



Pro-Cathedral of the Assumption Catholic Women's League

VOLUME 3 ISSUE 4

APRIL 29, 2018

*The Service Pins and
Awards Dinner will be
held on Wednesday,
June 6th*

Ponderings

Living the Gospel—Supporting 'Hunger Knows No Season'

On Saturday, April 14, the CWL held a diocesan-wide food drive, 'Hunger Knows No Season!' at Jeff & Tanis' No Frills on Lakeshore Drive with ladies from the Pro-Cathedral parish, as well as from other parishes in the region. A special thanks to all our CWL Pro-Cathedral members who participated and to those for making phone calls, volunteering on Saturday at Jeff & Tanis' No Frills on Lakeshore Drive, and to all who contributed to the worthwhile cause with non-perishable food and cash donations. It was a great success. Locally, the CWL collected 1,924.2 lbs of food and \$1,025 divided between the North



Volunteers from 'Hunger Knows No Season' pose for a group picture including (kneeling) Pro-Cathedral of the Assumption CWL members Lisa Henry, CWL Sault Ste. Marie Diocesan 2nd Vice-President and Education & Health Chair and Mary-Lynn Truchon, North Bay Regional CWL Chair. Photo by the North Bay Food Bank.

Bay Food Bank and the Gathering Place. Overall, the Sault Ste. Marie Dioceses, collectively, gathered 4,034 lbs of food and \$4,271.80. Sault Ste. Marie CWL Diocesan President, Elizabeth Currier, posted the following quote on Facebook: "Our Sault Ste. Marie Catholic Women's League Diocese wide food drive "Hunger Knows No Season" was held today supporting food banks and soup kitchens to help feed the homeless and "hidden homeless" in all our communities from Callandar (just south of North Bay) to Sault Ste. Marie. It was a great success thanks to efforts of CWL members who manned our collection stations and to the very generous donations from hundreds of residents of our cities and towns. My special thanks to convenor, Giselle Floyd and her sub-convenors: Lucie Muscolino in Sudbury, Rita Laferriere in North Bay and Colleen Murphy in Sault Ste. Marie."

Women Helping Women: The African Connection

Tea and Dessert Fundraiser

Hosted by the Pro-Cathedral of the Assumption CWL

* Help bring knowledge to West Africa

* Help bring prosperity to the Third World



* Help bring hope to young women of West Africa

* Help level the playing field

Sunday, June 10th, 2018, from 2 p.m. to 4 p.m.

Tickets are only \$7 per person and can be purchased at the door.

Pro-Cathedral of the Assumption Parish Hall

480 McIntyre Street West

Invite your friends and come indulge in a delightful afternoon tea served with delicious desserts.

Wheelchair accessible entrance on Algonquin Ave. side of church

Please contact Shirlene Condie-McVeigh at 705-476-2748 for more information or if you wish to help.

The Golden Girls of 416

Article by: Elizabeth Delarosabel, Community Life Chairperson

There is something beautiful happening at the 416 where once two groups of strangers have become friends. 2 ½ years ago, CWL Community Life ministry was matched with the residents at 416, through the suggestion of Deacon Richard and The Canadian Mental Health Association. We were invited into their home, their milieu and so far, everything is going well. We called ourselves “The Ladies from the Church” but now they have christened us “The Golden Girls” with the respective nicknames to boot. We do our best to keep our visits interesting which usually includes a themed sing along; Irish songs on St Patrick’s Day (Lord of the Dance, The Unicorn Song), springtime songs in April (Morning Has Broken, Here Comes the Sun). The residents also help us, giving ideas for activities like card games, bingo, crafts, preparing pizza from scratch, bannock and a camp fire just to name a few. Our friends especially enjoy the way we host tea time. We lay out our best linens and serve nice hot tea from fine china and take to time to just sit ... talk ... listen ... while enjoying home baked goods prepared just for them. As our visit ends, we give thanks to Our Lord for bringing us together and sing a goodbye song like TAPS or Sing Your Way Home.

This article describes in large strokes what we do, however, what is woven into our visits through time is the thread of individuals gently revealing themselves to each other, a mutual transaction revealing God within each of us and that is what makes our visits special and why they are important. Praise be to God.

Volunteers are needed !

- ⇒ Funeral Lunch Helpers
- ⇒ CWL Prayer Service
- ⇒ CWL Honour Guard

Please contact Maudena Farnsworth at
705-495-2532.

We are on the web at
www.cwl.ca; www.cwl.on.ca and at
www.procathedral.ca



All About Christian Family Life

Article by: Barb Foubert, Chairperson



Christian families support and love one another. We do this by listening, sharing, praying and helping one another. We believe and follow our Lord Jesus and live by His word. As a human family, we often fail and yet always He forgives us when we repent.

We visit retirement homes and nursing homes bringing Eucharist and praying the Rosary, and by bringing a smile or two.

We support the Pregnancy Help & Resource Centre and Catholic Charities with our time and donations.

We support vocations, praying the prayer for vocations and offering masses .

We have written letters to parliament in the matter of pornography, euthanasia, assisted suicide and abortion. We support life in all its forms. We support the bereaved and assist with funerals and funeral lunches . We welcome ,we serve and we care. We are all connected, we are family.

A Message from the Resolutions and Legislation Chair

Article by: Dawn-Marie Duffy

Because of the concerns with euthanasia Palliative Care has become a most urgent topic in 2018. The CWL is hosting 12 Hours of Prayer for Palliative Care again this year during the week of May 6-12,2018 which is also the week designated as National Hospice Palliative Care Week by the Canadian Hospice Palliative Care Association. There is no petition to sign this year but there is a video that is highly recommended to watch during this week Ending Suffering: The Palliative Alternative (<https://arpacanada.ca/news/2017/03/30/ending-suffering-the-palliative-allternative-part-7/>). The Nipissing Serenity Hospice hosts their annual Hike for Hospice on May 6th,2018 @ 10am.



Words and symbols matter!

Our beliefs shape who we are as individuals and as a society.

We do not leave our Faith behind in a Church but we are called to do the opposite – walk the talk.

Election day is June 7, 2018.

On election day, remember how important it is to check the box that best corresponds with our values!

Pope Issues Holiness Challenge!

God is always with us, He helps us and sustains us.

He gives us the resources to reflect Him and also live a life in union with Him.

From this we have the courage to be an advocate for social change.

With the Provincial CWL's theme of homelessness this year that change is possible!

Please consider making a difference in your community.

You are needed!

I am one of many. I belong to a sisterhood from which I can draw spiritual and temporal support, comfort and strength in times of need. I am reminded of my religious teachings and responsibilities. I am aware of my culture and my country.



Upcoming Events

**Women Helping Women: The African Connection
Tea & Dessert Fundraiser**
June 10, 2018 from 2 to 4 p.m. at the Parish Hall

Relay For Life
June 22, 2018 from 6 to 11 p.m. at the 22 Wing Athletic Field

98th Annual Diocesan CWL Convention
April 27-29, 2018 Sudbury, ON

71st Annual Provincial CWL Convention
July 7-11, 2018 Toronto, ON

98th Annual National CWL Convention
August 12-15, 2018 Winnipeg, MB

Upcoming Meetings

Executive Meetings

23 April
May 28
June 25

General Meetings

May 2
June 6 (CWL June Dinner
and Awards Presentation)

The Pro-Cathedral of the Assumption CWL Executive for 2017 to 2019

President: Maudena Farnsworth

President Elect & Organization & Membership Chair: Shirlene Condie

First Vice-President & Spiritual Development Chair: Sr Shannon Hickey

Treasurer: Vicki Doucette

Recording Secretary: Mary-Lynn Truchon

Corresponding Secretary: Louise Defonzo

Past-President: Diane Carmichael

Committee Chairs:

Christian Family Life: Barb Foubert

Community Life: Elizabeth Delarosbel

Education & Health: Gerri Reid & Evelyn Ridell-Gruber

Communications: Leah Pierce

Resolutions/Legislation: Dawn-Marie Duffy

Parish Activities: Annette Dutrisac

Spiritual Advisor: Monsignor Dave Tramontini

The Ponderings newsletter is located on the Pro-Cathedral of the Assumption webpage under "groups". All questions and ideas can be forwarded to Leah Pierce, Communications Officer, at pn.thebay@gmail.com.