

05 MARCH
2017

FIRST SUNDAY
OF LENT

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



Genesis recalls the first sin committed by humankind: disobedience to God. The second reading from Romans explains how Christ came to counter that sin of disobedience with his perfect obedience. In the Gospel, Jesus remains perfectly faithful to his Father as he resists the temptations put to him by the devil in the desert. It can be difficult to be obedient. Temptations, deceptions and lack of will can contribute to our failures. When we focus on what love asks us to do, however, we can overcome the obstacles to our desired choices and behaviors. Jesus serves as the model of love and obedience, and relying on him in prayer gives us strength to make the right choices.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR Most Rev. Marcel Damphousse, D. D.
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools
Rev. A. Man-Son-Hing Pastor, St. Peter the Apostle & St. Elizabeth Temagami

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon
Mrs. Frances-Clare Fraboni

Parish Liturgies

Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.



Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.








OFFICE HOURS THIS WEEK

MONDAY	8:30 AM to 12:00 NOON
TUESDAY to FRIDAY	8:30 AM to 4:30 PM

WEEKLY READINGS - 06 to 12 MARCH

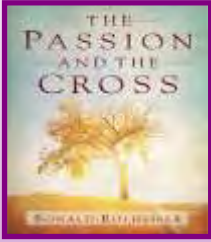
Monday	Leviticus 19. 1-2, 11-18; Matthew 25. 31-46
Tuesday	Isaiah 55. 10-11; Matthew 6. 7-15
Wednesday	Jonah 3. 1-10; Luke 11. 29-32
Thursday	Esther 14. 1, 3-5, 12-14; Matthew 7. 7-12
Friday	Ezekiel 18. 21-28; Matthew 5. 20-26
Saturday	Deuteronomy 26. 16-19; Matthew 5. 43-48
Sunday	Genesis 12. 1-4; 2 Timothy 1. 8b-10; Matthew 17. 1-9



 (705) 472-3970
 (705) 494-8222
 cathedral@bellnet.ca
 procathedral.ca
 facebook.com/procathedral

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

It's Not Too Late!
Call the Parish Office Monday to Register



Take a journey into the deeper meaning of Lent with facilitator, Sister Mae Kierans

Ronald Rolheiser, one of the most influential spiritual writers of our day, offers profound reflections on the central mystery of our Christian faith. We will study his beautifully written meditations on the passion and the cross inviting you to a new understanding of redemption and offering insight into the meaning of your own loss and suffering.

Gathering Tuesdays 1:30 to 3:30 PM

7, 14, 21, 28 March 2017

Pro-Cathedral Parish Hall

Cost: \$15/Person for Book

Call Parish at 472-3970 to Register



**IS GOD CALLING YOU TO
 BE A PRIEST?
 "COME & SEE"!**

Have you ever felt that God was calling you to something more? Have you ever considered the possibility of the priesthood? Spend a weekend in prayer, discussion and reflection with priests, faculty and seminarians at St. Peter's Seminary in London, Ontario, on March 24-26, 2017. This weekend is open to all single men 17 years of age and older. For more information or to register, please contact your parish priest or Fr. Pat Woods, Vocations Director, [705-949-1072](tel:705-949-1072) email: pwoods@diocesecentre.com

Just want you to know how much I appreciate getting the bulletin online - no more trying to remember where I put it when I came home from Mass!

Plus all the information I'm looking for is right there on my laptop screen...

Good job! Thank you!

Judy Ferguson

Thank you Judy for your kind message! To anyone else who would like to receive the bulletin in full colour each week by email, just visit our website at procathedral.ca and on the right hand side you will see "Subscribe to Our Parish Bulletin" All we need is you name and email and the bulletin will be sent to you each week like clock work!

**Weekday Masses
 are Held at 12:05 PM**

MASS SCHEDULE

Monday, 06 March - Weekday in Lent

For Special Intentions - Judy Montgomery
 Intention of Maudena Farnsworth - Bonnie Parslow

Tuesday, 07 March - Weekday in Lent

Lena Aultman - Margaret Van Mierlo
 Intention of Walter Mendoza - Faye Grotoli

Wednesday, 08 March - Weekday in Lent

Devotion to Our Lady of Perpetual Help

Members of the Levesque and Martin Families - Richard Levesque
 In Thanksgiving to the Blessed Virgin Mary - Arthur & Lucille Schiavo

Thursday, 09 March - Weekday in Lent

Marty Martinello - Bill de Grosbois
 Heather Nichol - Anna Mary McKenney

Friday, 10 March - Weekday in Lent

Helen McIsaac - Norma Milligan
 Yvette Ceccarelli - Joe and Louise Defonzo

4:00 PM Saturday, 11 March - Second Sunday of Lent

Rose Moher - Diane Carmichael
 In Thanksgiving - John and Carol Rowe
 Bill McMahan - Jack and Maudena Farnsworth

Sunday, 12 March - Second Sunday of Lent

9:00 AM Sharon O'Brien - Karen-Anne McArthur
 Jeannette Beaulieu - Karen and Denis Beaulieu
 Int. of Jack and Monica Sullivan - Brian Sullivan & Family

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

STATIONS OF THE CROSS

Fridays During Lent

Will be held at 5:00 PM



**Thank You
 Parish Directory Committee**



When the parish council initiated the notion of a parish directory, a small committee of parish volunteers stepped up to put the idea into action. A big thank you to Mary-Ellen Balfour, Vicki Doucette, Karen-Anne McArthur, Lesley McGinnis, Karen Steel, Bunty Swanson and Lois Wishak for their dedicated efforts in getting this accomplished. Well-done!!

To the many parishioners who came to have their pictures taken—thank you, and if you have not received your copy of the directory, please see Karen in the office to pick one up.

**Carol Ann DiBartolomeo
 On behalf of the Parish Council**

Pope Francis' March Prayer Intention

SUPPORT FOR PERSECUTED CHRISTIANS

That persecuted Christians may be supported by the prayers and material help of the whole Church.

Catholic Women's League

Next General Meeting will be held next Wednesday, **March 8.**

North Bay will be hosting this year's **97th Annual Diocesan Convention** from April 28 to 30 at the Best Western. For more information please contact Maudena Farnsworth at jfarnsworth64@gmail.com



Confirmation Preparation 2017

Confirmation Preparation will once again involve candidates from the entire North Bay region. This is a great opportunity for you to meet other young people who are also preparing for their Confirmation and who will be celebrating the Sacrament along with you at the Pro-Cathedral.



A Confirmation Information Night will be held on **Wednesday, April 26 at 6:30 PM at St. Peter's Parish Hall.** **This meeting is mandatory** as you will receive an overview of the preparation program. Candidates, parents, and sponsors are asked to attend meeting.

Registration forms with all the preparation dates are available in the Cathedral. Please complete a registration form as soon as possible and drop the completed form off to the parish office or place it in the collection basket. Thank you!



BEST LENT EVER! Don't forget to sign up for Best Lent Ever to experience something new and make your Lent more meaningful!

We all know the things that make us happy, but we don't always do them. Lent is an opportunity to change that. This year we invite you to do something different.

Sign up for Best Lent Ever, a **FREE**, video-based email program featuring internationally acclaimed speaker and *New York Times* bestselling author Matthew Kelly. From Ash Wednesday to Easter Sunday, Matthew will help you identify what stands between you and happiness . . . and what to do about it. **Are you ready for your best Lent ever?**

SIGN UP AT DynamicCatholic.com/Lent and celebrate Best Lent Ever from the Comfort of Your Home!

Are You Using These Envelopes?

We have the following envelope numbers being used for 2017 and we do not know who you are. Please call the parish office as soon as possible to identify that you are the user of the following envelopes:

31, 233, 253, 374, 386, 394, 415

ALSO — Please do not use envelopes from any other year than 2017. It affects our record keeping.

Collection: 26 February 2017

Sunday Offering

\$6,014.80

Building Fund

\$645.60



Pro-Cathedral Men's Club Shrove Tuesday Pancake Supper – 2017

Thank you to everyone who donated their time to make this year's Pancake Supper a success.

The food was delicious as always. Special thanks to Karen in the Parish office and to all our student volunteers. To everyone who attended and supported this event, thank you. Thank you to everyone who attended!

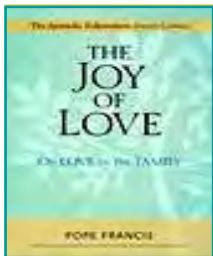


Thanks to Glenn and Deborah Turcotte the Pancake Supper has been operating successfully each year due to their great organization and planning prior to each dinner. Thank you for your many years of service and for setting the Shrove Tuesday Dinners up for Success!

The Men's Group of our parish was formed to foster fraternity and attend to the needs of the Cathedral community. It is of interest to those men of the parish who are of post-secondary school age. The club takes on ventures such as renovations and fundraising for specific projects.

If you would like to find out more about our parish men's group, please join us at our next Men's Club Dinner Meeting on **Thursday, April 27 from 5:00 – 7:00.** We welcome new members at anytime during the year. Come out and help us plan for our Garage Sale to be held in June!

Fasting & Abstinence: We may give up meat or other desirable foods on Fridays during Lent, and especially on Good Friday, the day of Christ's saving death on the cross. Our abstinence for Catholics 14 years and older (as long as there are no health issues) is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence. These could include special acts of charity (visiting the sick or aged, helping those in any need, contributing to a work of charity) or other acts of piety (taking part in a service of worship with others, praying with our family, spending some extra time in personal prayer, especially with the scriptures).



Sister Mae Kierans will facilitate a book study on Pope Francis' Apostolic Exhortation "The Joy of Love: On Love in the Family"

No matter who you are, you are part of a family, and Pope Francis wrote this love letter to you. He addresses all the myriad realities of families today with compassion, hope and encouragement.

Gatherings 10:00 to 11:30 AM ~ Pro-Cathedral Hall

Saturdays, April 1- 8-22-29, 2017

Cost: \$10/Person for Book

Call Parish Office 472-3970 to Register

REGIONAL NEWS

THIS SUNDAY! North Bay & Area Right to Life/Pro Vie 27th Annual Spaghetti Meatballs & Lasagna Fundraising Dinner will be held **Sunday, March 5** at Pro-Cathedral Parish Hall. Two sittings: 4:15 PM and 5:30 PM. Adults/\$12 Children 3-10/\$5 and Take Out/\$8. Tickets—Call: Harley 752-4105, Nancy 472-6099, or Jeannine 724-3424. Also having a silent auction table

2nd Annual Feast of St. Francesco da Paola Pasta & Meatball Dinner Saturday, April 1 at 5:15 PM at Holy Name of Jesus Church. Coffee, Tea, Salad, Buns & Dessert too! For tickets call 497-1367. \$12/Adults, \$6/Children 11 and under, Free/Children under 5 years of age. Take out is available.

North Bay will be hosting this year's 97th Annual Catholic Women's League Diocesan Convention from April 28 to 30 at the Best Western. For more information please contact Maudena Farnsworth at jfarnsworth64@gmail.com

Prayers for the New Evangelization in our Region: Every Tuesday at Holy Name Church from 10:45 AM to 11:45 AM. In front of the Blessed Sacrament, we will pray for the Holy Spirit to help us to be Evangelizers. For more information call Fran at 476-4146 or Holy Name Parish Office at 495-1501

The Promises of Fatima: Come pray the Rosary with a group of dedicated people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30am at St. Peter's Parish.

The new North Bay Pregnancy Help & Resource Centre is now open & in full operation. You can receive the following services by dropping in at 323 Algonquin Ave. We are opened weekdays from 10:00 AM to 4:00 PM. We offer free pregnancy testing, optional counseling, a friendly non-judgmental ear, baby supplies, post abortion grief counseling, and community service referrals. All services take place in a home-like atmosphere. Call us at 475-9270 or you can mail us at Box 733, North Bay ON, P1B 8J8

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs).

St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 9 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Lena Butler 497-3434.

The New Evangelization Summit 2017 is scheduled for May 12-13, mark it on your calendar. Eight great speakers – including Bishop Robert Baron. Cost is \$25.00/person. For more information contact Len Lanthier Islanthier@gmail.com 705-724-1368

CLAY- (Catholic Love Attitude Yes!) A Youth Program for JK to Grade 5, Thursday evenings 6:30-8:00pm at St. Gregory's School Gym, Powassan, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or jessicasheppard@gmail.com.

March Gladness – Music and Words to Welcome Spring Sunday March 26 at 2:30 PM at Trinity United Church. \$15 at the door with The Joy Band, Near North Voices and local published authors Marta Attema, Steve Pitt, Donna Sinclair, and Heather Stemp. Everyone Welcome!

International Women's Day Tea March 8 at 7:00 PM at Calvary North Bay. Tea, coffee, assorted sweets and fruit. Celebrate women and girls worldwide – gather with us as we hear the powerful story of Dima Abdulaziz, a Syrian Refugee and newcomer to Canada. For more information contact Lisa at 472-0923.

L'Arche North Bay and Community Living are hosting a Wine and Canvas event on Saturday, March 11, 2017 from 9 am to 1 pm at the Davedi Club, 313 Airport Rd. This is a artist-led event and art materials are provided, and conclude with lunch and wine. Cost: \$40. Deadline: March 5. Contact Karen Sherry 474-8673 or karensberry@sympatico.ca

THE EDGE Catholic Youth Group: Calling Grades 5, 6, 7 and 8's!! Join us Mondays at 6:45 PM in the hall of St. Joseph's Church, Clark St., Powassan. THE EDGE uses live music, drama, small group discussions, guest speakers, games, Scripture, crafts and other cool stuff to explore issues about our Faith, solid values, youth concerns and happy living!! No need to pre-register. Call Pauline 724-5964 for information or transportation.

Lenten Retreat at Villa Loyola "Are you Kidding?" – Remembering and reclaiming the gifts of the child. Friday March 10 (7 pm) to Sunday March 12 (1 pm) with Director: Fr. Philip Chircop, S.J. In this retreat we will explore some habits of the heart intended to educate us into becoming childlike once again. Cost: \$230.00, all inclusive (a non-refundable \$30 deposit is required with registration) For more information and registration 705-522-3502 ext. 0 or loyola@isys.ca

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church: General Meeting fourth Tuesday of each month at 7:30 PM Contact: Joe Sinicrope at 497-0604

Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368 We also collect pop cans for charity work. Please drop off you cans at Holy Name Church beside the Garage.

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Lenten Retreat at Villa Loyola "Are you Kidding?" – Remembering and reclaiming the gifts of the child. Friday March 10 (7 pm) to Sunday March 12 (1 pm) with Director: Fr. Philip Chircop, S.J. In this retreat we will explore some habits of the heart intended to educate us into becoming childlike once again. Cost: \$230.00, all inclusive (a non-refundable \$30 deposit is required with registration) For more information and registration 705-522-3502 ext. 0 or loyola@isys.ca

Blood Donor Clinics

Best Western Hotel & Conference Centre ~ Regency Room.

Next Week Clinic Dates: March 7 & 8

First day: 12:00 - 2:30, 4:00 - 7:30

Second day: 11:30 - 2:30, 4:00 - 7:00

For planning—next clinic will be held April 11 & 12 (Tues/Wed)