

28 FEBRUARY  
2016

THIRD SUNDAY  
OF LENT

# PRO-CATHEDRAL OF THE ASSUMPTION

480 McIntyre Street West - North Bay, Ontario - P1B 2Z4

## Welcome to Your Father's House!



The first reading from Exodus recalls God revealing himself, and speaking to Moses from a burning bush in the desert. The second reading reminds us not to grumble like our ancestors in the desert did. In the Gospel, Jesus tells the parable of the fig tree and we learn that God offers us many chances to repent and bear fruit. Too many people think the experience Moses had was a once-in-a-lifetime event. The truth is that every moment is a holy moment, as God is always at work in our lives. The challenge is to continue to grow in our faith and love for the Lord, so that we may recognize the many and varied ways he is present with us. If we do this, we cooperate with

the Lord's grace and help build up his kingdom on earth.

### Our Parish Mission Statement

*We, the members of the Pro-Cathedral of the Assumption community, believe that we have been called through Baptism to live the Good News of Jesus Christ under the patronage of Mary, our Mother. We accomplish this by proclaiming the Word, celebrating the Sacraments, & reaching out to others.*

**PASTOR** Most Rev. Marcel Damphousse, D. D.  
Bishop of Sault Ste. Marie

**RECTOR**  
Msgr. Dave Tramontini

**ASSISTANT**  
Rev. Rex Lumine

### IN RESIDENCE

**Msgr. Normand Clement** Chaplain, Nipissing-Parry Sound District Schools  
**Rev. A. Man-Son-Hing** Pastor, St. Peter the Apostle & St. Elizabeth Temagami  
**Rev. Gilles Grandmont** Pastor, St. Vincent de Paul Parish

### PERMANENT MINISTERS

**Deacons**  
Rev. Mr. Albert Falconi  
Rev. Mr. Donald Shago  
Rev. Mr. Rick Hamelin  
Rev. Mr. Gary Westenenk

**Diocesan Order of Women**  
Mrs. Shirley Falconi  
Mrs. Norma Milligan  
Miss Ruth Godon  
Mrs. Frances-Claire Fraboni



### CONTACT US

TELEPHONE: (705) 472-3970

FACSIMILE: (705) 494-8222

EMAIL: cathedral@bellnet.ca

Our faith community dates back to 1886 when we were originally located on Main Street West and called St. Mary's of the Lake and the cornerstone of the existing Cathedral was laid in 1904. The history of our parish is recorded in the memories of thousands of people who built our community.

### Parish Liturgies



**Marriage:** Please pick up a Marriage Information Booklet in the Church Vestibule to review prior to contacting the parish office.

**Anointing the Sick:** Please call the parish office for more information.

**Reconciliation:** Every Saturday from 3:00 until 3:45 PM.

**Eucharist:** Please see mass schedule published in this bulletin. Call the parish office to arrange for a Eucharistic Minister to visit the sick and shut-in who are unable to attend Mass.

**Adoration of the Blessed Sacrament:** On the First Friday of each month from 10:00 AM until 12:00 noon.

**Baptism:** Please pick up a Baptism Information Booklet in the Church Vestibule to review prior to contacting the parish office.



The Pro-Cathedral is **wheel chair accessible**. The entrance to the elevator is on Algonquin Avenue. Please enter the vestibule and ring the bell for an attendant. Service available at all weekend masses. Weekday masses service available 11:30 AM to 12:45 PM. A **Hearing Aid System** is available for use by the hearing impaired. Please ask an Usher or Sacristan to assist you upon entering the church.

### WEEKLY READINGS: 29 FEB ~ 06 MAR

Monday	2 Kings 5. 1-15a; Luke 4. 24-30
Tuesday	Daniel 3. 25, 34-43; Matthew 18. 21-35
Wednesday	Deuteronomy 4. 1, 5-9; Matthew 5. 17-19
Thursday	Jeremiah 7. 23-28; Luke 11. 14-23
Friday	Hosea 14. 1-9; Mark 12. 28b-35
Saturday	Hosea 5. 15b-6.6; Luke 18. 9-14
Sunday	Joshua 5. 9a, 10-12; 2 Corinthians 5. 17-21; Luke 15. 1-3, 11-32

### OFFICE HOURS THIS WEEK

Monday	8:30 AM to 12:00 NOON
Tuesday—Friday	8:30 AM to 4:30 PM



The Men's Group of our parish was formed to foster fraternity and attend to the needs of the Cathedral community. It is of interest to those men of the parish who are of post-secondary school age. The club takes on ventures such as renovations and fundraising for specific projects.

If you would like to find out more about our parish men's group, please join us at our next Men's Club Dinner Meeting on **Thursday, March 10** from 5:30 – 7:00. We welcome new members and will be setting our agenda for the next year.

## Calling all Youth in Grade 7-8 & Older!



Please Help!

# WE NEED YOU!!



The youth of the parish are presenting the reenactment of the Passion on Good Friday, March 25 at the 10:30 AM service. If you are interested in helping with our presentation - **give Georgie MacIntyre a call as soon as possible at 497-9044.** We need you to help make this a beautiful and meaningful service.

★ **At this time we are looking for a commitment—once we hear from you we will plan rehearsals.**

*What if you woke up today with only the things that you thanked God for yesterday?*

## Easter Memorial Flowers & Decorations

A beautiful way to remember loved ones during this holy season is to donate memorial flowers and decorations in their memory. Your donation will help decorate the altar and sanctuary during the greatest season of the year ... **the Resurrection!**

Pre-printed white & green envelopes are available for your donation at the entrance to the church. Please fill out the requested information as neat as possible (printing would be best!).



Include your donation and return the envelope to the office or in the weekly collection. A listing of remembrances will be printed in the Easter Sunday Bulletin. All donations over \$10 are tax deductible.

**Remember your loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season!**

## MASS SCHEDULE

**Weekday Masses are Held at 12:05 PM**

### Monday, 29 February - Weekday in Lent

Christaline Lobo - The Lobo Family  
Domenico Cappadocia - Rick and Josh Cappadocia  
Amelia Saini - Arthur and Lucille Schiavo

### Tuesday, 01 March - Weekday in Lent

Jeanne Hodgins - Darlene Truchon  
Philip and Rosie Andi - Eric and Bessie Dsouza  
Intention of the Beaulieu Family - Denis and Karen Beaulieu

### Wednesday, 02 March - Weekday in Lent

#### Devotion to Our Lady of Perpetual Help

Patricia Clout - Bunty and Roy Swanson  
Intention of Bill Sullivan - The Daily Mass Attendees  
Intention of Living and Deceased Members - Catholic Women's League

### Thursday, 03 March - Weekday in Lent

Madeleine Saurette - Lloyd and Katherine Voisin  
Theresa McParland - Lois and Mike Maunsell  
Augie and Jean Everitt - Chuck and Erma Kelly

### Friday, 04 March - Weekday in Lent

Milan Hlusek - Emilia and Michelle  
John Doyle - Marty and Cora Martinello  
Intention of Barbara Gagne - Joyce Pitt

### 4:00 PM Saturday, 05 March - Third Sunday of Lent

Larry Carmichael - Jack and Maudena Farnsworth  
Lydia Mancini - CPCO Nipissing  
In Thanksgiving - A Friend

### Sunday, 06 March - Fourth Sunday of Lent

**9:00 AM** Intention of the Ministers of the Eucharist - Ella Lamothe  
John Doyle - Nadine and Paul Condon  
For Holy Souls in Purgatory

**11:00 AM** Intention of the Parishioners - Msgr. Dave Tramontini

## Confirmation Preparation 2016

Confirmation Preparation will once again involve candidates from the entire North Bay region. This is a great opportunity for you to meet other young people who are also preparing for their Confirmation and who will be celebrating the Sacrament along with you.



**A Confirmation Information Night will be held on Wednesday, April 6 at 6:30 PM at St. Peter's Parish Hall. This meeting is mandatory as you will receive an overview of the preparation program.**

**Candidates, parents, and sponsors are asked to attend this meeting.**

Confirmation is a special time for a young person to commit to their faith and experience the Holy Spirit in their life. It is a sacrament that continues the welcoming and the belonging that began with Baptism and which continues with the celebration of Eucharist.

Registration forms with all the preparation dates are available in the Cathedral. Please complete a registration form as soon as possible and drop the completed form off to the parish office or place it in the collection basket. Thank you!

## STATIONS OF THE CROSS

FRIDAYS DURING LENT ~ 5:00 PM



**Lenten Prayer:** *Lord, help me to use your love as a way to persevere in my Lenten intentions. I am weak, but I know with your help, I can use these small sacrifices in my life to draw closer to you.*

**BEST LENT EVER!** Don't forget to sign up for Best Lent Ever to experience something new and make your Lent more meaningful!

**SIGN UP AT** [DynamicCatholic.com/Lent](http://DynamicCatholic.com/Lent) and celebrate Best Lent Ever from the Comfort of Your Home!



## Catholic Women's League

### North Bay Regional CWL Luncheon

will be held Saturday April 2 at 11:00 AM. St. Alphonsus Liguori Parish will be hosting.

Dianne Esch is catering. Tickets are \$20 each. Deadline for purchase is March 27— please contact Membership/Organization Chair Maudena Farnsworth at 495-2532 or President Diane Carmichael at 471-5096 for tickets.



The **96<sup>th</sup> Annual Diocesan Convention** will be held in Sault Ste. Marie May 13-15. Registration packages are now available from Diane Carmichael at 471-5096. Registrations and money must be in by April 15 in order to submit to the Diocesan CWL by April 22. **NEW THIS YEAR!!** If you need a ride to Convention, bus transport from Sudbury has been arranged. Only 56 seats available!! Information included in the package.

The next **General Meeting** will be Wednesday March 2 at 7:00 PM. There will be a short reinstallation ceremony of the Executive and a presentation by Father Rex. We will be drawing for the early bird membership prize!!

**World Day of Prayer** will be Friday March 4 at 7:00 PM. It will be celebrated here at the Pro-Cathedral. The host country will be Cuba. Sister Shannon Hickey, our Spiritual Development Chairperson, is helping to organize this day. If you can help in any way please contact her at 474-3800, Ext. #408 or Maudena Farnsworth at 495-2532. There will be a reception following mass.

**Relay for life** will be June 10 at CFB Base track. We are hoping to put a team in again. We are looking for a captain and co-captain right now to begin. If you are interested in this fabulous opportunity please contact CWL President, Diane Carmichael, at 471-5096.



### 2016 CWL MEMBERSHIPS

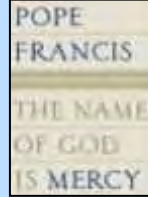
CWL membership dues for 2016 in the amount of \$25.00 are payable now! Membership envelopes are in the pew pockets and at the entrance to the church. Paid membership cards can be picked up from the CWL box at the back of the church.

### Attention CWL Snowbirds

If you are heading south, add paying your 2016 dues to your checklist of things to do before leaving.

## Spiritual Book Club Coming to Cathedral!

The Pro-Cathedral offers a Spiritual Book Club opportunity to read and share responses to Pope Francis's new book, **"The Name of God is Mercy"** with guide Sr. Mae Kierans, CSJ.



Pope Francis offers fresh insights into our relationship with God in this very personal book interview with Vatican reporter Andrea Torielli.

Begins Tuesday after Easter, March 29 with gatherings following: April 5, April 12, & April 19 from 1:30 - 3:00 PM in the Parish Hall. Refreshments served at all gatherings.

We require registration fee of \$20 in advance so books can be ordered and arrive before Easter! Please email or call the parish office to confirm your registration.

Registration is required by Monday, March 21 so books can be ordered.



## INFANT BAPTISM PREPARATION

A Baptismal Preparation Meeting will be held in the Lower Sacristy on Tuesday, March 8 beginning at 7:00 PM. Those who wish to register for this meeting to have their child baptized are asked to call the parish office by Monday, March 7. *Baptism Preparation is mandatory by Diocesan Policy.*

## Special Invitation ~ Personal Lent Preparation

Want to deepen your Lenten preparation? Email Annette Dutrisac at [annette.d@live.ca](mailto:annette.d@live.ca) to express your interest and she will forward you themed sessions each Tuesday during Lent for personal study. **"Having Mercy"** "What is mercy? To come to the aid of another out of a sense of relationship. **Self Expression**" - What is it all about?; **"Oneness With Other People"** - God's plans that we should be one with each other; **"What is Good?"** - Desire vs culture and environment; **"Where do we Find Truth"** - Our need to search out truth and making us the "light of the world"; **"Who Am I"** - What does it mean to be and understanding who we are as Christians because of our Baptism. **Everyone is welcome to contact Annette to participate in these sessions.**

## Collection: 21 February 2016

### Sunday Offering

\$6,521.95

### Building Fund

\$728.25

## Pope Francis FEBRUARY 2016 Prayer Intentions

**UNIVERSAL ~ Care for Creation:** That we may take good care of creation—a gift freely given—cultivating and protecting it for future generations.

**EVANGELIZATION ~ Asia:** That opportunities may increase for dialogue and encounter between the Christian faith and the peoples of Asia.





Pat Anderson & Jean Vanier meet in France

Recently, our very own, Pat Anderson returned from France where she had the opportunity to meet Jean Vanier, a Canadian Catholic philosopher, theologian and humanitarian.

Pat was one of 34 people, seven of whom were from Canada, who went on an invitation from Vanier to have active members of L'Arche visit him to re-ignite and inspire their dedication to this ministry. Pat, who has 16 years of experience with L'Arche felt that her being able to attend "was a gift from God".

Vanier founded L'Arche in 1964, a home support environment for people with special needs. While Vanier was a professor with the University of Toronto he went to France with his spiritual director where he visited a hospital and saw the horrible way those who had disabilities were treated. He immediately left his job, purchased a local home and took two of the men to live with him not knowing how he was going to support his endeavour to help them. Some local women helped by providing bread and helping him to plant a garden ... and so his life-long commitment to helping the deeply vulnerable began.

During Pat's visit, Vanier, who is 87, said, "when God wants something to happen, it happens!"

Today, L'Arche has over 147 residential communities operating in over 80 countries. Vanier still lives as a member of the original L'Arche community, in the same home, in Trosly-Breuil, France.

Pat who felt blessed to be part of this visit described listening to Vanier, "like listening to the voice of Jesus." Congratulations on having this opportunity Pat!

A beautiful quote from Jean Vanier:

*"To become fully human is to let down the barriers, to open up and discover that every person is beautiful. Under all the jobs you're doing, responsibilities, there is you," Vanier answers, adding, "And you, at the heart of who you are, you're somebody also crying out, 'does somebody love me?' Not just for what I can do, but for who I am."*

## REGIONAL NEWS

**Heart for the Poor Luncheon** Sunday, March 6 at 12 noon at Holy Name of Jesus. The St. Pio Franciscan Fraternity, will hold a simple meal of soup with a bun in solidarity with the Poor. All donations forwarded to Dr. Andrew Simone's Silent Children's Mission ([www.silentchildrensmisson.com](http://www.silentchildrensmisson.com)). For information call Ray Walter, sfo, at 476-7165 or Kas Pelc, sfo, at 776-2192.

**North Bay and Area Right to Life/Pro-Vie Annual Fundraising Spaghetti and Lasagna Dinner** on Sunday, March 6 at Pro-Cathedral Parish Hall. Cost \$12/adults \$5/ children (3-10 years) \$8/Take-out. Two sittings - 4:15 and 5:30. Silent Auction Table. For tickets visit the office Mon-Fri 10AM to 4PM at 323 Algonquin Avenue. Or call Diane at 840-2053, Nancy at 472-6099, Jeannine at 724-3424 or J.P. at 476-0953. Come early, and bring a friend!

**Marriage Preparation Weekends:** April 29-30; October 28-29. Call Regional Catholic Services at 472-5821 to reserve your place on the weekend of your choice. Material cost is \$40.00 per couple payable at time of registration. Couples are encouraged to register early!

**Adoration of the Blessed Sacrament** is held weekly at Holy Name of Jesus Church. Please come and visit Jesus even for a few minutes. He waits for us. Hours of Adoration: Monday and Thursday 12 noon to 5 pm; Tuesdays 12 noon to 9 PM; Wednesday and Friday: 12 noon to 6 pm. To make a weekly one-hour commitment, please call Lena Butler 497-3434.

**The Promises of Fatima Rosary Group – come pray** with a group of dedicated people who form a Fr. Gobbi Cenacle honouring our Blessed Virgin Mary. Wednesday mornings at 9:30 AM at St. Peter's Parish followed by Mass.

**Open Adoration:** St. Alphonsus in Callander every Friday 8:30 AM to 12:00 Noon. First Friday 8:30 AM to 8:30 AM (24Hrs). St. Joseph's Motherhouse first Sunday of the month from 3:30-4:30 PM in Holy Family Chapel and **Pro-Cathedral** First Friday 10:00 AM to 12:00 Noon.

**YEO (Youth Evangelizing Others)** is a Catholic Youth Group designed for grade 8-12 students with a mission to bring other teens to know Jesus through testimonies, talks, skits, and games. Friday nights at St. Joseph-Scollard Hall Gym from 6:30 to 9:00 PM. For more information, contact Sam at 496-0456.

**Sacred Way Ministries - Quo Vadis gathering for young Catholic adults working and attending school in North Bay and area.** Intent on fun, fellowship and faith? We meet Sunday nights at 6:30 PM. For our next gathering location please call Paul and Mary-Kate Long at 358-9964.

**THE EDGE Catholic Youth Group:** Calling Grades 5, 6, 7 and 8's!! Check out what living on "The EDGE" is all about. Live music, drama, small group discussions, guest speakers, games, Scripture, crafts and other cool stuff to explore issues about our faith, solid values, youth concerns and happy living!! Snacks and prizes! Meets Monday 6:45-8:30 PM at St. Joseph Church in Powassan. Regardless of school or church you may attend or where you live – everyone welcome. Free Call Pauline 724-5964 or Jeannine 724-3424 for information or transportation needed.

**Sisters of St. Joseph Motherhouse Upcoming Events:**

**Film Series to help deepen your spiritual life** facilitated by Sr. Pauline Guindon, and includes small group discussion. Bishop Carter Room from 6:00—9:00 pm. **Hidden Roots of Love:** March 11 "The Tree of Life"; April 8 "On the Waterfront"; May 13 "Pushing Tin"; June 10 Gravity"

**Motherhouse Taze prayer** continues on the 3<sup>rd</sup>. Thursday each month in the Holy Family Chapel, from 7:00—8:00 PM.

**"Hearts on Fire" Retreat** for young adults (18-35) presented by Jesuits studying Theology from Regis College in Toronto. Focuses on living faith daily, discernment, and learning about Ignatian Spirituality. Held at University of Sudbury, 4 March 7:00 PM to Saturday, 5 March, 8:00 AM to 7:00 PM. Billeting is available. A minimal contribution of \$20.00 will help cover some expenses. Contact Ron Perron [rperron@usudbury.ca](mailto:rperron@usudbury.ca) tel 705-522-3502 ext 2504 or Bienvenu Senga at [bx\\_senga@laurentian.ca](mailto:bx_senga@laurentian.ca) or Univ. of Sudbury Spiritual Services office at 705-673-5661. Check out the "Hearts on Fire" website: [apostleshipofprayer.org/hearts-on-fire/](http://apostleshipofprayer.org/hearts-on-fire/)

**An Evening Tea Dedicated to the Women of North Bay** with keynote speaker Cheryl Weber Tuesday March 8 at 7:00 PM at Calvary on Ski Club Road. Tickets available at main office – call 472-0923 or visit [calvarytemple.nb.org](http://calvarytemple.nb.org) for information.

**Adventures in Art, a collaborative effort of L'Arche North Bay and Community Living** will be run on Friday, from noon to 3:30 on March 11, April 8 and May 13 at the F. J. Dellandrea Center on Wallace Road. Lunch provided followed with basic water colour painting techniques and abstract water colour painting – a project which all can do. Cost \$3.00. Please Register with Shannon at 476-3280 X-230 or email [sjohnson@communitylivingnorthbay.org](mailto:sjohnson@communitylivingnorthbay.org). All welcome ~ bring a friend.

**Jazz Cabaret – 100 Years of Black Music** with Fran Hanover and Christopher Moore at Trinity United Church. Friday, March 4 from 7:00 to 9:00 PM – doors open at 6:30 PM – coffee and desserts provided. Suggested donation is \$10 – proceeds to the North Bay Regional Health Centre's Northern Lights Lodge & Osprey Lodge.