

19 February  
2017

7<sup>th</sup> SUNDAY IN  
ORDINARY TIME

# PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

## Welcome to Your Father's House!



The first reading recalls Moses relaying to the people God's call to be holy by loving one's neighbor as oneself. The second reading reminds us that we are a temple of God, because the Holy Spirit resides within us. In the Gospel, Jesus teaches the disciples that they must love their enemies and pray for those who persecute them. God the Father sent his son, Jesus, to win our salvation and reveal the way we need to live, that we might come to share eternal life in heaven. The teachings of Jesus make it clear that God loves us without limit, and is ever-willing to forgive. Thus, to

walk in God's way of love we must strive to love all people, including our enemies, and be willing to forgive.

### Our Parish Mission Statement

*We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.*

**PASTOR** Most Rev. Marcel Damphousse, D. D.  
Bishop of Sault Ste. Marie

**RECTOR**  
Msgr. Dave Tramontini

**ASSISTANT**  
Rev. Rex Lumine

### IN RESIDENCE

**Msgr. Normand Clement** Chaplain, Nipissing-Parry Sound District Schools  
**Rev. A. Man-Son-Hing** Pastor, St. Peter the Apostle & St. Elizabeth Temagami

### PERMANENT MINISTERS

#### Deacons

Rev. Mr. Albert Falconi  
Rev. Mr. Donald Shago  
Rev. Mr. Rick Hamelin  
Rev. Mr. Gary Westenenk

#### Diocesan Order of Women

Mrs. Shirley Falconi  
Mrs. Norma Milligan  
Miss Ruth Godon  
Mrs. Frances-Clare Fraboni



(705) 472-3970  
 (705) 494-8222  
 cathedral@bellnet.ca  
 procathedral.ca  
 facebook.com/procathedral

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

### Parish Liturgies

**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick:** Please call the parish office for more information.

**Reconciliation:** Every Saturday from 3:00 until 3:45 PM.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** On the First Friday of each month from 10:00 AM until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses.

Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.



### OFFICE HOURS THIS WEEK

MONDAY

FAMILY DAY — CLOSED

TUESDAY to FRIDAY

8:30 AM to 4:30 PM

### WEEKLY READINGS: 20 - 26 FEBRUARY

Monday	Sirach 1. 1-10; Mark 9. 14-29
Tuesday	Sirach 2. 1-11; Mark 9. 30-37
Wednesday	1 Peter 5. 1-4; Matthew 16. 13-19
Thursday	Sirach 5. 1-8; Mark 9. 41-50
Friday	Sirach 6. 5-17; Mark 10. 1-12
Saturday	Sirach 17. 1-4, 6-8, 10-15; Mark 10. 13-16
Sunday	Isaiah 49. 14-15; 1 Corinthians 4. 1-5; Matthew 6. 24-34



# Come out to our Pancake Supper!



**See Bulletin Insert  
for Details  
Everyone Welcome!**

## † Memorial Fund †

The following names have been received at the request of donors in memory of our deceased friends and relatives:

MARIETTE BLAIS      BARBARA GORDON  
SYLVIA LENTON      LENA AULTMAN  
SISTER KATHLEEN BRENNAN



## WE NEED YOU!

The Pro-Cathedral Music Department welcomes anyone who is interested in this special ministry. Singing at the 11 AM mass, warm-up takes place at 10:30 AM in the Lower Sacristy. Regular rehearsals are held on Thursday evenings at 6:30 PM in the Cathedral.



If you have a love of music and want to be involved, contact Jane for more details at the Music Office .... 472-2032. No special skills needed - bring your voice and join us!

ALSO ....

*Do you play a musical instrument – Piano? Violin? Organ? Brass or Wind Instrument? Call Jane - our music ministry could use your talents!*



Weekday Masses  
are Held at 12:05 PM

## MASS SCHEDULE

### Monday, 20 February - Weekday in Ordinary Time

Marty Martinello - Lloyd and Katherine Voisin  
Frank Celentano - The Family  
Helen McIsaac - Norma Milligan

### Tuesday, 21 February - Weekday in Ordinary Time

Lester Bradley - Mildred Puddister  
Rose Moher - Ann Sullivan  
Intention of Maudena Farnsworth - Bonnie Parslow

### Wednesday, 22 February - Chair of St. Peter, Apostle Devotion to Our Lady of Perpetual Help

Vitorio Battigaglia - Domenic and Nicolina Mascioli  
Addie and Laura Schiavo - Arthur and Lucille Schiavo  
For Special Intentions - Judy Montgomery

### Thursday, 23 February - St. Polycarp, Bishop/Martyr

Loretta Thompson - Sue McIsaac  
Helen McIsaac - The Spratt Family  
Intention of Jack and Monica Sullivan - Brian Sullivan and Family

### Friday, 24 February - Weekday in Ordinary Time

Lena Aultman - Jeannette and Randy Dominico  
Sister Edwina Sheahan - Ann Sullivan  
Eugene Kunkel - Steve Aultman and Family

### 4:00 PM Saturday, 25 February - 8<sup>th</sup> Sunday in Ordinary Time

Margaret Ross - Ray Bethune and Family  
Rocco and Maria Schiavo - Arthur and Lucille Schiavo  
Larry Elmer - John and Carol Rowe

### Sunday, 26 February - Eighth Sunday in Ordinary Time

**9:00 AM** Jeannette Beaulieu - Karen and Denis Beaulieu  
Heather Nichol - Jack and Maudena Farnsworth  
Intention of Janet Poudrier - Mark Poudrier

**11:00 AM** Intention of the Parishioners - Msgr. Dave Tramontini

## Welcome New Parishioners!

Please Register so we can get to know you better.

### Collection: 12 February 2017

<u>Sunday Offering</u>	<u>Building Fund</u>
<b>\$5,407.65</b>	<b>\$625.80</b>

### Pre-Authorized Donation JANUARY

<u>Sunday Offering</u>	<u>Building Fund</u>
<b>\$6,342.00</b>	<b>\$984.00</b>

### VISA & M/C January and February

<u>Sunday Offering</u>	<u>Building Fund</u>
<b>\$6,860.00</b>	<b>\$867.00</b>

## Catholic Women's League

**Next General Meeting:** Since Ash Wednesday falls on the first Wednesday in March, *the next General Meeting will be held Wednesday, March 8.*

**North Bay will be hosting this year's 97<sup>th</sup> Annual Diocesan Convention** from April 28 to 30 at the Best Western. For more information please contact Maudena Farnsworth at [jfarnsworth64@gmail.com](mailto:jfarnsworth64@gmail.com)  
*The new theme for the CWL is Inspired by the Spirit Women Respond to God's Call. The Dove represents the Holy Spirit – advocate, counsellor, intercessor. The Cloud & Light represents living, saving God of glory. The Fire represents transforming energy of Pentecost Disciples. The CWL members respond joyfully to God's call in word and action. The Cross, Anchor & Heart represents Faith – lived, professed, witnessed and spread, Hope – strength to sustain and preserve us, and Love – the first and greatest of all virtues.*



**Gentlemen** ~ Did you know that since the month of December the Pro-Cathedral has served over 400 people during five funeral lunches? **We need you.** Yes we can still use your brawn, but we could also use your talents serving coffee and washing dishes. There are a million small jobs that need doing by both men and women to support our parish families in their time of grief. Volunteer doing a job that is just right for you and you will feel a sense of fulfillment!



### FIRST EUCHARIST REGISTRATION

Our first preparation meeting for First Eucharist will be held on Sunday, February 26 at 10:00 AM in the Parish Hall.

**To attend this meeting your child should have received his/her Sacrament of First Reconciliation. If your child has not received this sacrament, we will be offering preparation for this sacrament this Fall.**

The preparation for First Eucharist gathering is an informative meeting led by the Sacramental Preparation Team of our parish and will be very helpful in preparing your child to receive the Eucharist. Together we will have an opportunity to discuss the Sacramental preparation of your child, making it an enjoyable experience for everyone! We will also explain what services can be offered by the Christian community to help you.

### THIS MEETING IS A MUST FOR PARENTS AND THEIR CHILDREN

*Please bring a copy of your child's Baptismal Certificate to this meeting even if they were baptized at the Pro-Cathedral.*

#### PLEASE NOTE

**After this meeting is held we will no longer be able to accept new registrations for this session.**

## Is something missing?

Have you ever felt like there must be more to life, and wondered how to find what's missing? Do you want your life to be full of purpose and meaning but don't know how to get there? Try these 4 steps to self-discovery:



**Tired of the tension:** Time out. Take a minute to reflect and become aware of what's going on inside. Living a compartmentalized or fragmented life is totally draining. The effort to change like a chameleon to meet the tastes of others, or to avert judgment or criticism can be paralyzing. Underneath it all is usually a

fear of what others would think if they knew the real me. This is not the fullness of life we desire.

**Name the masks:** Be honest with yourself and ask: "What masks am I wearing? When do I present a false image of myself? In what ways do I cover up my true self or try to deceive myself, acting inauthentically? Where does my real identity rest? Do I find my value in what I do, in how I look, in the car I drive, in what others think of me? Do these often unrealistic or superficial standards bring me down and weigh on my heart?"



**Allow His love to heal you:** Restart with a clean slate. Jesus is waiting to lift your burdens in the Sacrament of Confession and set you free. Be bold—find a quiet spot and ask Jesus to help you see yourself as He sees you. Allow Him to love you in those places where you feel you have to hide yourself from others, receive the healing warmth of His mercy.

Allow His perfect love to cast out all of your fears. Pray for the grace to receive the gift of yourself, to know and to believe, with all your heart, that you are His beloved son or daughter.

**The freedom to give the gift of love to others in your unique way:** Ask yourself: "When do I feel most fully and truly alive? What brings joy and a sense of fulfillment? Where do I find freedom to be myself? Where is my love fruitful?" Sometimes, we have a hard time seeing our gifts and strengths. Ask a friend or family member to point out the ways and places that they see you thrive. Through this self-knowledge, you can find that place to give the gift that only you can give. Our lives and our love are meant to be creative, to bring others to life.



From Winter Issue of "Imprint" A Publication of the Sisters of Life

Visit: [sistersoflife.org](http://sistersoflife.org)

### Pope Francis' February Prayer Intention

#### COMFORT FOR THE AFFLICTED

That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities

HAVE YOU CHECKED US OUT ON  YET?

## REGIONAL NEWS

**Development and Peace Share Lent Campaign Information Meeting Sunday, February 19** at 2:00 PM at St. Peter's Church. Everyone welcome! For more information, call Shirley at 474-5379 or just come to this gathering.

**Marriage Preparation Weekends:** Call Regional Catholic Services at 472-5821 to reserve your place. Material cost is \$40.00 per couple payable at time of registration. Spring 2017 Sessions: 24-25 February, 21-22 April. Register early!

**Soup & Card Party 4<sup>th</sup> Monday of the Month** at Holy Name of Jesus Hall. Form a foursome or come with a friend. \$6/person for soup, sandwiches, tea, coffee and a table to play cards until 4:00 PM. Lunch served at noon. **Next party is February 27.** For information or to reserve a table, call Roy at 477-4084 or John at 845-1020. Hosted by the Knights of Columbus Council 12106.

**North Bay & Area Right to Life/Pro Vie 27th Annual Spaghetti Meatballs & Lasagna Fundraising Dinner** will be held Sunday, March 5 at Pro-Cathedral Parish Hall. Two sittings: 4:15 PM and 5:30 PM. Adults/\$12 Children 3-10/\$5 and Take Out/\$8. Tickets—Call: Harley 752-4105, Nancy 472-6099, Jeannine 724-3424 or Office at 474-3666. Also having a silent auction table. If you have a new or "just like new" or "collectible" item that you want to donate, please call Nicky at 474-3018 and leave a message.

**Prayers for the New Evangelization in our Region:** Every Tuesday at Holy Name Church from 10:45 AM to 11:45 AM. In front of the Blessed Sacrament, we will pray for the Holy Spirit to help us to be Evangelizers. For more information call Fran at 476-4146 or Holy Name Parish Office at 495-1501

**Open Adoration: St. Alphonsus in Callander** every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs). **St. Joseph's Motherhouse** first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and Pro-Cathedral First Friday 10:00 AM to 12:00 Noon.

**The Promises of Fatima:** Come pray the Rosary with a group of dedicated people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30am at St. Peter's Parish.

**Devotion to Our Lady of Perpetual Help** every Wednesday at 11:55 AM at Pro-Cathedral prior to the 12:05 PM mass.

**The New Evangelization Summit 2017** is scheduled for May 12-13, mark it on your calendar. Eight great speakers – including Bishop Robert Baron. Cost is \$25.00/person. For more information contact Len Lanthier [lanthier@gmail.com](mailto:lanthier@gmail.com) 705-724-1368

**CLAY- (Catholic Love Attitude Yes!)** A Youth Program for JK to Grade 5, Thursday evenings 6:30-8:00pm at St. Gregory's School Gym, Powassan, back entrance. Come out and join us for games, crafts and faith teachings in a fun filled and positive environment. For more information please contact Laurie Dobbs at 724-1277 or Jessica Sheppard at 724-1835 or [jessicasheppard@gmail.com](mailto:jessicasheppard@gmail.com).

**Lenten Retreat Day at St. Joseph's Motherhouse** in the Bishop Carter Room on Saturday, March 4 from 9:00 AM to 1:45 PM. Celebration of Sunday Eucharist at 2:00 PM. "As we are taken into Jesus' passion, death, waiting and new life, we will discover, with new eyes, our own answer to the question Jesus posed to Peter, "Who do you say that I am?" Facilitated by Patricia Dennis, B.A., M.R.E. – 35 years experience as a spiritual director, facilitator and teacher of theology. Call the Motherhouse to register at 474-3800. \$30/Suggested Offering

**Join with the Evangelical Fellowship of Canada and the Coalition for Healthcare and Conscience** in asking the Ontario government to add conscience protection for healthcare workers in Bill 84, the province's new medical aid in dying legislation. EFC President Bruce Clemenger will co-host two webinars this week on the call for conscience protection in Ontario. See [TheEFC.ca/Conscience](http://TheEFC.ca/Conscience) for details. Please contact your MPP to request his support

**Palliative Care Bill Passes Second Reading – Good News!** Private member's [Bill C-277](#) passed second reading in the House of Commons and has gone to the Health Committee for review. This bill requires a palliative care framework to be developed, which would increase caregiver support and data collection, as well as identify palliative care education and training needs. Palliative care is vital for Canadians, and only 30% of Canadians who need palliative care have access to it. See the EFC's [sample letter of support](#) for Bill C-277 and ask your MP to support increased palliative care in Canada.

**L'Arche North Bay and Community Living are hosting a Wine and Canvas** event on Saturday, March 11, 2017 from 9 am to 1 pm at the Davedi Club, 313 Airport Rd. This is a artist-led event and art materials are provided, and conclude with lunch and wine. Cost: \$40. Deadline: March 5. Contact Karen Sherry 474-8673 or [karensberry@sympatico.ca](mailto:karensberry@sympatico.ca)

**THE EDGE Catholic Youth Group:** Calling Grades 5, 6, 7 and 8's!! Join us Mondays at 6:45 PM in the hall of St. Joseph's Church, Clark St., Powassan. THE EDGE uses live music, drama, small group discussions, guest speakers, games, Scripture, crafts and other cool stuff to explore issues about our Faith, solid values, youth concerns and happy living!! No need to pre-register. Call Pauline 724-5964 for information or transportation.

**Lenten Retreat at Villa Loyola "Are you Kidding?"** – Remembering and reclaiming the gifts of the child. Friday March 10 (7 pm) to Sunday March 12 (1 pm) with Director: Fr. Philip Chircop, S.J. In this retreat we will explore some habits of the heart intended to educate us into becoming childlike once again. Cost: \$230.00, all inclusive (a non-refundable \$30 deposit is required with registration) For more information and registration 705-522-3502 ext. 0 or [loyola@jssys.ca](mailto:loyola@jssys.ca)



**Going into or Have a Sick Family Member in Hospital?**  
**Did you know that you can attend mass at the Hospital during your stay?**

Mass is celebrated every Wednesday at 3:00 PM by a parish priest at the North Bay General Spiritual Centre (West Wing). And ... Eucharist is distributed Wednesday, Friday and Sunday by Ministers of Holy Communion. Let pastoral care know your family member would like to be added to the list for visitation.

"Mission is never the fruit of a perfectly planned program or a well-organized manual. Mission is always the fruit of a life which knows what it is to be found and healed, encountered and forgiven." Pope Francis

### Knights of Columbus Meetings

**Fr. Michael Cundari Council, 12030 at Holy Name Church:** General Meeting fourth Tuesday of each month at 7:30 PM  
Contact: Joe Sinicrope at 497-0604



**Corpus Christi Knights of Columbus Council 12106 now meet** second Tuesday of each month with regular and executive meetings held the same day at the Canadian Forces Base Church (Queen of Peace). Contact: Art Tiernay at 358-1368  
**We also collect pop cans for charity work. Please drop off you cans at Holy Name Church beside the Garage.**

**Knights of Columbus Council #1007 General Meeting** first Wednesday of each month at 7:00 PM at St. Peter's Church in the Church Hall, rosary at 6:30 PM. Refreshments served. Executive Meeting last Wednesday of each month at 7:00 PM at St. Peter's Church in the Church Hall. New or transferring members can contact Mike Maunsell at 491-0006 or [mike@maunsell.ca](mailto:mike@maunsell.ca)