

12 MARCH
2017

SECOND SUNDAY
OF LENT

PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

Welcome to Your Father's House!



'This is my Son, whom I love; with Him I am well pleased.' The first reading tells of God's promise to Abraham to make of his descendants a great nation. In the second reading, Paul reminds Timothy that he must be willing to bear hardship for the sake of the Gospel. Today's Gospel recalls Peter, James and John witnessing the transfiguration of Jesus. Today's Gospel tells of Jesus taking Peter, James and John up a mountain where he was transfigured before them. Similarly, Jesus invites each of us into a deep relationship of love with him so that he may change and transfigure our lives and hearts. Let's accept this invitation each day so we may lead more Christ-like lives of love and service.

Our Parish Mission Statement

We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.

PASTOR Most Rev. Marcel Damphousse, D. D.
Bishop of Sault Ste. Marie

RECTOR
Msgr. Dave Tramontini

ASSISTANT
Rev. Rex Lumine

IN RESIDENCE

Msgr. Normand Clement Chaplain, Nipissing-Parry Sound District Schools
Rev. A. Man-Son-Hing Pastor, St. Peter the Apostle & St. Elizabeth Temagami

PERMANENT MINISTERS

Deacons

Rev. Mr. Albert Falconi
Rev. Mr. Donald Shago
Rev. Mr. Rick Hamelin
Rev. Mr. Gary Westenenk

Diocesan Order of Women

Mrs. Shirley Falconi
Mrs. Norma Milligan
Miss Ruth Godon
Mrs. Frances-Clare Fraboni

Parish Liturgies

Marriage: Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

Anointing the Sick: Please call the parish office for more information.

Reconciliation: Every Saturday from 3:00 until 3:45 PM.

Eucharist: Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

Adoration of the Blessed Sacrament: On the First Friday of each month from 10:00 AM until 12:00 noon.

Baptism: Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.








OFFICE HOURS THIS WEEK

| | |
|--------------------------|------------------------------|
| MONDAY | 8:30 AM to 12:00 NOON |
| TUESDAY to FRIDAY | 8:30 AM to 4:30 PM |

WEEKLY READINGS - 13 ~ 19 MARCH

| | |
|------------------|---|
| Monday | Daniel 9. 3, 4b-10; Luke 6. 36-38 |
| Tuesday | Isaiah 1. 10, 16-20, 27-28, 31; Matthew 23. 1-12 |
| Wednesday | Jeremiah 18. 18-20; Matthew 20. 17-28 |
| Thursday | Jeremiah 17. 5-10; Luke 16. 19-31 |
| Friday | Genesis 37. 3-4, 12-13a, 17b-28; Matthew 21. 33-43, 45-46 |
| Saturday | Micah 7. 14-15, 18-20; Luke 15. 1-3, 11-32 |
| Sunday | Exodus 17. 3-7; Romans 5. 1-2, 5-8, John 4. 5-42 |



 (705) 472-3970
 (705) 494-8222
 cathedral@bellnet.ca
 procathedral.ca
 facebook.com/procathedral

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.



Parish Directories are Available for Pickup in the Parish Office for anyone who had their picture taken for the Parish Photo Directory

News from Development and Peace

Supporting women is a priority for Development and Peace – Caritas Canada. For this year’s Share Lent campaign, we invite you to listen to the voices of women who are working to build the world of tomorrow — *Women at the heart of change.*

Women keep the land in their hearts in Paraguay

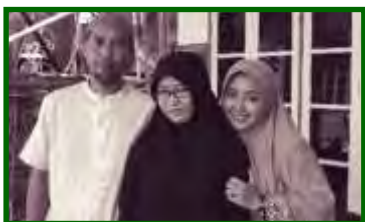
Our first testimonial is from Marta and Silvia, two women from Paraguay who are members of an Indigenous women’s farming association supported by Development and Peace – Caritas Canada. “I wish that there was land for everyone, that women were free [and] that they had the freedom to organize and defend their rights,” Silvia tells us.



Women have always been at the heart of our organization! Did you know that in 1979, Development and Peace led a campaign to support the Grandmothers of Plaza de Mayo, in Argentina, whose children and grand-children disappeared under the military dictatorship?

Women are building an inclusive society in Indonesia

In our second testimonial Development and Peace – Caritas Canada takes you to Indonesia to meet Risya, a 22-year-old Indonesian woman who has been blind since adolescence. Thanks to a workshop in journalism offered by our partner the Association of Independent Journalists (AJI), this



courageous young woman started to use her blog to write about the discrimination faced by women with disabilities and to encourage these women to believe in their potential. AJI has offered media workshops to

170 women and now they can make their voices heard!

Gentlemen ~ Did you know that since the month of December the Pro-Cathedral has served over 400 people during five funeral lunches? **We need you.** Yes we can still use your brawn, but we could also use your talents serving coffee and washing dishes. There are a million



small jobs that need doing by both men and women to support our parish families in their time of grief. *Volunteer doing a job that is just right for you and you will feel a sense of fulfillment!* Call the Parish Office if you can help out.

Weekday Masses are Held at 12:05 PM

MASS SCHEDULE

Monday, 13 March - Weekday in Lent

Teresa Kelly - Evelyn Hunt
Lena Aultman - John and Alanna Travers

Tuesday, 14 March - Weekday in Lent

In Honour of St. Jude - A Parishioner
Jeannette Edmunds - Len and Glenna Boudreau

Wednesday, 15 March - Weekday in Lent

Devotion to Our Lady of Perpetual Help

Teresa and Frank Piekarski - Trudy, George and Jillian
Salvatore Patrizio - Children and Grandchildren

Thursday, 16 March - Weekday in Lent

Yvette Ceccarelli - Denise and Dave Cockburn
Intention of Sherry and Christine - Bernice Davis
Intention of Jack and Monica Sullivan - Brian Sullivan and Family

Friday, 17 March - Weekday in Lent

In Honour of St. Joseph - Maria Gosselin and Family
Roselie O'Connor - Patsy Stone

4:00 PM Saturday, 18 March - Third Sunday of Lent

Ella Mae Markham - The Markham Family
Jeannette Edmunds - Jack and Maudena Farnsworth
Elizabeth MacLeod - Teachers and Staff, St. Alexander School

Sunday, 19 March - Third Sunday of Lent

9:00 AM Helen McIsaac - Robert and Patricia McConkey
Jeannette Edmunds - Lucienne and Claude Rochefort
Dan Legris - Bunty and Roy Swanson

11:00 AM Intention of the Parishioners - Msgr. Dave Tramontini

STATIONS OF THE CROSS

Fridays During Lent

Will be held at 5:00 PM



The Transfiguration of Jesus on the mountain reminds us that the way of the cross leads to Resurrection and eternal life and that the purpose of Lent is to help us better to enter into those mysteries. We are invited to transform our lives and to radiate the grace of the transfigured Lord to others through acts of charity and penance.

Are You Using These Envelopes?

We have the following envelope numbers being used for 2017 and we do not know who you are. Please call the parish office as soon as possible to identify that you are the user of the following envelopes:

31, 233, 253, 374, 386, 415

Catholic Women's League

North Bay will be hosting this year's 97th Annual Diocesan Convention from April 28 to 30 at the Best Western.

For more information please contact Maudena Farnsworth at jfarnsworth64@gmail.com



Pope Francis' March Prayer Intention

SUPPORT FOR PERSECUTED CHRISTIANS

That persecuted Christians may be supported by the prayers and material help of the whole Church.

Be a Light for all to See!



BEST LENT EVER! Don't forget to sign up for Best Lent Ever to experience something new and make your Lent more meaningful!

We all know the things that make us happy, but we don't always do them. Lent is an opportunity to change that. This year we invite you to do something different.

Sign up for Best Lent Ever, a **FREE**, video-based email program featuring internationally acclaimed speaker and *New York Times* bestselling author Matthew Kelly. From Ash Wednesday to Easter Sunday, Matthew will help you identify what stands between you and happiness . . . and what to do about it. **Are you ready for your best Lent ever?**

SIGN UP AT DynamicCatholic.com/Lent and celebrate Best Lent Ever from the Comfort of Your Home!

Confirmation Preparation 2017

Confirmation Preparation will once again involve candidates from the entire North Bay region. This is a great opportunity for you to meet other young people who are also preparing for their Confirmation and who will be celebrating the Sacrament along with you at the Pro-Cathedral.



A Confirmation Information Night will be held on **Wednesday, April 26 at 6:30 PM at St. Peter's Parish Hall.** **This meeting is mandatory** as you will receive an overview of the preparation program. Candidates, parents, and sponsors are asked to attend meeting.

Registration forms with all the preparation dates are available in the Cathedral. Please complete a registration form as soon as possible and drop the completed form off to the parish office or place it in the collection basket. Thank you!

COLLECTION: 05 MARCH 2017

Sunday Offering

\$5,765.77

Building Fund

\$932.20

Pro-Cathedral Men's Club



The next Men's Club Dinner Meeting will be held on **Thursday, April 27 from 5:00 – 7:00.** We welcome new members at anytime during the year. Come out and help us plan for our

Garage Sale to be held on June 3!

The Men's Group of our parish was formed to foster fraternity and attend to the needs of the Cathedral community. It is of interest to those men of the parish who are of post-secondary school age. The club takes on ventures such as renovations and fundraising for specific projects.

It's Lent! There are many things you can do as little expressions of kindness, such as the following:

- ✚ Visit or call someone who is sick or elderly and bring them a simple meal, soup, or loaf of homemade bread;
- ✚ Give someone a smile who needs it — spend some time with them to help cheer them up;
- ✚ Yield the right-of-way to another driver or give up a parking space — give them a wave and a smile rather than a frown;
- ✚ Contribute to or help at a soup kitchen or similar facility;
- ✚ Help an elderly person get their groceries or offer them a drive in the cold/slippery weather;
- ✚ Babysit for a young couple or single mother so that they can enjoy an evening out;
- ✚ Open a door for someone
- ✚ Bring someone a coffee who would appreciate it;
- ✚ Help out at home where needed;
- ✚ Help shovel someone's driveway or walkway
- ✚ Spend some time listening to someone because many times people are too busy to do so;

Enrich your Lenten Commitment and Experience! Opportunities for kindness present themselves during every hour of every day — take advantage of them as often and wherever you can! Use your imagination. And don't forget to enjoy the journey!

Fasting & Abstinence: We may give up meat or other desirable foods on Fridays during Lent, and especially on Good Friday, the day of Christ's saving death on the cross. Our abstinence for Catholics 14 years and older (as long as there are no health issues) is another way of sharing in Christ's work of saving the world. We may also substitute other good actions for abstinence. These could include special acts of charity such as the above.

REGIONAL NEWS

2nd Annual Feast of St. Francesco da Paola Pasta & Meatball Dinner Saturday, April 1 at 5:15 PM at Holy Name of Jesus Church. Coffee, Tea, Salad, Buns & Dessert too! For tickets call 497-1367. \$12/Adults, \$6/Children 11 and under, Free/Children under 5 years of age. Take out is available.

Book Study on Pope Francis' The Joy of Love will be held on Saturdays April 1, 8, 22 & 29 from 10:00 to 11:30 AM at the Pro-Cathedral Parish Hall. Facilitated by Sr. Mae Kierans, this book is appreciated as an aid to reflection, dialogue and pastoral practice and as help and encouragement to families in their daily commitment and challenges. Registration limited – register soon by calling the parish office at 472-3970.

North Bay will be hosting this year's 97th Annual Catholic Women's League Diocesan Convention from April 28 to 30 at the Best Western. For more information please contact Maudena Farnsworth at jfarnsworth64@gmail.com

Prayers for the New Evangelization in our Region: Every Tuesday at Holy Name Church from 10:45 AM to 11:45 AM. In front of the Blessed Sacrament, we will pray for the Holy Spirit to help us to be Evangelizers. For more information call Fran at 476-4146 or Holy Name Parish Office at 495-1501

The Promises of Fatima: Come pray the Rosary with a group of dedicated people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30am at St. Peter's Parish.

The new North Bay Pregnancy Help & Resource Centre is now open & in full operation. You can receive the following services by dropping in at 323 Algonquin Ave. We are opened week days from 10:00 AM to 4:00 PM. We offer free pregnancy testing, optional counseling, a friendly non-judgmental ear, baby supplies, post abortion grief counseling, and community service referrals. All services take place in a home-like atmosphere. Call us at 475-9270 or you can mail us at Box 733, North Bay ON, P1B 8J8

Open Adoration: St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs). **St. Joseph's Motherhouse** first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

Devotion to Our Lady of Perpetual Help every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

Adoration of the Blessed Sacrament is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 9 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Lena Butler 497-3434.

The New Evangelization Summit 2017 is scheduled for May 12-13, mark it on your calendar. Eight great speakers – including Bishop Robert Baron. Cost is \$25.00/person. For more information contact Len Lanthier lanthier@gmail.com 705-724-1368

CLAY- (Catholic Love Attitude Yes!) A Youth Program for JK to Grade 5, Thursday evenings 6:30-8:00pm at St. Gregory's School Gym, Powassan, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or jessicasheppard@gmail.com.

March Gladness – Music and Words to Welcome Spring Sunday March 26 at 2:30 PM at Trinity United Church. \$15 at the door with The Joy Band, Near North Voices and four local published authors Marta Attema, Steve Pitt, Donna Sinclair and Heather Stemp. Funds support Grandmothers for Africa - everyone Welcome!

Birthright: Pregnant? Need Help? Call 1-800-550-4900 or visit: www.birthright.org Email: info@birthright.org A free confidential service as an alternative to abortion.



Start Saving Your Treasures for the Men's Club Garage Sale that will be held SATURDAY JUNE 3
More Information to Follow

No computers, Televisions or Air Conditioners—thank you!

Knights of Columbus Meetings

Fr. Michael Cundari Council, 12030 at Holy Name Church:
General Meeting fourth Tuesday of each month at 7:30 PM
Contact: Joe Sinicrope at 497-0604

Corpus Christi Knights of Columbus Council 12106 now meet second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368
We also collect pop cans for charity work. Please drop off you cans at Holy Name Church beside the Garage.

Knights of Columbus Council #1007 Executive Meeting at 6:30 PM and General Meeting at 7:00 PM on the first Wednesday of each month September to June at St. Peter's Church in the Parish Hall. Refreshments served. New or transferring members can contact Mike Joly at 495-1792.

Marriage Preparation Weekends: Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is \$40.00 per couple payable at time of registration. Next session will be held 21-22 April. Register early!

Sisters of St. Joseph (Motherhouse) Presents:

Christian Meditation: Each Wednesday 1:30—2:30 PM until April 12 Holy Family Chapel. This is an invitation to journey deeply into your own heart, into your own being. Only with such depth of experience and vision can we live in real harmony with what is."

Year of Mercy Film Series 2nd Friday each month 6:00—9:00 pm Bishop Carter Room

Taize Prayer: Third Thursday of month (Sept.—June) 7:00—8:00 PM Holy Family Chapel. Taize prayer includes song, scripture, and silence. Silence is to meditate and pray for openness to God's presence in our lives - join us as we pray for peace in the world.

Call CANA for Cards, Rosaries, Sacramental Gifts, Books & More! Email Kas or Alana at cana12cana@gmail.com or call 776-2192 to see how they can help.

LENTEN MASSES & STATIONS OF THE CROSS

| Church | Day | Time | |
|---------------|--------------|----------|--|
| Holy Name | Tuesday | 9:00 AM | Mass |
| | Friday | 9:00 AM | Mass Followed by Stations of the Cross |
| St. Alphonsus | Wednesday | 9:00 AM | Mass Followed by Stations of the Cross |
| Pro-Cathedral | Each Weekday | 12:05 PM | Mass |
| | Friday | 5:00 PM | Stations of the Cross |
| | Good Friday | 7:00 PM | Stations of the Cross |
| St. Peter's | Monday | 8:00 AM | Mass (No Mass March 13) |
| | Wednesday | 12:00 PM | Mass (No Mass March 8 & 15) |
| | Wed April 5 | 9:30 AM | Mass |
| | Wed April 12 | 9:30 AM | Mass |
| | Thursday | 12:00 PM | Mass (No Mass March 9 & 16, April 6) |
| | Friday | 9:30 AM | Mass (No Mass March 10 & 17) |
| | Friday | 7:00PM | Stations of the Cross |