to follow the church calendar, come to know Jesus, through parables, songs, art work, geography and more. All materials are faithful to the beliefs and practices of the Catholic Faith.

Our Regional Catholic Atrium is located at the Pro-Cathedral of the Assumption Parish in the lower sacristy.

Call Erin at 476-8509 for more information.



### Something to Think About!

#### Funeral Luncheon Volunteers Needed

Ever thought about being a member of our funeral lunch team? There are a million small jobs that need doing by both men and women to support our parish families in their time of grief. Call Maudena at 495-2532 if you can help out in this fulfilling ministry!

### COLLECTION - 16 SEPTEMBER

Sunday Offering

**\$4,970.45**

Building Fund

**\$946.50**

## Food Bank Sunday ~ Next Weekend

**Our next Food Bank Collection will be held NEXT WEEKEND!**

**Please be generous in helping to stock our shelves for our neighbours in need!**

