



Pro-Cathedral of the Assumption Catholic Women's League

VOLUME 4 ISSUE 1

JUNE 24, 2018

Ponderings

*The year's Christmas Bazaar
will be held on Saturday,*

*November 17th, 2018. Look
for more information in the church*

Pro-Cathedral CWL Raises Money to Help West African Women



Shirlene Condie-McVeigh, convener, welcomes each guest with a glass of punch at the Women Helping Women: The African Connection Tea & Dessert Fundraiser

On Sunday, June 10th, 2018, the Catholic Women's League of Canada (CWL) of the Pro-Cathedral hosted the third Women Helping Women Tea & Dessert Fundraiser with this year's theme entitled 'The African Connection'. A member of the CWL of the Pro-Cathedral who conducts missionary work in West Africa will be sponsored from approximately \$800 raised during the tea.

The national CWL theme for this year is "Inspired by the Spirit and Responding to God's Call", which came to life as members of the CWL served homemade delicious

desserts and tea to members of the North Bay community who came out to support this worthwhile cause. Shirlene Condie-McVeigh, organizer, stated, "I am blessed to be surrounded by generous, dedicated and hard working women whose efforts sponsored one of our own who will be helping women in West Africa raise families in harsh economic and environmental conditions."

Evelyn Riddell-Gruber, Education and Health co-chair of the Pro-Cathedral CWL, will spend the hot summer months bringing knowledge, prosperity, hope and equality to the young women of West Africa.



Hillary Borden, volunteer and cook at the Pro-Cathedral, serves dessert to Annette Dutrisac with Dawn-Marie Duffy looking on.



Do you have a knack for organizing? Can you hardly wait for the joyous spirit of the Christmas season? If this sounds like you, we are looking to fill the Christmas Tea & Bazaar Convener and Co-convener positions. If you are interested or would like more information please contact Maudena Farnsworth, CWL President, at 495-2532. Remember you will have an army of volunteers to help make the bazaar a huge success!



Clarification regarding a request for Timmies Card donations from Betsy Currier, Sault Ste. Marie Diocesan CWL President Members of the SSM

Diocese CWL please provide me with one Tim Horton's gift card (either \$5.00 or \$10.00) to take to the provincial convention from our SSM Diocese. Send it to 576 Northland Road, Sault Ste. Marie, P6C 3P2 Those councils who are collecting Tim Horton's gift cards to give locally, please notify your council president (for the Pro-Cathedral CWL – Maudena Farnsworth) so that I can receive the totals for you councils' donations - i.e., \$ amount of Tim Horton's cards so I can also give this to provincial. So to summarize ... 1) Keep you donations local 2) Mail me one Tim Horton's gift card. Everyone enjoys a coffee, tea this is our treat for people who may addition, a gift card provides a ceiver to pay/make their own you ask? • If you choose to participate—Gift cards are easy to bring to convention! • Tim Horton stores are everywhere! Please note: During his presentation on the homeless, Dennis Chippa, Director of the Gathering Place, stated that Timmies cups are useful as they are reused by those living on the streets. Calling on all Past Presidents of the Pro-Cathedral CWL.



Volunteers Needed



- ⇒ **Funeral Lunch Helpers**
- ⇒ **CWL Prayer Service**
- ⇒ **CWL Honour Guard**

Please contact Maudena Farnsworth at 705-495-2532.

I am one of many. I belong to a sisterhood from which I can draw spiritual and temporal support, comfort and strength in times of need. I am reminded of my religious teachings and responsibilities. I am aware of my culture and my country.

The Pro-Cathedral of the Assumption CWL Executive for 2017 to 2019

President: Maudena Farnsworth

President Elect & Organization & Membership Chair: Shirlene Condie

First Vice-President & Spiritual Development Chair: Sister Shannon Hickey

Treasurer: Vicki Doucette

Recording Secretary: Mary-Lynn Truchon

Corresponding Secretary: Louise Defonzo

Past-President: Diane Carmichael

Committee Chairs:

Christian Family Life: Barb Foubert

Community Life: Elizabeth Delarosbel

Education & Health: Gerri Reid & Evelyn Ridell-Gruber

Communications: Leah Pierce

Resolutions/Legislation: Dawn-Marie Duffy

Parish Activities: Annette Dutrisac

Spiritual Advisor: Monsignor Dave Tramontini



Upcoming Events

71st ANNUAL PROVINCIAL CWL CONVENTION
July 7-11, 2018 Toronto, ON

98th ANNUAL NATIONAL CWL CONVENTION
August 12-15, 2018 Winnipeg, MB

Upcoming Meetings

Executive Meetings

August 27

General Meetings

September 6

Education and Health Communique: List of Ways to Increase your Resilience

- Have a positive attitude
- Develop active coping skills
- Cognitive flexibility
- Establish and nurture a supportive social network
- Find a resilient role model
- Embrace a personal moral compass
- Face your fears
- Attend to physical wellbeing
- Train regularly in multiple areas, in an effort to improve emotional intelligence, moral integrity and physical endurance
- Recognize, utilize and foster one's own signature strengths.

Service Pins and Award Dinner 2018

Long warm days ...

The pace of life slows ...

A time for picnics and rest in the shade.

Lord, help us to rest awhile in the cooling shade of your presence. Slow down our restless hearts and fill us with gentle compassion for all your people. Amen.



5 & 10 years: (left to right) Tessa Clermont (5), Jessica Clancy (10) and Shirlene Condie-McVeigh (5). Absent: Sr. Cemonne Bigras (10), Suzanne Bouliane (10), Elaine Keenan (10), Mary Lou Smith (10) and Blanche Wilson (10).



15, 20 & 25 years: (left to right) Mary-Louise Delarosbel (15), Suzanne Boudreau (15), Irene Driscoll (25), and Maudena Farnsworth (25). Absent: Noelle Sharpe (15), Barb Gurini (20), and Judy Fraser (25).

30, 35 & 40 years:

Absent: Sr. Rosemary Carroll (30), Madelaine Desilets (35), Vivian Molnar (35), Theresa Boudreau (40), Patricia MacIntrye (40), Geraldine (Gerri) Reid (40), and Barbara Wesley (40).



45 & 55 years: Noreen Vezina (55). Absent: Brenda Passmore (45), Katherine Amo (55), and Shirley Valenti (55).



60 & 65 years: (left to right) Theresa Ethier (60), Connie Zimbalatte (65), and Lois Wishak (65). Absent: Sr. Catherine Singbush (60).

Inspired by the Spirit, members of the Pro-Cathedral CWL joined in fellowship at the June Dinner Meeting & Presentation of Service Awards held on Wednesday, June 6th, 2018, at the Parish Hall.



Elizabeth Delarosbel for her work with 416 Lakeshore Drive and Community Life.

Maple Leaf Service Pin

Recipients

Evelyn Ridell-Gruber for her work through vocation and love of teaching both here in Canada and in Africa (absent).



The Ponderings newsletter is located on the Pro-Cathedral of the Assumption webpage under "groups". All questions and ideas can be forwarded to Leah Pierce, Communications Officer, at pn.thebay@gmail.com



Lisa Henry (right) for her dedication, leadership and motivation within the CWL. Presented by Shirlene Condie-McVeigh.