



PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West North Bay, ON P1B 2Z4

Welcome to Your Father's House!

In the first reading, Moses calls on God's people to witness God's blessings and presence in their midst by keeping his laws and commandments. In the second reading, James asks God's people to follow the Word of God and not the ways of the world. In the Gospel, Jesus warns the Pharisees, scribes and the crowd not to simply observe human tradition and rituals. Rather, they need to look into their hearts and clean out evil thoughts. Today, we think about the best way to live out God's commandments, passed on to us through Moses, by witnessing God's blessings and presence in our midst. We can go beyond our human traditions and rituals by washing our hearts and getting rid of evil thoughts and desires. We practice it by caring for all who are vulnerable and in need.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR Most Rev. Marcel Damphousse, D. D.
Bishop of Sault Ste. Marie

RECTOR Msgr. Dave Tramontini
ASSISTANT Rev. Rex Lumine

PASTORAL INTERN
Mr. Chadwick Franklin, Seminarian St. Peter's London, ON

IN RESIDENCE
Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools

PERMANENT MINISTERS

Deacons	Diocesan Order of Women
Rev. Mr. Albert Falconi	Mrs. Shirley Falconi
Rev. Mr. Donald Shago	Mrs. Norma Milligan
Rev. Mr. Rick Hamelin	Miss Ruth Godon
Rev. Mr. Gary Westenenk	



- (705) 472-3970
- (705) 494-8222
- cathedral@bellnet.ca
- procathedral.ca
- facebook.com/procathedral

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

Parish Liturgies



Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is wheel chair accessible. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A Hearing Aid System is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



OFFICE HOURS THIS WEEK

Monday	OFFICE CLOSED
Tuesday to Friday	8:30 AM to 4:30 PM

Readings: 03 — 09 September

Monday	1 Corinthians 2. 1-5; Luke 4. 16-30
Tuesday	1 Corinthians 2. 10b-16; Luke 4. 31-37
Wednesday	1 Corinthians 3. 1-9; Luke 4. 38-44
Thursday	1 Corinthians 3. 18-23; Luke 5. 1-11
Friday	1 Corinthians 4. 1-5; Luke 5. 33-39
Saturday	Romans 8. 28-30; Matthew 1. 1-16, 18-23
Sunday	Isaiah 35. 4-7; James 2. 1-5; Mark 7. 31-37

02 September 2018 2nd Sunday in Ordinary Time



Meet our New Intern

Chadwick (Chad) Franklin will be arriving mid-August to begin a year-long internship at the Cathedral.

Chad has completed his philosophy curriculum and is currently in his second year of theological studies at St. Peter's Seminary in London, Ontario.

A home-grown boy, he comes to us from Sault Ste. Marie and is a member of our diocese.

For the past two summers, Bishop Damphousse assigned Chad to live at Holy Redeemer in Sudbury and he used his background in Information Technology to help resolve PC issues, move servers to the cloud, and revamped the diocesan website.

Beginning in September, Chad will begin part of St. Peter's Seminary pastoral formation program, known as "The Pastoral Year". This year at the Cathedral provides Chad with an opportunity to see and to experience, in a parochial setting, the realities of life in a parish, the demands and rewards of the ministry, the joys and sufferings, the graces and even the disappointments involved in serving God's people.

There are five goals of the Pastoral Year which will:

1. Further test the seminarian's vocation, so he can move from discernment to decision about his call;
2. Provide an opportunity for the seminarian to grow in his understanding of the priesthood through a progressive initiation into the life of a parish and into the life and ministry of a diocesan priest;
3. Enable the seminarian to assess his aptitude for priestly ministry and, with the help of his priest-supervisor and the parishioners he serves, to further develop his pastoral skills;
4. Allow the seminarian to become more familiar with his own diocese, his bishop and the presbyterate, along with the life of the local Church; and
5. Provide an opportunity for collaboration of the priest-supervisor and parishioners in assisting the diocesan bishop and the Seminary faculty in the formation, discernment and selection of future priests.

With the assistance of Msgr. Dave, Fr. Rex, our staff, and our parishioners, Chad will begin to gain insight into ways of integrating his knowledge, skills and personal conviction into a growing sense of priestly identity as he moves from discernment to decision regarding God's call to Orders.

Just as important, the parishioners he serves, along with their pastor, aid the seminary faculty in its role of recommending the suitability of the candidate to his bishop.

Our parish can help support Chad over the next year through our prayers and encouragement as he continues his journey of discernment.

MASS SCHEDULE

Weekday Masses are Held at 12:05 PM

Monday, 03 September - St. Gregory the Great, Pope/Doctor

Patricia Murphy - Donna and Richard Folz

Lucy Saini - Bonnie Parslow

Intention of Riel Levesque - Richard Levesque

Tuesday, 04 September - Weekday in Ordinary Time

Charlie Ethier - Larry and Theresa Ethier

Patricia Murphy - Judy and Robert

Brother Raymond Deschesne - Teresa Cotter and Family

Wednesday, 05 September - Weekday in Ordinary Time

Devotion to Our Lady of Perpetual Help

Intention of Helen MacDonald - Donald and Lorraine Shago

Intention of Jesse Boudreau - Aurele and Sue Boudreau and Family

Intention of Living and Deceased Members - Catholic Women's League

Thursday, 06 September - Weekday in Ordinary Time

Lucy Saini - Arthur and Lucille Schiavo

Fran Shannon - Joyce Brooks

Intention of Paul Aultman - Bernice Davis

First Friday, 07 September - Weekday in Ordinary Time

Mary D'Souza - The Lobo Family

Milan Hlusek - Emilia and Michelle

Sr. Rosemary Carroll - Brenda Passmore and Mary-Lynn Truchon

4:00 PM Saturday, 08 September - 23rd Sunday in Ordinary Time

Kathleen Kirby - Bob and Donna Frechette

Patricia Murphy - Ray and Marlene Walter

In Thanksgiving - The Lobo Family

Sunday, 09 September - 23rd Sunday in Ordinary Time

9:00 AM

Rev. Mr. Donald Milligan - Norma Milligan and Family

David Reid - Shirley Valenti

Lucy Saini - Joe and Louise Defonzo

11:00 AM

Intention of the Parishioners - Msgr. Dave Tramontini

Gospel Reflection

The word "hypocrite" comes from an ancient Greek term meaning "actor." In today's gospel story, Jesus accuses the religious leaders of being hypocrites. They act as though they are speaking for God but they are really speaking about what matters to them. Jesus points out that they are more concerned about pious practices than they are about God's commandments. They criticized Jesus' disciples for not washing their hands before eating. But they showed no interest in the goodness of the disciples' hearts.

Jesus teaches that religious rules and regulations should never become more important than God's people. He wants us to understand that our outward behavior should reflect what is in our hearts. A good heart will not produce evil actions. Nor will washing our hands make us clean inside where it really counts.

✠ Why does Jesus call the religious leaders in today's story hypocrites? Find one statement that summarizes his complaint against them.

✠ How would you explain why having a good heart is more important than giving God "lip service"? What are some of the things Jesus says comes from within people? What sacrament

Catholic Women's League

Our next **General Meeting** will be held on Wednesday, September 5 at 7:00 PM in the Parish Hall. The theme is: **'A Welcome to New Members'**.



Why Become A CWL Member?

(Taken from "The Jewel in God's Crown"- a speech given by CWL member, Maura Canavan during the 2006 CWL Leadership and Public Speaking Course in Peel Region—Toronto CWL).

- ✚ If I offered you a shiny, sparkling diamond for \$20 a year – would you go for it?
- ✚ If I offered you a chance to improve the quality of your life, the life of your family, would you go for it?
- ✚ If I offered you the chance to know God to grow spiritually – would you go for it?
- ✚ I wonder, if I asked you, if you wanted to let your hair down and have some fun, would you go for that?

As we go through life, we make choices:

- ✚ We choose to love
- ✚ We choose good over evil
- ✚ We choose our mate, our friends, a certain life style and the list goes on and on.

I am inviting YOU to choose to become a member of the Catholic Women's League of Canada. If you choose the CWL, it is a diamond – a sparkling, twinkling, diamond in God's crown, and there are many facets to this diamond.

- ✚ Yes you will have the opportunity to improve the quality of your life and the life of those you love.
- ✚ Yes you can help your neighbour.
- ✚ Yes we do raise money for the church.
- ✚ Yes we do encourage and recognize our youth.
- ✚ Yes we take action on health issues.
- ✚ Yes we are a powerful force in the church and
- ✚ Yes our voice is heard in the local, provincial, national and international community.
- ✚ Yes you will come to know God and
- ✚ Yes we all know how much fun it can be when you get a group of women together, laughing and joking in a Christian atmosphere of friendship and sharing.

We need you and we want you to infuse us with your fresh new ideas, with your energy and your positive attitudes – we know you have a lot to give. Just as God has a place for us, there is a place for each one of us within the framework of the CWL. I ask you to join us and choose to be a part of that precious jewel in God's crown.

For information on how to join the CWL contact Shirlene Condie at 476-2748.

SUNDAY COLLECTION - 26 AUGUST

Sunday Offering	Building Fund
\$5,695.15	\$935.80

find your voice!

Attention all women: Are you nervous about speaking in public? Do your knees knock? Come out and learn effective public speaking techniques in a safe, supportive and fun environment on Saturday, September 15 from 9:00 AM to 3:00 PM in St. Peter's Parish Hall (handicap accessible), 299 Airport Road. Please bring a **brown bag lunch**. Coffee and tea will be available throughout the day. This interactive workshop is sponsored by the Sault Ste. Marie Diocesan Council of the Catholic Women's League of Canada. Hosted by St. Peter's CWL. **All women are welcome.** For more information and to register please call Mary-Lynn at 474-3082 (*pre-registration not mandatory). Hope to see you there!

Why RCIA?

Our lives are a journey to God until the day when we all join together in our eternal home and worship the Lord face-to-face. You are among friends. As we build community through our RCIA sessions, it becomes clear that we all have times of doubt, fear, and frustration. During RCIA, we come together to look at our lives in light of the Gospel so that we can embrace a fuller discipleship of our Lord, Jesus Christ.



There are many reasons people decide that they are interested in becoming a Catholic. It makes no difference if you have been raised in another denomination, have no church affiliation or experience or even if you were never baptized. You may have started out Catholic but never completed your initiation with the Sacraments of Eucharist and Confirmation. RCIA is the process by which we welcome and prepare adults to enter the Catholic faith.

The RCIA process is sensitive to your needs before you make any commitment to the Catholic Church. The extent and the requirements of the process are adapted to your specific needs.



Is The Time Right For You?

Why not make the time to come and see how God works in your life. The only regret you may have is that you didn't do it earlier! Call the Parish Office at 472-3970 to see how we can welcome you into the Church.



INFANT BAPTISM PREPARATION

A **Baptismal Preparation Meeting** will be held in the Lower Sacristy on **TUESDAY, SEPTEMBER 18** beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to **call the parish office by Monday, September 17.**

Baptism Preparation is mandatory by Diocesan Policy.

PRAYER LINE

The prayer line is a group of parishioners who pray for the needs of others. Concerns great and small are presented to the Lord on your behalf. If you have a prayer request or would like to join the group call Sister Shirley McNamara at 474-3800, Ext. 295 or Lorraine Atchison at 474-0613 and they will gladly pass them on to others who are waiting to receive your requests.



REGIONAL EVENTS

Nipissing-Parry Sound Catholic District School Board welcomes students back on September 4. Schools are open for registration from August 27 to August 30. All senior kindergarten students will begin on Thursday, September 6.

North Bay pregnancy Help & Resource Centre, 323 Algonquin Ave, North Bay, ON P1B 8J8. Open weekdays 10:00 AM-4:00 PM. Tel: 475-9270. Offering free pregnancy testing, optional counselling, a friendly non-judgmental ear, baby supplies, post-abortion grief counselling, and community service referrals.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs). **St. Joseph's Motherhouse** first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 7 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Gisele Champagne at 497-1911.

The Promises of Fatima: Come pray the Rosary with a group of people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish.

Marriage Preparation Weekend September 7 & 8 (5 PM Friday 9:30 AM to 5:00 PM Saturday): Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is \$40.00 per couple payable at time of registration. Register soon!

Sisters of St. Joseph present Theology on Tap - Join us as we meet at The Laughing Buddha on Elgin Street in Sudbury with Deacon Bruno Michel. **Discussion - Religion, the Driving Force Behind Science?** September 21 at 8:00 PM. Must be 18 to 30. A casual evening of discussion, socializing and free appetizers.

Redeemer Lutheran Church Harvest Luncheon & Bake Sale September 15 from 11:00 AM to 2:00 PM. Everyone welcome!

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting third Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604

Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368

We also collect pop cans for charity work. Please drop off your cans at Holy Name Church beside the Garage.

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

North Bay Community Blood Donor Clinics will now be held every second Wednesday in order to serve clients better! Held 1-2:30 PM and 4-7:30 PM. Please book your appointment at www.blood.ca or call 1-888-236-6283 **Next Clinic dates: September 5 & 19 at The Elks Lodge off Trout Lake Road.**

Going into or Have a Sick Family Member in Hospital? Mass is celebrated every Wednesday at 3:00 PM by a parish priest at the North Bay General Spiritual Centre (West Wing Entrance). And ... Eucharist is distributed Wednesday, Friday and Sunday by ministers of Holy Communion. Let pastoral care know your family member would like to be added to the list for visitation.

Call CANA for Cards, Rosaries, Sacramental Gifts, Books & More! Email Kas or Alana at cana12cana@gmail.com or call 776-2192

Sisters of St. Joseph - Motherhouse Present:

Christian Meditation: Tuesdays each month beginning September 11 from 1:30-2:30 PM in the Holy Family Chapel. This contemplative prayer is the opening of oneself to the love of the Spirit of God at the core of our being by the repetition of a Mantra. It is a way to self-knowledge, self-acceptance and awareness of all that God can do in our lives when we allow it.

Taize Prayer: Third Thursday each month (beginning September 20 7:00-8:00 pm in the Holy Family Chapel. Taize prayer includes song, scripture, and silence. The silence is to meditate and pray for openness to God's presence in our lives, and Peace in the world.

Fall Equinox: These are astronomical events that happen as the earth moves around the sun. Join us in celebrating the change of Seasons. Saturday, September 22 at 7:00 pm in the McColgan Room. Everyone is welcome....good will offering.

Spiritual Life Program on Creation: We will experience more deeply the amazing love which holds us in this caring universe. Using scripture, Pope Francis' encyclical Laudato si, DVD, music and prayer, we will explore the following themes:

Sense of Wonder Sept. 5; The human person Sept. 19, Respect Oct. 10, Groaning Oct. 24, Grammar of Creation Nov. 7, Integral Ecology Nov. 21. Presenters: Sr. Noreen Muldoon, csj and Patty Dennis. Suggested offering: \$ 60.00 for the series. Register by calling Sr. Noreen 474-3800 ext. 309

PARISH REGISTRATION:

Please help keep our records up-to-date! You may bring this form to the parish office or place in the collection.

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ P/C: _____ Cell Phone: _____

I am new to the parish and I wish to register

I am unsure if registered, please check

I have recently moved, please update



I wish to donate using: Contribution Envelopes

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